

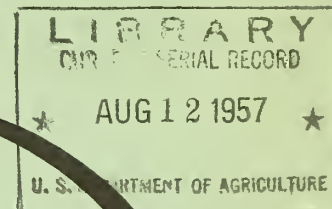
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Household Food Consumption Survey 1955  
Report No. 10



DIETARY LEVELS  
of HOUSEHOLDS in the  
WEST

U. S. DEPARTMENT OF AGRICULTURE

Washington, D. C.

## ACKNOWLEDGMENTS

The nationwide survey of household food consumption on which this report is based was made in April-June 1955 by the Agricultural Research Service and the Agricultural Marketing Service of the U. S. Department of Agriculture. The work was conducted in the Agricultural Research Service by the Household Economics Research Branch and in the Agricultural Marketing Service by the Market Development Branch and the Statistical and Historical Research Branch. The data were collected and tabulated by National Analysts, Inc., under contract with the Department.

The survey represents the cooperative efforts of many individuals in the Department. Faith Clark, Janet Murray, and Ennis C. Blake of the Agricultural Research Service had major responsibility for the planning and supervision of the survey, with the assistance of George R. Rockwell, Jr., Thomas

J. Lanahan, Jr., and Robert J. Lavell, of the Agricultural Marketing Service. Consultants for the Department in the design and analysis of the sample were Earl Houseman and Evelyn Grossman.

The survey was carried out under the general direction of the chiefs of the three cooperating Branches: Gertrude S. Weiss, Robert M. Walsh, and James P. Cavin.

The reports on dietary levels were prepared by the Household Economics Research Branch. In addition to staff mentioned above, Corinne LeBovit had special responsibility for these reports. The food composition data used in the calculations were prepared under the supervision of Bernice K. Watt. Among others who assisted with these reports were Eleanor Hemm and Mary Ann Moss.

## PUBLICATIONS IN SERIES

### *Household Food Consumption Survey, 1955*

1. Food Consumption of Households in the United States
2. Food Consumption of Households in the Northeast
3. Food Consumption of Households in the North Central Region
4. Food Consumption of Households in the South
5. Food Consumption of Households in the West
6. Dietary Levels of Households in the United States
7. Dietary Levels of Households in the Northeast
8. Dietary Levels of Households in the North Central Region
9. Dietary Levels of Households in the South
10. Dietary Levels of Households in the West

Later reports are planned to include information on amounts of food canned and frozen at home in 1954, on home food production during 1954, and on home baking practices, 1954-55.



# DIETARY LEVELS OF HOUSEHOLDS IN THE WEST

*Agricultural Research Service and Agricultural Marketing Service*

## HIGHLIGHTS

Dietary levels for the Western region closely resemble those for the United States as a whole. Average amounts of food brought into household kitchens were sufficient to provide more than recommended allowances for calories and eight nutrients studied in this survey of a week's food consumption in the spring of 1955. Not all households, however, had diets that met recommended levels. As in the United States as a whole when household supplies failed to meet nutrient recommendations, they were most often short in calcium, of which milk is the principal source, and in vitamin C, which is furnished by certain fruits and vegetables.

About one-fourth of the households had diets that provided less calcium and ascorbic acid (vitamin C) than the allowances recommended by the National Research Council. Slightly smaller proportions had less thiamine and riboflavin than the allowances specify. About a tenth or fewer had food furnishing less than recommended amounts of vitamin A, iron, protein, and niacin. The vitamin A level was somewhat higher than in the country as a whole; about a sixth of the households in the United States had diets providing less than recommended amounts of this vitamin.

Since the recommended allowances provide a considerable margin of safety over average needs, the fact that food supplies of some households did not furnish recommended amounts of various nutrients does not prove that all those families were poorly fed or subject to malnutrition. The margin varies for the different nutrients, but few diets scored very low for any of the nutrients studied. In the West more than 90 percent of the households had food that provided at least two-thirds of the recommended amounts of all nutrients studied.

Data in this report show amounts of nutrients in the food that came into household kitchens for consumption. How much food was discarded either as plate waste or during or after preparation was not reported. Hence amounts of nutrients in the food actually eaten may be smaller than the amounts shown in the tables in this publication. Losses in terms of calories may be especially high.

## RURAL-URBAN DIFFERENCES

There was less difference between city and farm diets in the West than in the other regions. In the West, however, city-farm comparisons are somewhat more difficult to interpret because of differences between the Pacific Coast and Mountain States in distribution of urban and rural population as well as in climate, types of food in markets, living patterns, and other factors affecting food consumption. The three Pacific Coast States have more than three-quarters of the urban population of the Western region but only somewhat more than half the rural and rural nonfarm population. Hence other differences in the

characteristics of the two sections, in addition to city-farm differences as such, are reflected in the urban-rural food consumption patterns.

In general, farm diets contained slightly larger quantities of most nutrients than urban. The urban diets averaged a little more ascorbic acid and both farm and urban had the same amounts of vitamin A.

Among farm families home-produced food made an important contribution to the nutritive value of diets, but less than in other regions. At least 20 percent of the total quantities of the nutrients studied came from such food, whereas in the United States as a whole the comparable figure was 30 percent. As in the other regions, farm-furnished milk made the largest contribution—over two-fifths of the calcium, one-third of the riboflavin, and important quantities of protein, vitamin A, and thiamine. Relatively less vitamin A was furnished by home-produced food—37 percent compared with 46 percent or more in other regions. Only 63 percent of farm families in the West had home-produced vegetables (fresh, home canned, or frozen) during the survey week compared with 83 percent of farm families in the United States as a whole. Percentages of families having home-produced fruit were 43 for the West and 54 for the United States.

## DIFFERENCES BY INCOME

Diets of higher income urban families in the West in general furnished larger amounts of calories and the eight nutrients for which calculations were made than did the diets of lower income households. As in other regions, the most marked differences were in ascorbic acid.

Differences in the money value of food used by urban households at various income levels were generally greater than the differences in the amounts of nutrients provided. Households in the \$2,000-\$3,000 income class, for example, had food with money value of \$21 or \$6.60 per person for the week. At the \$6,000-\$8,000 level, food came to \$31 or \$9.40 per person, an increase of about 40 percent. Corresponding increases for nutrients ranged from 5 to 24 percent except for ascorbic acid, which increased as much with income as did money value of food.

Income-consumption relationships in the food of farm households were less clear cut and no pattern by money income class is indicated. Differences in dietary levels among rural households with low and high incomes in the West cannot be analyzed in detail because, even with the broad income intervals used, the number of schedules in each class is sometimes too small to yield reliable averages. Moreover, because of the wide geographic coverage and the likely differences in food consumption patterns between the Pacific Coast States and Mountain States, there may be more sampling variability within this region than within the others.

FAT IN DIETS: SUMMARY FOR FOUR REGIONS

The amount of dietary fat in food brought into household kitchens and its distribution among various food groups has been calculated and is discussed here for all regions.

Of the four regions, the Northeast had the lowest average amount of fat, 145 grams per person per day, and the West had the highest, 163 grams. In each region the amounts were somewhat higher in farm than in nonfarm diets. As previously indicated, no information was obtained on food discarded in preparation or as plate waste. Discards probably included considerable amounts of fat, but the survey provides no basis for quantitative estimates.

Although the amount of fat available for household consumption was smaller in the Northeast than in the other regions, the proportion of calories that came from fat (45 percent) was as high as in any region. The South had the lowest percentage of calories from fat (42 percent) chiefly because of a higher calorie diet that included higher consumption of grain products and sugars.

The sources of dietary fat in household food supplies, together with the proportions furnished by each source, are given in the following table:

	United States	North-east	North Central	South	West
	Pct.	Pct.	Pct.	Pct.	Pct.
Beef, veal, lamb.....	14.2	16.9	15.8	9.8	16.7
Pork (excluding bacon, salt pork)...	9.7	9.7	10.6	9.9	7.6
Poultry, fish.....	2.9	3.9	2.4	2.3	2.8
Subtotal.....	26.8	30.5	28.8	22.0	27.1
Bacon, salt pork.....	8.6	5.3	6.9	13.3	7.3
Lard.....	5.9	1.9	3.9	12.3	2.4
Other shortening.....	5.8	4.1	5.8	7.0	6.2
Oils, salad dressing.....	6.0	6.5	4.7	6.2	7.4
Margarine.....	6.7	6.9	6.2	6.5	8.1
Butter.....	6.8	8.7	8.2	4.4	5.9
Subtotal.....	39.8	33.4	35.7	49.7	37.3
Milk, cream, cheese, ice cream...	18.0	19.8	19.8	14.7	18.8
Eggs.....	3.6	3.5	3.6	3.5	3.8
Other foods (purchased baked goods, nuts, fruits, vegetables, etc.).....	11.8	12.8	12.1	10.1	13.0
Subtotal.....	33.4	36.1	35.5	28.3	35.6
Total.....	100.0	100.0	100.0	100.0	100.0

These figures show that a large share of the fat in diets in this country enters the kitchen as part of other foods, not usually thought of primarily as

sources of fat. For example, for the United States as a whole, meat, poultry, and fish provided 27 percent of the total dietary fat; milk and milk products (other than butter), eggs, baked goods, and nuts provided 33 percent. The remaining 40 percent was furnished by visible fats and oils, including bacon and salt pork.

The figures also indicate regional differences in sources of fat. The markedly different pattern in the South is related to the food habits and lower income level of the region. Less of the fat came from dairy products and meat, poultry, and fish, while the share from bacon and salt pork was much larger. Fats used for home baking, especially lard, were more important as sources of dietary fat in the South than in other regions.

Because nutrition research is concerned with the composition as well as the amount of fat in the diet, estimates have been made of the total amounts of saturated fatty acids and of two unsaturated fatty acids, oleic and linoleic acid, in food supplies of households in the United States and the four regions. Calories from the fatty acids as percentages of the total calories in the diets were also calculated. Results of these analyses are as follows:

	United States	North-east	North Central	South	West
Grams per person per day					
Total fat.....	155	145	160	156	163
Saturated fatty acids.....	65	62	69	62	68
Oleic acid.....	66	60	68	70	69
Linoleic acid.....	16	16	16	17	18
Percent of total calories					
Total fat.....	43.6	44.6	43.9	42.4	44.7
Saturated fatty acids.....	18.3	19.0	18.9	16.9	18.7
Oleic acid.....	18.6	18.4	18.7	19.0	18.9
Linoleic acid.....	4.5	4.9	4.4	4.6	4.9

The fat in the diets of the households in the North Central region and in the West contained a greater quantity of saturated fatty acids than in the other two regions. Lower levels of oleic acid were estimated to be furnished by the diets of households in the Northeast. Amounts of linoleic acid were slightly higher in the South and West than in the Northeast and North Central regions.

The percentage of calories from saturated fatty acids was slightly lower in the South (17 percent) than in the other three regions (19 percent). Percentages from the monounsaturated fatty acid, oleic (18 to 19 percent), and from the polyunsaturated fatty acid, linoleic (4 to 5 percent) differed even less among regions.



## INTRODUCTION

This report on the nutritive content of diets contains a portion of the data from the U. S. Department of Agriculture's nationwide Survey of Household Food Consumption made in the spring of 1955. Previous reports in this series have presented the data on quantities of foods used during the week, which are the basis of calculations of nutrient content of household food supplies in this report.

Periodic examinations of food consumption of population groups are needed for many purposes--for administration of public programs affecting food supply, distribution, and consumption; for educational programs to improve food habits; and for private efforts to broaden and improve the marketing of foods. Nationwide surveys of food consumption of urban and rural households were made in 1936 and 1942 and of urban families in 1948. No surveys of rural families have been made since 1942 except on a regional basis.<sup>1</sup>

The 1955 survey is the most comprehensive yet undertaken. Like the earlier surveys, its objectives were to obtain current information on patterns on food consumption, expenditures, dietary levels, and household food practices. Households were grouped (1) by region--Northeast, North Central, South, and West (Census of Population regions, see map, p. 4); (2) by urbanization--rural farm, rural nonfarm, and urban within regions; and (3) by several family income classes within region-urbanization categories.

Because of the widespread demand for current data on food consumption patterns and dietary levels, the statistical data contained in this report are being issued immediately after tabulation, accompanied by a minimum of descriptive information and only a short summary of highlights. In this way, public and private research organizations may proceed with analysis of the data for their own use at the same time that studies are being carried on by research groups within the Department of Agriculture.

The survey was based on a national probability sample of approximately 6,000 housekeeping households of one or more persons. Housekeeping households were defined as those in which at least one member had 10 or more meals from home food supplies during the week preceding the interview. Institutions and persons living on military reservations were not represented.

Collection of the data, made during April, May, and June of 1955, was by personal interview with household members, usually the homemaker. Information was obtained on the number of meals eaten at home and away from home by each individual in the household, the expenditures for food eaten away from home, quantities of all food items used at home during the 7 days preceding the interview and the expenditures for the purchased items, selected household food practices during the previous year, and various family characteristics such as income needed for classification of the data.

The basic data in this survey relate to quantities of food consumed, or food used up, during a week. The only exceptions are the figures for certain miscellaneous food items and tea and alcoholic beverages which relate to purchases made during the week rather than to consumption. For these commodities, purchases usually can be reported more readily than consumption. For an individual family there may be a substantial difference between purchases and consumption of a food during a week. Some of the food used may have been purchased earlier and some of the food purchased during the week may not have been consumed until later. For a large group of families, however, average purchases of a food tend to equal average consumption. For this reason, comparisons generally can be made between this survey and other large surveys where food purchases rather than food consumption are measured.

Nutrients in the food reported used during the week were calculated from tables of food composition, chiefly those in Agriculture Handbook No. 8, "Composition of Foods...Raw, Processed, Prepared." Alcoholic beverages were not included in the calculations. Nutrient quantities in this report, as in most reports of household food consumption surveys, are those available at the "kitchen level." Because of losses of food in preparation and serving, amounts of nutrients, especially food energy (calories), in food actually eaten may be considerably below the levels shown here. Quantitative information on food losses in households is extremely meager.

To assure adequate farm coverage the sample included, in addition to a basic cross-section of about 4,500 urban, rural nonfarm, and rural farm households, a supplemental sample of about 1,500 farm-operator households. Hence it was necessary in combining the data for rural farm and the other urbanizations to use appropriate weights in order to obtain the "all-urbanization" averages. A more detailed description of the sample design and its appraisal are presented in Reports 1 to 5 of this series.

In requesting the information from households, trained interviewers used a detailed food list to help respondents recall the quantities of foods used during the week and the amounts paid for purchased items. (This method is sometimes referred to as the "recall-list method.") Since the success of surveys of this type depends in large part on the interviewers' skill in drawing out the necessary information from the person interviewed, considerable care was taken in the selection and training of the interviewers. At training schools lasting from 3 to 5 days, instructions and practice were given in the sampling phase of the survey, in interviewing, and in recording in correct form on the schedule. Manuals of instruction, prepared by the contractor and reviewed by the USDA staff, were used in training schools and served as reference tools for interviewers during the collection period.

A glossary on page 65 explains the major terms used in this study.

<sup>1</sup> See p. 68 for list of earlier surveys.

# REGIONS USED IN SURVEY

## (WEST)





## NOTES ON USE OF TABLES

Table 1 presents the counts of households in the survey and the average size of the household in equivalent persons and in equivalent nutrition units. (See Glossary, Household size and Equivalent nutrition unit.)

Table 2 presents the distribution of persons in specified sex and age groups based on the number of meals served at home in a week.

The average nutritive value of the food brought into household kitchens is shown in tables 3 to 5. (See Glossary, Food used at home and Nutritive value of diets.)

Table 6 compares the division of the household food dollar and the contribution of food groups to the nutritive value of diets. Such a comparison can be the basis for information on the relative economy of foods as sources of nutrients.

Tables 7 to 11 show the distribution of households using food at home that furnished specified quantities of each nutrient. For these tables the nutrient content of household diets was calculated for each household separately. Table 12 summarizes the percentage of households using food at home that did not furnish recommended amounts of 8 nutrients. The recommended amounts are based on the recommended dietary allowances of the National Research Council. (See Glossary, Recommended dietary allowances.)

Tables 13 to 15 present the basic data on food consumed (i.e., food as measured at the kitchen level and not necessarily all eaten). Data shown in this report are the same as those shown in the corresponding report on household food consumption (Reports 1 to 5 in this series) but fewer individual items are shown here and the groupings are somewhat different. Groupings used in this and the other reports on dietary levels in this series take account of nutritional characteristics of foods rather than, as in Reports 1 to 5, the form in which they appear in the retail market.

Averages in tables 13 to 15 are based on all households in the cell (table 1) whether or not they used the specified food. However, since the percentage

of households using the food is shown, averages for these households only can be obtained by dividing the average for all households in the cell by the percentage using.

Where per person averages for groups of households are needed, they may be computed by dividing the household quantities by the average household size (number of "21-meal-at-home equivalent" persons in the household, table 1, column 3). The use of the number of 21-meal-at-home equivalent persons for computing averages per person is an attempt to adjust for the fact that the number of persons in the family is not always identical with the number of persons eating from household (home) food supplies. Some family members may have eaten meals away from home and nonfamily members (guests, hired help, boarders) may have eaten from the respondent's household food supplies. This method has the limitation of assigning equal weight in quantity and cost to all meals (morning, noon, and evening), and makes no allowance for any difference between amounts or kinds of food at meals eaten away and those served at home.

Tables 16 to 18 present data on the total money value of food (expense and value of home-produced food separately for farm households) used at home per household and per person (21-meal-at-home equivalent person) and the distribution of households having food of specified money value per person. These tables thus give some measure of the variation among households in food consumption.

In all tables where combinations for groups of households are needed, they may be computed by using the counts of households shown in table 1, column 2. In making combinations, the appropriate adjustments for oversampling of the rural farm households must be made. For example, in combining income classes for "all urbanizations," the column showing the weighted counts (2a), where this adjustment has already been made, should be used. In combining rural farm and rural nonfarm into a single rural group, the full count of rural nonfarm, but only one-fourth of rural farm households (column 2a) should be used.

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Table 1.--NUMBER OF HOUSEHOLDS AND HOUSEHOLD SIZE

WEST

BY URBANIZATION

Number of households and average household size in equivalent persons and in equivalent nutrition units, based on number of meals served in a week, April-June 1955;  
housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Households <u>1/</u>		Household size				
	Weighted, includes 1/4 farm	Unweighted, includes all farm	Equivalent persons (21 meals at home = 1 person)	Equivalent nutrition units <u>2/</u>			
				Food energy, thiamine, niacin	Protein, vitamin A value, riboflavin	Calcium	Ascorbic acid, iron
(1)	(2a)	(2b)	(3)	(4)	(5)	(6)	(7)
	Number	Number	Number	Number	Number	Number	Number
ALL URBANIZATIONS							
All households .....	527	639	3.15	2.30	2.71	3.65	2.88
1-person households <u>3/</u> .....	51	57	1.21	.84	1.04	1.25	1.15
Households of 2 or more persons <u>4/</u>	476	582	3.36	2.46	2.89	3.91	3.07
Under 2,000 .....	38	60	2.74	1.93	2.34	3.05	2.52
Under 1,000 .....	9	18	2.82	2.03	2.43	3.18	2.62
1,000-1,999 .....	28	42	2.71	1.90	2.31	3.00	2.49
2,000-2,999 .....	50	60	3.08	2.27	2.66	3.50	2.83
3,000-3,999 .....	79	98	3.57	2.59	3.04	4.17	3.21
4,000-4,999 .....	90	106	3.53	2.55	3.01	4.14	3.17
5,000-5,999 .....	62	72	3.83	2.73	3.20	4.46	3.37
6,000-7,999 .....	51	58	3.38	2.49	2.93	3.94	3.11
8,000-9,999 .....	23	28	3.14	2.38	2.78	3.56	2.94
10,000 and over .....	34	37	3.43	2.62	3.06	4.11	3.27
Not classified <u>5/</u> .....	48	63	2.92	2.24	2.60	3.45	2.76
NONFARM (URBAN AND RURAL NONFARM) <u>6/</u>							
All households .....	489		3.08	2.24	2.65	3.56	2.81
1-person households <u>3/</u> .....	49		1.18	.81	1.01	1.22	1.12
Households of 2 or more persons <u>4/</u>	440		3.29	2.40	2.83	3.82	3.00
Under 2,000 .....	30		2.47	1.71	2.10	2.72	2.28
Under 1,000 .....	6		2.25	1.52	1.87	2.48	2.03
1,000-1,999 .....	24		2.53	1.75	2.16	2.79	2.34
2,000-2,999 .....	47		3.04	2.22	2.61	3.43	2.78
3,000-3,999 .....	73		3.48	2.51	2.96	4.05	3.13
4,000-4,999 .....	85		3.47	2.50	2.95	4.06	3.11
5,000-5,999 .....	59		3.79	2.70	3.17	4.40	3.34
6,000-7,999 .....	49		3.33	2.44	2.88	3.88	3.06
8,000-9,999 .....	21		2.98	2.27	2.65	3.34	2.81
10,000 and over .....	33		3.41	2.60	3.04	4.08	3.26
Not classified <u>5/</u> .....	43		2.79	2.17	2.53	3.33	2.68
URBAN <u>6/</u>							
All households .....	379		3.04	2.20	2.60	3.51	2.77
1-person households <u>3/</u> .....	41		1.11	.73	.94	1.14	1.06
Households of 2 or more persons <u>4/</u>	338		3.28	2.38	2.80	3.80	2.98
Under 2,000 .....	20		2.22	1.50	1.86	2.38	2.04
2,000-2,999 .....	30		3.11	2.25	2.65	3.58	2.82
3,000-3,999 .....	47		3.57	2.58	3.04	4.17	3.20
4,000-4,999 .....	66		3.48	2.48	2.94	4.09	3.10
5,000-5,999 .....	48		3.48	2.44	2.88	3.96	3.04
6,000-7,999 .....	42		3.36	2.45	2.89	3.87	3.07
8,000-9,999 .....	18		3.06	2.31	2.70	3.40	2.86
10,000 and over .....	31		3.45	2.64	3.09	4.15	3.31
Not classified <u>5/</u> .....	36		2.81	2.15	2.51	3.35	2.67

See footnotes at end of table.



Table 1.--NUMBER OF HOUSEHOLDS AND HOUSEHOLD SIZE (continued)

WEST

BY URBANIZATION

Number of households and average household size in equivalent persons and in equivalent nutrition units, based on number of meals served in a week, April-June 1955; housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Households 1/		Household size				
	Weighted, includes 1/4 farm	Unweighted, includes all farm	Equivalent persons (21 meals at home = 1 person)	Equivalent nutrition units 2/			
				Food energy, thiamine, niacin	Protein, vitamin A value, riboflavin	Calcium	Ascorbic acid, iron
(1)	(2a)	(2b)	(3)	(4)	(5)	(6)	(7)
	Number	Number	Number	Number	Number	Number	Number
<b>RURAL NONFARM</b>							
All households .....	110		3.21	2.40	2.80	3.72	2.97
1-person households 3/ .....	8		1.54	1.21	1.38	1.60	1.46
Households of 2 or more persons 4/	102		3.34	2.50	2.92	3.89	3.09
Under 2,000 .....	10		2.98	2.12	2.56	3.41	2.74
2,000-3,999 .....	43		3.15	2.31	2.71	3.56	2.88
4,000-5,999 .....	30		4.04	3.04	3.52	4.83	3.70
6,000 and over .....	12		2.95	2.26	2.65	3.53	2.80
Not classified 5/ .....	7		2.66	2.26	2.60	3.19	2.74
<b>RURAL FARM</b>							
All households .....	38	150	4.11	3.05	3.56	4.85	3.74
1-person households 3/ .....	2	8	1.96	1.50	1.75	2.10	1.89
Households of 2 or more persons 4/	36	142	4.23	3.14	3.67	5.00	3.85
Under 2,000 .....	8	30	3.79	2.82	3.31	4.33	3.51
2,000-3,999 .....	10	38	4.27	3.27	3.79	5.17	3.99
4,000-5,999 .....	8	34	4.48	3.30	3.86	5.42	4.02
6,000 and over .....	5	20	4.56	3.45	4.02	5.50	4.21
Not classified 5/ .....	5	20	4.05	2.79	3.28	4.47	3.42

1/ The sample contains 4 times as many rural farm schedules as are required to provide proportionate representation of all groups. "All urbanizations" is shown both with and without extra schedules. The effective sample size (i.e. the size a self-weighting sample would have to be to yield the same standard error as the existing sample), which would be used for judging reliability of the tabulated data, is somewhere between the two. The total including all farm schedules is the correct estimate of the effective sample when the standard deviation of the nonfarm data is 1/2 that of the farm. The total including 1/4 of the farm schedules collected is more nearly correct when the standard deviation of the nonfarm data is 1-1/2 that of the farm. Limited evidence from previous studies suggests that this ratio is less than 1 for most items.

2/ See Glossary, Nutrition units.

3/ Households with primary economic family of 1 person.

4/ Households with primary economic family of 2 or more persons and with no economic family during the week preceding the interview and/or in 1954.

5/ The major part of the "not classified" comprises families unwilling or unable to report their income; includes also the few households with no economic family during the week preceding the interview and/or in 1954.

6/ Includes a few urban farm families.

Note: Component items may not add to totals because of rounding.

Table 2.--HOUSEHOLD COMPOSITION

WEST

ALL URBANIZATIONS

Distribution of persons in specified sex and age groups, based on meals served at home in a week, April-June 1955; housekeeping households of 1 or more persons, by income

Household size group, and money income after income taxes for households of 2 or more persons (dollars)	Total (cols. 3, 8, 13)	Men					Women				
		Total (cols. 4-7)	21-34 years	35-54 years	55-74 years	75 years and over	Total (cols. 9-12)	21-34 years	35-54 years	55-74 years	75 years and over
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All households .....	100.0	27.5	7.6	12.3	6.4	1.3	32.4	9.3	15.6	6.2	1.3
1-person households .....	100.0	32.5	5.2	10.2	10.3	6.8	59.0	4.9	16.9	31.0	6.2
Households of 2 or more persons ...	100.0	27.3	7.7	12.4	6.2	1.0	31.4	9.5	15.5	5.3	1.1
Under 2,000 .....	100.0	34.0	4.5	9.2	11.5	8.9	36.4	5.3	11.5	15.4	4.3
Under 1,000 .....	100.0	32.4	7.3	10.2	9.0	5.9	37.9	2.7	18.3	11.9	4.9
1,000-1,999 .....	100.0	34.5	3.5	8.8	12.3	9.9	35.9	6.1	9.2	16.5	4.1
2,000-2,999 .....	100.0	32.7	11.9	10.3	9.1	1.4	33.8	9.8	14.0	8.6	1.5
3,000-3,999 .....	100.0	26.4	7.3	11.8	6.9	.4	28.4	10.6	13.4	4.0	.5
4,000-4,999 .....	100.0	26.6	8.2	11.4	6.8	.3	29.8	12.0	12.9	4.5	.4
5,000-5,999 .....	100.0	24.7	7.3	13.2	3.8	.5	27.4	8.6	15.0	3.4	.4
6,000-7,999 .....	100.0	24.6	5.1	15.4	4.2	.0	35.5	11.8	18.9	3.7	1.1
8,000-9,999 .....	100.0	34.9	10.8	16.5	7.2	.4	33.8	7.3	21.7	4.8	.0
10,000 and over .....	100.0	23.7	6.0	13.0	3.8	.9	35.6	6.4	23.0	4.6	1.7
Not classified .....	100.0	26.8	8.3	13.0	4.8	.6	31.5	6.8	18.0	4.6	2.1

	Total, 20 years and under (cols. 14-23)  (13)	Boys 10-20 years			Girls 10-20 years			Children under 10 years			
		16-20 years	13-15 years	10-12 years	16-20 years	13-15 years	10-12 years	7-9 years	4-6 years	1-3 years	Under 1 year
		(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All households .....	40.1	2.6	3.1	2.9	3.8	2.7	2.4	7.4	7.0	6.0	2.2
1-person households .....	8.5	.1	.0	.3	1.6	1.2	.1	3.2	2.0	.0	.0
Households of 2 or more persons ...	41.3	2.7	3.1	3.0	3.9	2.8	2.4	7.6	7.2	6.2	2.2
Under 2,000 .....	29.6	.5	.7	1.8	3.0	2.9	2.7	6.2	6.7	4.4	.5
Under 1,000 .....	29.7	2.1	2.0	2.0	6.6	1.6	.0	2.9	5.1	7.2	.2
1,000-1,999 .....	29.5	*	.3	1.8	1.9	3.3	3.6	7.3	7.2	3.5	.6
2,000-2,999 .....	33.5	2.3	3.4	1.0	4.1	3.2	1.9	1.4	7.1	5.8	3.2
3,000-3,999 .....	45.1	1.5	3.9	3.0	3.6	3.5	3.9	8.5	8.1	6.5	2.7
4,000-4,999 .....	43.6	2.0	2.0	3.2	3.0	3.0	1.8	8.0	8.5	9.6	2.5
5,000-5,999 .....	47.9	1.4	5.8	3.1	5.2	1.9	2.6	9.1	9.6	6.6	2.7
6,000-7,999 .....	39.9	4.5	1.8	2.2	2.6	3.0	4.1	8.4	5.9	5.9	1.4
8,000-9,999 .....	31.4	2.3	.7	2.7	3.3	4.1	2.1	6.3	5.5	4.5	.0
10,000 and over .....	40.7	4.4	7.1	5.0	5.5	1.0	1.7	6.9	4.2	4.0	.9
Not classified .....	41.7	7.6	1.3	5.2	5.3	2.7	.0	10.5	3.5	2.4	3.4

See footnotes at end of table.

Table 2.--HOUSEHOLD COMPOSITION (continued)

WEST

NONFARM (URBAN AND RURAL NONFARM)

Distribution of persons in specified sex and age groups, based on meals served at home in a week, April-June 1955; housekeeping households of 1 or more persons, by income

Household size group, and money income after income taxes for households of 2 or more persons (dollars)	Total (cols. 3, 8, 13)	Men					Women				
		Total (cols. 4-7)	21-34 years	35-54 years	55-74 years	75 years and over	Total (cols. 9-12)	21-34 years	35-54 years	55-74 years	75 years and over
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All households .....	100.0	27.4	7.5	12.3	6.3	1.3	33.1	9.3	16.0	6.5	1.3
1-person households .....	100.0	30.9	5.4	10.2	8.5	6.8	61.2	4.8	17.0	32.8	6.6
Households of 2 or more persons ...	100.0	27.3	7.5	12.4	6.3	1.1	31.9	9.5	15.9	5.4	1.1
Under 2,000 .....	100.0	33.8	3.0	7.6	11.6	11.7	38.7	4.0	11.1	18.4	5.3
Under 1,000 .....	100.0	29.7	7.4	7.4	7.4	7.4	43.5	.0	23.0	13.1	7.4
1,000-1,999 .....	100.0	34.7	2.0	7.6	12.5	12.6	37.6	4.9	8.5	19.5	4.8
2,000-2,999 .....	100.0	32.7	12.2	10.1	9.0	1.4	34.5	10.0	14.3	8.7	1.4
3,000-3,999 .....	100.0	26.6	7.2	11.6	7.5	.4	28.9	10.8	13.3	4.4	.4
4,000-4,999 .....	100.0	26.8	8.1	11.3	7.0	.3	30.2	12.0	13.2	4.6	.4
5,000-5,999 .....	100.0	24.8	7.1	13.3	3.8	.5	27.8	8.6	15.2	3.5	.5
6,000-7,999 .....	100.0	24.2	5.1	15.6	3.5	.0	35.9	11.9	19.2	3.6	1.2
8,000-9,999 .....	100.0	36.5	11.5	17.2	7.8	.0	35.2	7.5	23.1	4.6	.0
10,000 and over .....	100.0	23.6	5.8	12.9	3.9	.9	36.0	6.2	23.4	4.7	1.7
Not classified .....	100.0	26.7	7.8	13.4	4.8	.7	32.2	5.9	19.3	4.5	2.5

Total, 20 years and under (cols. 14-23)	Boys 10-20 years			Girls 10-20 years			Children under 10 years			
	16-20 years	13-15 years	10-12 years	16-20 years	13-15 years	10-12 years	7-9 years	4-6 years	1-3 years	Under 1 year
(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)
Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All households .....	39.5	2.6	3.0	2.8	3.9	2.6	2.4	6.9	6.0	2.2
1-person households .....	8.0	.1	.0	.0	1.7	1.0	.0	3.4	1.7	.0
Households of 2 or more persons ...	40.8	2.7	3.1	2.9	4.0	2.7	2.5	7.4	6.2	2.3
Under 2,000 .....	27.5	.0	.0	1.3	3.0	2.7	3.4	6.3	4.3	.0
Under 1,000 .....	26.9	.0	.0	.0	9.5	.0	1.4	7.1	8.8	.0
1,000-1,999 .....	27.6	.0	.0	1.6	1.6	3.3	4.2	7.4	3.3	.0
2,000-2,999 .....	32.8	1.9	3.3	.7	4.0	3.5	1.8	.9	7.4	3.5
3,000-3,999 .....	44.5	1.4	3.8	2.8	3.8	3.3	3.9	8.1	7.8	2.7
4,000-4,999 .....	43.0	2.0	1.7	3.0	2.9	2.8	1.8	7.6	8.5	2.6
5,000-5,999 .....	47.4	1.3	6.0	3.3	5.4	1.7	2.6	8.9	9.6	2.7
6,000-7,999 .....	39.9	4.4	1.8	1.8	2.5	2.9	4.2	6.6	6.1	1.4
8,000-9,999 .....	23.2	2.4	.0	2.4	3.5	4.1	1.6	6.4	4.8	.0
10,000 and over .....	40.4	4.1	7.1	5.2	5.7	1.0	1.8	7.2	4.0	.9
Not classified .....	41.1	8.4	1.5	5.6	5.7	2.6	.0	9.8	2.6	3.3

See footnotes at end of table.



Table 2.--HOUSEHOLD COMPOSITION (continued)

WEST

URBAN

Distribution of persons in specified sex and age groups, based on meals served at home in a week, April-June 1955; housekeeping households of 1 or more persons, by income

Household size group, and money income after income taxes for households of 2 or more persons (dollars)	Total (cols. 3, 8, 13)	Men					Women				
		Total (cols. 4-7)	21-34 years	35-54 years	55-74 years	75 years and over	Total (cols. 9-12)	21-34 years	35-54 years	55-74 years	75 years and over
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All households .....	100.0	26.5	7.1	11.9	6.0	1.4	33.8	9.2	16.0	6.9	1.6
1-person households .....	100.0	21.5	2.3	10.5	2.2	6.5	72.8	3.9	21.5	39.1	8.3
Households of 2 or more persons ...	100.0	26.7	7.3	12.0	6.2	1.2	32.2	9.4	15.8	5.6	1.3
Under 2,000 .....	100.0	34.8	2.7	4.5	12.6	15.0	44.0	4.4	9.2	23.8	6.5
2,000-2,999 .....	100.0	28.5	13.6	7.5	5.3	2.1	33.5	10.2	13.1	8.0	2.1
3,000-3,999 .....	100.0	27.2	7.8	9.8	9.0	.6	27.2	11.4	11.1	4.1	.6
4,000-4,999 .....	100.0	26.1	7.0	11.7	7.1	.4	29.5	11.3	12.0	5.7	.4
5,000-5,999 .....	100.0	25.7	6.0	13.9	5.1	.6	30.3	8.5	16.6	4.6	.6
6,000-7,999 .....	100.0	24.5	4.2	16.7	3.5	.0	36.2	11.5	20.5	2.8	1.4
8,000-9,999 .....	100.0	37.4	13.1	15.4	8.9	.0	34.7	7.4	22.1	5.2	.0
10,000 and over .....	100.0	23.2	5.4	12.8	4.1	.9	35.9	5.6	23.5	4.9	1.8
Not classified .....	100.0	24.8	9.2	11.1	3.6	.9	32.5	7.0	18.3	4.3	2.9

	Total, 20 years and under (cols. 14-23)  (13)	Boys 10-20 years			Girls 10-20 years			Children under 10 years			
		16-20 years  (14)	13-15 years  (15)	10-12 years  (16)	16-20 years  (17)	13-15 years  (18)	10-12 years  (19)	7-9 years  (20)	4-6 years  (21)	1-3 years  (22)	Under 1 year  (23)
		Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All households .....	39.7	2.4	2.9	2.7	4.2	2.8	2.2	7.4	6.5	6.4	2.3
1-person households .....	5.7	.1	.0	.0	2.2	1.3	.0	2.2	.0	.0	.0
Households of 2 or more persons ...	41.1	2.5	3.0	2.8	4.3	2.9	2.3	7.6	6.8	6.6	2.4
Under 2,000 .....	21.2	.0	.0	.0	2.9	2.3	.0	4.8	8.6	2.7	.0
2,000-2,999 .....	38.1	1.8	2.9	1.1	5.0	5.4	2.6	1.2	7.0	7.8	3.2
3,000-3,999 .....	45.6	1.1	3.5	1.8	5.1	3.4	4.2	7.6	7.8	8.2	2.9
4,000-4,999 .....	44.4	1.5	1.3	3.4	2.9	2.9	1.8	8.2	8.6	10.4	3.4
5,000-5,999 .....	44.0	1.1	5.9	1.9	5.0	1.7	1.8	8.5	9.0	6.8	2.4
6,000-7,999 .....	39.3	3.8	2.1	2.1	2.3	3.4	4.2	9.3	4.9	5.7	1.6
8,000-9,999 .....	27.9	1.8	.0	1.6	2.9	3.5	1.8	7.3	5.4	3.5	.0
10,000 and over .....	40.9	4.3	7.5	5.5	6.0	1.1	1.9	6.8	3.3	3.7	.9
Not classified .....	42.7	7.3	1.0	5.9	6.7	2.3	.0	10.6	3.0	2.1	3.9

See footnotes at end of table.

Table 2.--HOUSEHOLD COMPOSITION (continued)

WEST

RURAL NONFARM

Distribution of persons in specified sex and age groups, based on meals served at home in a week, April-June 1955; housekeeping households of 1 or more persons, by income

Household size group, and money income after income taxes for households of 2 or more persons (dollars)	Total (cols. 3, 8, 13)	Men					Women				
		Total (cols. 4-7)	21-34 years	35-54 years	55-74 years	75 years and over	Total (cols. 9-12)	21-34 years	35-54 years	55-74 years	75 years and over
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All households .....	100.0	30.4	8.5	13.6	7.4	.9	30.7	9.7	15.8	4.9	.3
1-person households .....	100.0	65.6	17.0	8.9	31.7	8.1	18.1	8.5	.4	9.3	.0
Households of 2 or more persons ...	100.0	29.1	8.2	13.8	6.5	.6	31.2	9.8	16.4	4.7	.3
Under 2,000.....	100.0	32.4	3.5	12.1	10.1	6.7	30.8	3.4	13.9	10.2	3.4
2,000-3,999 .....	100.0	31.1	7.3	15.1	8.7	.0	33.7	9.6	17.3	6.8	*
4,000-5,999 .....	100.0	26.1	11.5	10.8	3.7	.1	27.2	11.8	14.7	.6	*
6,000 and over .....	100.0	25.2	8.7	14.2	2.2	.0	36.0	13.6	16.8	5.6	.0
Not classified .....	100.0	37.3	.0	25.8	11.5	.0	30.2	.0	24.3	5.9	.0

	Total, 20 years and under (cols. 14-23)  (13)	Boys 10-20 years			Girls 10-20 years			Children under 10 years			
		16-20 years  (14)	13-15 years  (15)	10-12 years  (16)	16-20 years  (17)	13-15 years  (18)	10-12 years  (19)	7-9 years  (20)	4-6 years  (21)	1-3 years  (22)	Under 1 year  (23)
		Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All households .....	38.8	3.2	3.4	3.2	2.9	2.2	2.9	6.6	8.1	4.6	1.7
1-person households .....	16.2	.0	.0	.0	.0	.0	.0	8.1	8.1	.0	.0
Households of 2 or more persons ...	39.7	3.3	3.6	3.3	3.0	2.2	3.0	6.6	8.1	4.8	1.8
Under 2,000 .....	36.7	.0	.0	3.2	3.2	3.4	8.5	8.5	3.4	6.7	.0
2,000-3,999 .....	35.1	1.9	4.2	3.0	1.6	2.0	2.2	5.8	8.0	3.4	3.0
4,000-5,999 .....	46.8	3.0	4.7	3.9	4.6	2.1	3.2	7.6	9.7	6.4	1.6
6,000 and over .....	38.8	6.3	.0	1.7	4.0	1.7	2.7	5.1	11.5	5.7	.0
Not classified .....	32.5	14.8	4.1	4.1	.0	4.1	.0	5.4	.0	.0	.0

See footnotes at end of table.

Table 2.--HOUSEHOLD COMPOSITION (continued)

WEST

RURAL FARM

Distribution of persons in specified sex and age groups, based on meals served at home in a week, April-June 1955; housekeeping households of 1 or more persons, by income

Household size group, and money income after income taxes for households of 2 or more persons (dollars)	Total (cols. 3, 8, 13)	Men					Women				
		Total (cols. 4-7)	21-34 years	35-54 years	55-74 years	75 years and over	Total (cols. 9-12)	21-34 years	35-54 years	55-74 years	75 years and over
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All households .....	100.0	28.6	8.6	12.4	6.7	.8	26.0	9.2	11.7	4.2	.8
1-person households .....	100.0	56.2	2.4	9.7	37.7	6.4	27.1	6.1	15.5	5.5	.0
Households of 2 or more persons ...	100.0	27.9	8.8	12.5	5.9	.7	25.9	9.3	11.6	4.2	.8
Under 2,000 .....	100.0	34.5	8.2	13.3	11.2	1.7	30.4	8.6	12.5	7.6	1.7
2,000-3,999 .....	100.0	26.9	9.0	13.2	4.0	.7	25.0	8.0	13.1	2.6	1.2
4,000-5,999 .....	100.0	24.2	9.1	12.1	3.1	.0	22.8	10.2	9.4	2.6	.7
6,000 and over .....	100.0	27.7	6.4	12.5	7.8	1.1	25.9	8.7	12.5	4.7	.1
Not classified .....	100.0	27.5	11.7	10.7	5.1	.0	27.3	12.1	10.3	5.0	.0

	Total, 20 years and under (cols. 14-23)  (13)	Boys 10-20 years			Girls 10-20 years			Children under 10 years			
		16-20 years  (14)	13-15 years  (15)	10-12 years  (16)	16-20 years  (17)	13-15 years  (18)	10-12 years  (19)	7-9 years  (20)	4-6 years  (21)	1-3 years  (22)	Under 1 year  (23)
		Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All households .....	45.5	3.1	3.5	4.1	2.8	3.8	2.2	9.7	8.0	6.4	1.8
1-person households .....	16.7	.0	.0	4.6	.0	4.6	1.5	.0	6.1	.0	.0
Households of 2 or more persons ...	46.2	3.2	3.5	4.1	2.9	3.8	2.3	9.9	8.1	6.6	1.9
Under 2,000 .....	35.1	1.9	2.6	3.2	3.1	3.5	.9	6.0	7.2	4.7	1.9
2,000-3,999 .....	48.2	3.8	5.0	4.6	2.5	3.4	3.7	11.0	8.0	4.3	1.8
4,000-5,999 .....	52.9	2.5	4.2	4.4	3.3	4.9	2.3	12.3	8.9	8.8	1.3
6,000 and over .....	46.4	6.0	4.0	5.1	2.6	3.3	3.3	4.4	7.0	9.6	1.1
Not classified .....	45.1	2.1	.0	2.4	2.7	3.3	.0	15.3	9.0	6.3	3.8

\* Less than 0.05 percent.

Percentages may not add to totals because of rounding.



Table 3.--NUTRITIVE VALUE OF DIETS PER PERSON

WEST

BY URBANIZATION

Average per person per day from food used at home in a week, April-June 1955: Food from all sources and home-produced food separately for farm households; housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Food energy	Protein	Fat	Calcium	Iron	Vitamin A value	Thiamine 1/	Riboflavin 1/	Niacin 1/	Ascorbic acid 1/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
	Cal.	Gm.	Gm.	Gm.	Mg.	I.U.	Mg.	Mg.	Mg.	Mg.
<b>ALL URBANIZATIONS</b>										
All households .....	3,280	111	163	1.21	18.7	9,290	1.60	2.45	19.6	109
1-person households .....	3,150	111	159	1.24	18.2	11,850	1.58	2.55	19.1	125
Households of 2 or more persons ..	3,280	111	164	1.21	18.7	9,190	1.60	2.44	19.7	108
Under 2,000 .....	3,140	103	150	1.16	18.0	8,860	1.56	2.36	17.8	101
Under 1,000 .....	3,350	108	166	1.24	18.5	8,230	1.56	2.45	18.7	105
1,000-1,999 .....	3,070	101	144	1.13	17.9	8,860	1.55	2.33	17.5	99
2,000-2,999 .....	3,170	102	155	1.11	18.3	9,130	1.51	2.29	18.3	91
3,000-3,999 .....	3,260	108	159	1.19	18.8	8,890	1.58	2.41	19.0	96
4,000-4,999 .....	3,280	109	163	1.22	19.2	8,530	1.71	2.45	20.0	100
5,000-5,999 .....	3,220	110	158	1.24	17.9	8,930	1.52	2.41	18.9	110
6,000-7,999 .....	3,290	112	164	1.22	18.4	9,680	1.59	2.45	20.2	126
8,000-9,999 .....	3,380	121	177	1.28	19.0	10,480	1.53	2.58	20.2	122
10,000 and over .....	3,630	130	192	1.30	21.1	10,360	1.71	2.71	23.4	142
Not classified .....	3,330	117	170	1.24	18.2	9,750	1.59	2.50	20.4	116
<b>NONFARM (URBAN AND RURAL NONFARM)</b>										
All households .....	3,250	110	163	1.20	18.6	9,250	1.59	2.42	19.5	109
1-person households .....	3,090	110	156	1.22	17.8	11,900	1.55	2.54	19.0	125
Households of 2 or more persons ..	3,250	110	163	1.20	18.6	9,140	1.59	2.41	19.6	109
Under 2,000 .....	2,930	95	140	1.06	16.7	8,550	1.43	2.14	16.4	92
Under 1,000 .....	2,960	95	151	1.12	15.7	7,940	1.36	2.01	15.8	94
1,000-1,999 .....	2,920	96	138	1.04	16.9	8,690	1.45	2.16	16.6	92
2,000-2,999 .....	3,130	101	154	1.10	18.3	9,110	1.50	2.27	18.1	89
3,000-3,999 .....	3,240	108	160	1.19	18.7	9,000	1.58	2.41	18.9	98
4,000-4,999 .....	3,270	108	163	1.21	19.2	8,410	1.71	2.43	19.9	101
5,000-5,999 .....	3,210	110	159	1.23	17.9	8,580	1.51	2.40	18.9	109
6,000-7,999 .....	3,280	112	164	1.22	18.3	9,520	1.59	2.44	20.1	127
8,000-9,999 .....	3,360	121	179	1.23	18.9	10,410	1.52	2.56	20.1	124
10,000 and over .....	3,640	131	193	1.30	21.2	10,340	1.72	2.71	23.6	144
Not classified .....	3,230	115	165	1.18	17.8	9,670	1.54	2.37	20.1	118
<b>URBAN</b>										
All households .....	3,170	108	159	1.18	18.2	9,450	1.55	2.38	19.1	111
1-person households .....	2,990	106	145	1.27	17.2	12,460	1.46	2.59	18.7	127
Households of 2 or more persons ..	3,170	108	160	1.18	18.2	9,320	1.56	2.37	19.2	110
Under 2,000 .....	2,780	92	139	1.04	15.1	8,830	1.51	2.02	15.4	104
2,000-2,999 .....	2,850	92	136	.99	17.2	9,150	1.40	2.10	16.5	90
3,000-3,999 .....	3,180	106	157	1.14	18.7	9,470	1.57	2.35	18.8	94
4,000-4,999 .....	3,170	105	157	1.23	18.9	8,710	1.75	2.41	19.3	102
5,000-5,999 .....	3,150	108	159	1.13	17.4	8,830	1.43	2.29	18.8	107
6,000-7,999 .....	3,270	110	163	1.24	18.1	9,840	1.58	2.47	19.6	129
8,000-9,999 .....	3,240	113	174	1.23	18.2	10,330	1.47	2.51	19.7	120
10,000 and over .....	3,570	128	187	1.29	20.7	10,150	1.68	2.68	23.0	143
Not classified .....	3,100	110	159	1.13	16.8	9,530	1.48	2.26	19.2	118

See footnotes at end of table.

Table 3.--NUTRITIVE VALUE OF DIETS PER PERSON (continued)

WEST

BY URBANIZATION

Average per person per day from food used at home in a week, April-June 1955: Food from all sources and home-produced food separately for farm households; housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Food energy	Protein	Fat	Calcium	Iron	Vitamin A value	Thiamine 1/	Riboflavin 1/	Niacin 1/	Ascorbic acid 1/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
RURAL NONFARM	Cal.	Gm.	Gm.	Gm.	Mg.	I.U.	Mg.	Mg.	Mg.	Mg.
All households .....	3,510	119	175	1.26	20.0	8,600	1.69	2.56	20.9	103
1-person households .....	3,490	122	197	1.07	20.0	9,830	1.89	2.35	20.1	118
Households of 2 or more persons ..	3,510	118	174	1.27	20.0	8,560	1.68	2.57	20.9	103
Under 2,000 .....	3,140	101	142	1.09	19.1	8,140	1.62	2.31	17.9	74
2,000-3,999 .....	3,460	115	173	1.31	19.2	8,430	1.65	2.55	19.9	99
4,000-5,999 .....	3,500	118	171	1.24	19.8	8,300	1.66	2.59	20.9	104
6,000 and over .....	3,780	137	201	1.26	22.4	9,270	1.82	2.57	25.0	131
Not classified .....	3,930	138	195	1.44	23.3	10,420	1.89	2.94	24.9	119
RURAL FARM - All Food										
All households .....	3,570	118	171	1.36	19.9	9,640	1.71	2.74	20.6	106
1-person households .....	3,930	126	202	1.40	23.4	11,140	1.98	2.62	20.9	132
Households of 2 or more persons ..	3,560	118	170	1.36	19.8	9,600	1.71	2.74	20.6	106
Under 2,000 .....	3,690	121	174	1.42	21.5	9,640	1.87	2.94	21.4	123
2,000-3,999 .....	3,450	112	161	1.18	19.1	8,380	1.59	2.44	19.7	95
4,000-5,999 .....	3,440	115	161	1.40	19.1	9,320	1.69	2.68	20.2	106
6,000 and over .....	3,490	118	170	1.29	19.5	11,560	1.57	2.64	20.6	104
Not classified .....	3,940	129	201	1.62	20.1	10,290	1.89	3.28	21.9	103
RURAL FARM - Home-Produced Food										
All households .....	900	46	58	.67	5.4	3,600	.41	1.27	6.2	23
1-person households .....	880	43	55	.37	6.7	4,410	.46	.81	5.8	22
Households of 2 or more persons ..	900	46	58	.68	5.4	3,580	.41	1.29	6.2	23
Under 2,000 .....	1,030	52	63	.84	6.5	4,410	.55	1.59	6.6	46
2,000-3,999 .....	780	42	49	.56	5.0	2,720	.33	1.06	5.6	13
4,000-5,999 .....	800	45	49	.66	5.1	3,310	.37	1.19	6.3	26
6,000 and over .....	670	37	45	.42	4.8	4,190	.29	.95	5.2	12
Not classified .....	1,390	63	103	1.03	6.1	3,970	.57	1.87	7.9	17

1/ Cooking losses deducted.

Table 4.--NUTRITIVE VALUE OF DIETS PER NUTRITION UNIT

WEST

BY URBANIZATION

Average per nutrition unit per day from food used at home in a week, April-June 1955: Food from all sources and home-produced food separately for farm households; housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Food energy	Protein	Calcium	Iron	Vitamin A value	Thiamine 1/	Riboflavin 1/	Niacin 1/	Ascorbic acid 1/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
	<u>Cal.</u>	<u>Gm.</u>	<u>Gm.</u>	<u>Mg.</u>	<u>I.U.</u>	<u>Mg.</u>	<u>Mg.</u>	<u>Mg.</u>	<u>Mg.</u>
<b>ALL URBANIZATIONS</b>									
All households .....	4,490	129	1.05	20.5	10,810	2.19	2.85	26.9	119
1-person households .....	4,560	129	1.20	19.1	13,870	2.29	2.98	27.7	132
Households of 2 or more persons ..	4,490	129	1.04	20.6	10,690	2.19	2.85	26.9	119
Under 2,000 .....	4,460	120	1.04	19.6	10,380	2.21	2.77	25.3	110
Under 1,000 .....	4,650	126	1.09	19.9	10,230	2.17	2.84	26.0	113
1,000-1,999 .....	4,400	119	1.02	19.5	10,430	2.23	2.74	25.0	108
2,000-2,999 .....	4,310	118	.98	19.9	10,590	2.06	2.65	24.9	99
3,000-3,999 .....	4,490	127	1.02	20.8	10,410	2.18	2.82	26.1	107
4,000-4,999 .....	4,620	130	1.06	21.8	10,190	2.40	2.92	28.2	114
5,000-5,999 .....	4,430	130	1.04	20.0	10,470	2.10	2.83	26.1	122
6,000-7,999 .....	4,490	130	1.05	20.1	11,230	2.17	2.84	27.5	137
8,000-9,999 .....	4,470	137	1.13	20.2	11,850	2.02	2.92	26.7	130
10,000 and over .....	4,750	146	1.09	22.1	11,610	2.24	3.04	30.6	149
Not classified .....	4,360	131	1.06	19.3	10,990	2.09	2.81	26.7	123
<b>NONFARM (URBAN AND RURAL NONFARM)</b>									
All households .....	4,460	129	1.04	20.4	10,780	2.18	2.82	26.9	120
1-person households .....	4,520	129	1.19	18.8	13,970	2.27	2.99	27.7	132
Households of 2 or more persons ..	4,460	129	1.03	20.5	10,650	2.18	2.81	26.8	119
Under 2,000 .....	4,240	113	.96	18.1	10,090	2.08	2.52	23.8	100
Under 1,000 .....	4,370	114	1.02	17.3	9,550	2.00	2.42	23.3	104
1,000-1,999 .....	4,210	112	.95	18.3	10,200	2.09	2.54	23.9	99
2,000-2,999 .....	4,290	118	.98	19.9	10,610	2.05	2.65	24.8	97
3,000-3,999 .....	4,490	127	1.02	20.8	10,560	2.19	2.83	26.2	108
4,000-4,999 .....	4,610	130	1.06	21.3	10,080	2.41	2.91	28.2	115
5,000-5,999 .....	4,420	129	1.03	19.9	10,530	2.08	2.81	26.1	121
6,000-7,999 .....	4,490	130	1.05	20.0	11,070	2.18	2.84	27.5	139
8,000-9,999 .....	4,400	136	1.14	20.1	11,710	2.00	2.88	26.4	132
10,000 and over .....	4,760	147	1.09	22.2	11,590	2.26	3.03	30.9	151
Not classified .....	4,180	128	1.00	18.7	10,770	2.00	2.64	26.0	124
<b>URBAN</b>									
All households .....	4,390	126	1.02	20.0	11,070	2.16	2.78	26.5	122
1-person households .....	4,540	127	1.23	18.2	14,820	2.23	3.09	28.4	133
Households of 2 or more persons ..	4,380	126	1.02	20.1	10,910	2.15	2.77	26.5	122
Under 2,000 .....	4,110	109	.97	16.4	10,510	1.93	2.40	22.8	113
2,000-2,999 .....	3,950	107	.86	18.9	10,720	1.93	2.47	22.8	99
3,000-3,999 .....	4,420	124	.97	20.9	11,150	2.17	2.77	26.1	104
4,000-4,999 .....	4,560	128	1.08	21.3	10,580	2.52	2.93	27.7	118
5,000-5,999 .....	4,390	128	1.00	19.5	10,410	1.99	2.70	26.2	119
6,000-7,999 .....	4,490	128	1.07	19.3	11,430	2.17	2.86	26.9	141
8,000-9,999 .....	4,280	133	1.11	19.4	11,710	1.94	2.85	26.0	128
10,000 and over .....	4,660	143	1.07	21.6	11,340	2.20	3.00	30.1	149
Not classified .....	4,090	125	.96	17.9	10,790	1.95	2.56	25.4	126

See footnotes at end of table.



Table 4.--NUTRITIVE VALUE OF DIETS PER NUTRITION UNIT (continued)

WEST

BY URBANIZATION

Average per nutrition unit per day from food used at home in a week, April-June 1955: Food from all sources and home-produced food separately for farm households; housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Food energy	Protein	Calcium	Iron	Vitamin A value	Thiamine 1/	Riboflavin 1/	Niacin 1/	Ascorbic acid 1/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)
RURAL NONFARM	Cal.	Gm.	Gm.	Mg.	I.U.	Mg.	Mg.	Mg.	Mg.
All households .....	4,690	136	1.09	21.6	9,860	2.25	2.93	27.9	112
1-person households .....	4,440	136	1.03	21.2	11,000	2.41	2.63	25.6	125
Households of 2 or more persons ..	4,690	136	1.09	21.6	9,820	2.25	2.95	28.0	112
Under 2,000 .....	4,410	117	.95	20.8	9,470	2.28	2.69	25.1	80
2,000-3,999 .....	4,700	134	1.15	21.0	9,780	2.24	2.96	27.1	107
4,000-5,999 .....	4,660	135	1.04	21.7	9,550	2.21	2.98	27.9	114
6,000 and over .....	5,060	157	1.08	24.3	10,620	2.43	2.95	33.5	142
Not classified .....	4,620	142	1.20	22.6	10,680	2.22	3.01	29.3	116
RURAL FARM - All Food									
All households .....	4,810	136	1.15	21.8	11,100	2.30	3.15	27.7	117
1-person households .....	5,140	141	1.30	24.3	12,450	2.59	2.93	27.3	137
Households of 2 or more persons ..	4,800	135	1.14	21.7	11,070	2.30	3.16	27.7	116
Under 2,000 .....	5,010	140	1.25	23.4	11,130	2.54	3.40	29.0	134
2,000-3,999 .....	4,520	126	.98	20.6	9,480	2.09	2.76	25.9	102
4,000-5,999 .....	4,670	133	1.15	21.3	10,820	2.30	3.12	27.4	118
6,000 and over .....	4,620	134	1.07	21.1	13,130	2.07	3.00	27.2	112
Not classified .....	5,560	155	1.41	23.2	12,360	2.66	3.94	31.0	119
RURAL FARM - Home-Produced Food									
All households .....	1,210	53	.57	6.0	4,150	.55	1.47	8.3	25
1-person households .....	1,150	48	.34	6.9	4,930	.60	.91	7.6	23
Households of 2 or more persons ..	1,210	54	.57	5.9	4,130	.55	1.48	8.4	25
Under 2,000 .....	1,400	60	.74	7.0	5,090	.74	1.83	9.0	50
2,000-3,999 .....	1,030	47	.46	5.4	3,070	.44	1.20	7.4	14
4,000-5,999 .....	1,090	52	.54	5.6	3,850	.50	1.39	8.5	29
6,000 and over .....	890	42	.34	5.2	4,760	.38	1.08	6.9	14
Not classified .....	1,970	75	.90	7.0	4,770	.81	2.24	11.1	20

1/ Cooking losses deducted.

Table 5.--NUTRITIVE VALUE OF DIETS BY FOOD GROUP

WEST

ALL URBANIZATIONS

Average per nutrition unit (of fat, per person) per day from food used at home in a week, April-June 1955; food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons

Food group	Food energy	Protein	Fat	Calcium	Iron	Vitamin A value	Thiamine <u>1/</u>	Riboflavin <u>1/</u>	Niacin <u>1/</u>	Ascorbic acid <u>1/</u>
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
	<u>Cal.</u>	<u>Gm.</u>	<u>Gm.</u>	<u>Mg.</u>	<u>Mg.</u>	<u>I.U.</u>	<u>Mg.</u>	<u>Mg.</u>	<u>Mg.</u>	<u>Mg.</u>
All food groups.....	4,494	129.3	163.5	1,050	20.5	10,808	2.19	2.85	26.9	119
Milk, cream, ice cream, cheese.....	711	30.5	30.8	695	.6	1,505	.29	1.30	.9	8
Milk, fresh and processed.....	517	22.8	20.7	577	.4	1,012	.27	1.13	.9	8
Cream and ice cream.....	100	1.5	5.1	35	*	243	.02	.07	.1	*
Cheese.....	94	6.1	5.0	83	.2	250	.01	.10	*	0
Meat, poultry, fish, eggs, dry beans, nuts	1,193	63.0	67.0	77	9.2	2,656	.60	.76	14.1	2
Meat, poultry, fish.....	788	47.0	44.2	29	6.3	1,877	.43	.51	11.8	1
Bacon, salt pork.....	158	1.9	11.9	2	.2	*	.04	.02	.5	0
Eggs.....	121	8.1	6.3	26	1.6	724	.06	.17	.1	0
Dry beans and other legumes.....	47	2.6	.2	13	.8	4	.04	.03	.3	*
Nuts, peanut butter.....	55	1.9	3.5	4	.2	1	.02	.01	1.2	*
Mixtures and soups.....	29	1.6	1.0	4	.2	50	.01	.02	.2	*
Vegetables.....	265	7.8	2.6	79	3.5	4,707	.36	.25	3.7	48
Potatoes.....	122	2.2	1.3	9	.7	2	.11	.04	1.4	11
Sweetpotatoes.....	4	.1	*	1	*	272	*	*	*	*
Dark green and deep yellow <u>2/</u> .....	14	.6	.1	17	.4	2,940	.02	.03	.2	8
Other green <u>3/</u> .....	35	2.0	.2	21	.9	492	.08	.07	.6	11
Tomatoes.....	26	.8	.2	5	.4	789	.04	.03	.7	10
Other vegetables.....	44	1.2	.4	19	.6	140	.03	.04	.4	7
Mixtures and soups.....	19	.8	.3	7	.4	72	.07	.03	.4	1
Fruits.....	218	2.0	1.9	34	1.3	756	.15	.09	1.1	61
Citrus.....	59	.8	.2	16	.3	116	.08	.02	.3	46
Dried.....	17	.1	*	3	.2	56	.01	.01	.1	*
Other.....	142	1.0	1.7	15	.8	584	.05	.06	.7	15
Grain products <u>4/</u> .....	1,052	24.8	10.0	143	5.2	62	.76	.41	6.9	*
Enriched, restored, or whole grain.....	739	19.1	5.1	109	4.6	3	.71	.36	6.2	*
Not enriched, restored, or whole grain..	284	5.1	4.2	28	.6	35	.05	.04	.6	*
Mixtures and soups.....	29	.0	.8	5	.1	24	.01	.01	.1	*
Fats and oils.....	604	.4	49.1	6	.1	1,109	*	*	*	0
Butter and margarine.....	278	.2	22.9	5	.0	1,086	.00	.00	.0	0
Other (including salad dressings).....	325	.2	26.2	1	.1	23	*	*	*	0
Sugars and sweets <u>5/</u> .....	437	.8	1.6	14	.5	9	.01	.03	.1	1
Sugars, sirups, jellies, candy.....	384	.5	1.5	14	.5	9	.01	.02	.1	1
Soft drinks, beverage and dessert powders	53	.3	*	1	*	1	*	*	*	*
Miscellaneous foods.....	9	.2	.5	2	.2	4	.02	.01	.1	*
Plate or box meals.....	1	*	*	*	*	3	*	*	*	*
Other with some nutritive value <u>6/</u> .....	8	.2	.5	2	.2	1	.02	.01	.1	0

See footnotes at end of table.

Table 5.--NUTRITIVE VALUE OF DIETS BY FOOD GROUP (continued)

WEST

NONFARM (URBAN AND RURAL NONFARM)

Average per nutrition unit (of fat, per person) per day from food used at home in a week, April-June 1955; food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons

Food group	Food energy	Protein	Fat	Calcium	Iron	Vitamin A value	Thiamine 1/	Riboflavin 1/	Niacin 1/	Ascorbic acid 1/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
	Cal.	Gm.	Gm.	Mg.	Mg.	I.U.	Mg.	Mg.	Mg.	Mg.
All food groups.....	4,461	128.7	162.7	1,039	20.4	10,777	2.18	2.82	26.9	120
Milk, cream, ice cream, cheese.....	597	30.0	29.9	683	.6	1,469	.28	1.28	.9	8
Milk, fresh and processed.....	504	22.3	20.1	564	.4	986	.26	1.11	.8	7
Cream and ice cream.....	97	1.5	4.8	34	*	231	.02	.07	.1	*
Cheese.....	96	6.2	5.0	84	.2	252	.01	.10	*	0
Meat, poultry, fish, eggs, dry beans, nuts	1,203	63.1	67.2	77	9.2	2,630	.61	.76	14.1	2
Meat, poultry, fish.....	793	47.2	44.5	29	6.3	1,870	.43	.51	11.8	1
Bacon, salt pork.....	157	1.9	11.9	2	.2	*	.04	.02	.5	0
Eggs.....	118	7.9	6.1	25	1.6	704	.06	.17	.1	0
Dry beans and other legumes.....	47	2.5	.2	13	.7	4	.04	.03	.3	*
Nuts, peanut butter.....	57	1.9	3.6	5	.2	1	.02	.01	1.2	*
Mixtures and soups.....	30	1.7	1.0	4	.2	51	.01	.02	.3	*
Vegetables.....	263	7.7	2.6	80	3.5	4,724	.36	.25	3.7	47
Potatoes.....	119	2.1	1.4	9	.7	2	.10	.04	1.3	10
Sweetpotatoes.....	5	.1	*	1	*	290	*	*	*	*
Dark green and deep yellow 2/.....	14	.6	.1	17	.4	2,944	.02	.03	.2	8
Other green 3/.....	35	2.0	.2	21	.9	476	.08	.07	.6	10
Tomatoes.....	26	.8	.2	5	.4	796	.04	.03	.7	11
Other vegetables.....	44	1.2	.4	19	.6	142	.04	.04	.4	7
Mixtures and soups.....	20	.9	.3	8	.4	74	.08	.04	.4	1
Fruits.....	219	2.0	1.9	34	1.3	766	.15	.09	1.1	62
Citrus.....	60	.8	.2	17	.3	117	.08	.02	.3	46
Dried.....	17	.1	*	3	.2	59	.01	.01	.1	*
Other.....	142	1.0	1.7	15	.8	590	.06	.06	.7	15
Grain products 4/.....	1,043	24.5	10.2	143	5.1	64	.75	.40	6.8	*
Enriched, restored, or whole grain.....	728	18.8	5.1	109	4.5	3	.70	.35	6.1	0
Not enriched, restored, or whole grain..	284	5.1	4.2	29	.6	36	.05	.04	.6	*
Mixtures and soups.....	31	.6	.8	5	.1	25	.01	.01	.1	*
Fats and oils.....	600	.4	48.6	6	.1	1,110	*	*	*	0
Butter and margarine.....	279	.2	22.9	5	.0	1,088	.00	.00	.0	0
Other (including salad dressings).....	320	.2	25.7	1	.1	22	*	*	*	0
Sugars and sweets 5/.....	428	.8	1.7	15	.5	10	.01	.03	.1	1
Sugars, sirups, jellies, candy.....	375	.5	1.6	14	.5	9	.01	.03	.1	1
Soft drinks, beverage and dessert powders	53	.3	*	1	*	1	*	*	*	*
Miscellaneous foods.....	8	.2	.5	1	.2	4	.01	.01	.1	*
Plate or box meals.....	1	*	*	*	*	4	*	*	*	*
Other with some nutritive value 6/.....	7	.2	.5	1	.1	1	.01	.01	.1	0

See footnotes at end of table.



Table 5.--NUTRITIVE VALUE OF DIETS BY FOOD GROUP (continued)

WEST

URBAN

Average per nutrition unit (of fat, per person) per day from food used at home in a week, April-June 1955; food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons

Food group	Food energy	Protein	Fat	Calcium	Iron	Vitamin A value	Thiamine 1/	Riboflavin 1/	Niacin 1/	Ascorbic acid 1/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
	Cal.	Gm.	Gm.	Mg.	Mg.	I.U.	Mg.	Mg.	Mg.	Mg.
All food groups.....	4,390	126.5	159.0	1,025	20.0	11,066	2.16	2.78	26.5	122
Milk, cream, ice cream, cheese.....	693	29.6	29.4	670	.6	1,450	.28	1.26	.9	8
Milk, fresh and processed.....	495	21.8	19.5	551	.4	957	.26	1.08	.8	7
Cream and ice cream.....	102	1.6	5.0	36	*	240	.02	.07	.1	*
Cheese.....	96	6.2	5.0	83	.2	252	.01	.10	*	0
Meat, poultry, fish, eggs, dry beans, nuts	1,184	62.1	65.6	74	9.0	2,777	.60	.75	14.1	2
Meat, poultry, fish.....	782	46.6	43.4	28	6.2	2,037	.43	.51	11.7	1
Bacon, salt pork.....	156	1.9	11.6	2	.2	*	.04	.02	.5	0
Eggs.....	114	7.6	5.8	24	1.5	679	.06	.16	.1	0
Dry beans and other legumes.....	44	2.4	.2	12	.7	5	.04	.02	.3	*
Nuts, peanut butter.....	57	2.0	3.5	5	.2	*	.02	.01	1.3	*
Mixtures and soups.....	30	1.7	1.0	3	.2	56	.01	.02	.3	*
Vegetables.....	256	7.7	2.6	81	3.5	4,831	.38	.25	3.6	47
Potatoes.....	110	2.0	1.3	8	.6	2	.09	.04	1.2	9
Sweetpotatoes.....	5	.1	*	1	*	300	*	*	*	*
Dark green and deep yellow 2/.....	15	.7	.1	18	.5	3,047	.02	.03	.2	8
Other green 3/.....	35	2.0	.2	20	.9	478	.08	.07	.6	10
Tomatoes.....	25	.8	.2	5	.4	775	.04	.03	.7	11
Other vegetables.....	42	1.2	.4	18	.5	143	.03	.04	.4	7
Mixtures and soups.....	23	1.0	.4	10	.5	87	.10	.05	.5	1
Fruits.....	228	2.1	2.3	36	1.3	802	.16	.09	1.2	65
Citrus.....	63	.9	.2	18	.3	124	.09	.02	.3	49
Dried.....	16	.1	*	3	.2	63	.01	.01	.1	*
Other.....	149	1.1	2.0	15	.8	615	.06	.06	.8	16
Grain products 4/.....	1,018	23.7	10.2	144	4.9	68	.72	.39	6.5	*
Enriched, restored, or whole grain.....	698	18.0	4.9	109	4.3	3	.67	.34	5.8	0
Not enriched, restored, or whole grain..	286	5.0	4.4	29	.6	35	.05	.04	.6	*
Mixtures and soups.....	34	.7	.9	5	.1	30	.01	.01	.1	*
Fats and oils.....	584	.4	46.9	6	.1	1,126	*	*	*	0
Butter and margarine.....	284	.2	23.1	5	.0	1,103	.00	.00	.0	0
Other (including salad dressings).....	300	.2	23.8	1	.1	22	*	*	*	0
Sugars and sweets 5/.....	419	.8	1.6	14	.4	9	.01	.03	.1	1
Sugars, sirups, jellies, candy.....	365	.5	1.6	13	.4	9	.01	.02	.1	1
Soft drinks, beverage and dessert powders	54	.3	*	1	*	1	*	*	*	*
Miscellaneous foods.....	7	.2	.4	1	.1	4	.01	.01	.1	*
Plate or box meals.....	1	*	*	*	*	3	*	*	*	*
Other with some nutritive value 6/.....	6	.1	.4	1	.1	1	.01	.01	.1	0

See footnotes at end of table.

Table 5.--NUTRITIVE VALUE OF DIETS BY FOOD GROUP (continued)

WEST

RURAL NONFARM

Average per nutrition unit (of fat, per person) per day from food used at home in a week, April-June 1955; food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons

Food group	Food energy	Protein	Fat	Calcium	Iron	Vitamin A value	Thiamine 1/	Riboflavin 1/	Niacin 1/	Ascorbic acid 1/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
	Cal.	Gm.	Gm.	Mg.	Mg.	I.U.	Mg.	Mg.	Mg.	Mg.
All food groups.....	4,685	135.8	174.6	1,086	21.6	9,857	2.25	2.93	27.9	112
Milk, cream, ice cream, cheese.....	709	31.2	31.6	726	.7	1,530	.29	1.34	1.0	8
Milk, fresh and processed.....	534	23.8	22.3	608	.5	1,077	.27	1.18	.9	8
Cream and ice cream.....	81	1.2	4.2	29	*	200	.01	.06	*	*
Cheese.....	94	6.2	5.1	89	.2	253	.01	.11	*	0
Meat, poultry, fish, eggs, dry beans, nuts	1,264	66.3	72.6	86	9.9	2,163	.63	.77	14.3	2
Meat, poultry, fish.....	828	49.2	48.1	30	6.7	1,336	.44	.50	12.1	1
Bacon, salt pork.....	162	1.9	12.6	2	.2	0	.04	.02	.5	0
Eggs.....	130	8.8	6.9	28	1.8	785	.07	.19	.1	0
Dry beans and other legumes.....	54	3.0	.2	15	.9	3	.05	.03	.3	*
Nuts, peanut butter.....	58	1.8	3.8	5	.2	1	.02	.01	1.1	*
Mixtures and soups.....	31	1.6	1.0	6	.3	38	.01	.02	.3	*
Vegetables.....	285	7.9	2.8	77	3.4	4,382	.32	.23	3.8	49
Potatoes.....	146	2.7	1.6	11	.9	3	.13	.05	1.6	13
Sweetpotatoes.....	4	.1	*	1	*	260	*	*	*	*
Dark green and deep yellow 2/.....	12	.5	.1	14	.4	2,616	.02	.02	.2	7
Other green 3/.....	35	2.0	.2	21	1.0	468	.08	.07	.6	10
Tomatoes.....	28	.9	.2	6	.4	865	.05	.03	.8	11
Other vegetables.....	50	1.4	.5	22	.6	137	.04	.04	.5	8
Mixtures and soups.....	10	.4	.2	3	.1	32	.01	.01	.1	1
Fruits.....	188	1.7	.9	31	1.1	651	.13	.07	.9	52
Citrus.....	51	.7	.2	14	.3	98	.07	.02	.2	39
Dried.....	18	.1	*	3	.2	46	.01	.01	.1	*
Other.....	119	.9	.7	14	.7	508	.05	.05	.6	13
Grain products 4/.....	1,123	27.2	10.0	142	5.6	53	.84	.45	7.6	*
Enriched, restored, or whole grain.....	823	21.5	5.6	112	5.0	4	.79	.40	6.9	0
Not enriched, restored, or whole grain..	279	5.2	3.8	27	.6	39	.05	.04	.6	0
Mixtures and soups.....	21	.4	.7	4	*	9	*	*	.1	*
Fats and oils.....	648	.4	54.1	6	.1	1,061	*	*	.0	0
Butter and margarine.....	264	.2	22.2	5	.0	1,039	.00	.00	.0	0
Other (including salad dressings).....	384	.2	31.8	1	.1	23	*	*	.0	0
Sugars and sweets 5/.....	457	.8	1.8	16	.6	10	.01	.03	.1	1
Sugars, sirups, jellies, candy.....	406	.5	1.8	15	.6	10	.01	.03	.1	1
Soft drinks, beverage and dessert powders	51	.3	*	1	*	1	*	*	*	0
Miscellaneous foods.....	12	.3	.7	2	.2	7	.03	.02	.2	*
Plate or box meals.....	1	*	*	*	*	6	*	*	*	*
Other with some nutritive value 6/.....	11	.3	.7	2	.2	1	.03	.02	.2	0

See footnotes at end of table.

Table 5.--NUTRITIVE VALUE OF DIETS BY FOOD GROUP (continued)

WEST

RURAL FARM

Food from all sources

Average per nutrition unit (of fat, per person) per day from food used at home in a week, April-June 1955; food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons

Food group	Food energy	Protein	Fat	Calcium	Iron	Vitamin A value	Thiamine $\frac{1}{1}$	Riboflavin $\frac{1}{1}$	Niacin $\frac{1}{1}$	Ascorbic acid $\frac{1}{1}$
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
	Cal.	Gm.	Gm.	Mg.	Mg.	I.U.	Mg.	Mg.	Mg.	Mg.
All food groups.....	4,808	135.6	171.3	1,148	21.8	11,103	2.30	3.15	27.7	117
Milk, cream, ice cream, cheese.....	844	34.8	38.8	808	.7	1,856	.35	1.54	1.1	10
Milk, fresh and processed.....	633	28.0	26.6	695	.5	1,266	.32	1.38	1.0	10
Cream and ice cream.....	127	1.6	7.6	38	*	360	.02	.08	.1	*
Cheese.....	83	5.2	4.6	75	.2	230	.01	.09	*	0
Meat, poultry, fish, eggs, dry beans, nuts	1,152	62.1	65.3	81	9.4	2,901	.55	.75	13.4	2
Meat, poultry, fish.....	738	45.2	42.0	29	6.1	1,948	.37	.47	11.7	1
Bacon, salt pork.....	159	1.9	12.2	2	.2	*	.04	.02	.5	0
Eggs.....	152	10.3	8.0	32	2.1	917	.08	.22	.1	0
Dry beans and other legumes.....	52	2.8	.2	14	.8	4	.04	.03	.3	*
Nuts, peanut butter.....	38	1.2	2.4	3	.1	1	.01	.01	.7	*
Mixtures and soups.....	13	.7	.4	1	.1	31	*	.01	.1	*
Vegetables.....	284	8.1	2.1	70	3.5	4,538	.35	.25	4.0	50
Potatoes.....	153	3.0	1.0	12	1.0	*	.14	.06	1.8	15
Sweetpotatoes.....	2	*	*	*	*	93	*	*	*	*
Dark green and deep yellow $\frac{2}{1}$ .....	13	.5	.1	14	.4	2,905	.02	.02	.2	5
Other green $\frac{3}{1}$ .....	39	2.4	.2	22	1.1	644	.11	.09	.8	14
Tomatoes.....	23	.7	.2	4	.3	721	.04	.03	.7	9
Other vegetables.....	46	1.2	.3	16	.6	120	.03	.04	.4	7
Mixtures and soups.....	8	.3	.2	2	.1	54	.01	.01	.1	*
Fruits.....	209	1.8	1.0	31	1.2	662	.13	.07	1.0	53
Citrus.....	51	.7	.2	14	.3	105	.07	.02	.2	40
Dried.....	18	.1	*	3	.2	28	.01	.01	.1	*
Other.....	140	.9	.8	14	.7	530	.05	.05	.7	13
Grain products $\frac{4}{1}$ .....	1,142	27.4	8.9	137	6.0	46	.87	.48	7.8	*
Enriched, restored, or whole grain.....	847	21.6	5.0	109	5.4	7	.82	.44	7.1	*
Not enriched, restored, or whole grain..	280	5.4	3.5	25	.6	28	.05	.04	.7	*
Mixtures and soups.....	14	.3	.4	2	*	11	*	*	*	*
Fats and oils.....	645	.4	53.5	6	.1	1,091	*	*	.0	0
Butter and margarine.....	270	.2	22.6	5	.0	1,063	.00	.00	.0	0
Other (including salad dressings).....	375	.2	30.8	1	.1	28	*	*	.0	0
Sugars and sweets $\frac{5}{1}$ .....	520	.8	.9	12	.6	7	.01	.02	.1	1
Sugars, sirups, jellies, candy.....	472	.3	.8	11	.6	6	.01	.02	.1	1
Soft drinks, beverage and dessert powders	48	.5	*	1	*	1	*	*	*	*
Miscellaneous foods.....	13	.4	.8	2	.3	1	.05	.04	.3	0
Plate or box meals.....	0	.0	.0	0	.0	0	.00	.00	.0	0
Other with some nutritive value $\frac{6}{1}$ .....	13	.4	.8	2	.3	1	.05	.04	.3	0

See footnotes at end of table.



Table 5.--NUTRITIVE VALUE OF DIETS BY FOOD GROUP (continued)

WEST

RURAL FARM  
Home-produced food

Average per nutrition unit (of fat, per person) per day from food used at home in a week, April-June 1955; food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons

Food group	Food energy	Protein	Fat	Calcium	Iron	Vitamin A value	Thiamine <u>1/</u>	Riboflavin <u>1/</u>	Niacin <u>1/</u>	Ascorbic acid <u>1/</u>
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)
	Cal.	Gm.	Gm.	Mg.	Mg.	I.U.	Mg.	Mg.	Mg.	Mg.
All food groups .....	1,210	53.5	58.3	566	6.0	4,151	.55	1.47	8.3	25
Milk, cream, ice cream, cheese .....	515	20.6	24.0	506	.4	1,128	.24	1.00	.8	7
Milk, fresh and processed .....	451	19.9	19.2	494	.4	898	.23	.98	.7	7
Cream and ice cream .....	62	.5	4.8	11	*	226	.01	.02	*	*
Cheese .....	2	.2	.1	1	*	4	*	*	*	0
Meat, poultry, fish, eggs, dry beans, nuts	488	30.7	27.2	34	4.5	1,593	.21	.38	6.6	1
Meat, poultry, fish .....	339	22.9	18.5	11	3.0	966	.14	.22	6.3	1
Bacon, salt pork .....	38	.5	2.9	*	*	*	.01	.01	.1	0
Eggs .....	104	7.0	5.5	22	1.4	627	.05	.15	.1	0
Dry beans and other legumes .....	3	.2	*	1	*	0	*	*	*	*
Nuts, peanut butter .....	3	.1	.2	*	*	*	*	*	*	*
Mixtures and soups .....	0	.0	.0	0	.0	0	.00	.00	.0	0
Vegetables .....	50	1.7	.2	17	.8	1,152	.08	.07	.8	11
Potatoes .....	22	.5	*	2	.2	0	.02	.01	.3	2
Sweetpotatoes .....	0	.0	.0	0	.0	0	.00	.00	.0	0
Dark green and deep yellow <u>2/</u> .....	3	.1	*	5	.1	799	*	.01	*	1
Other green <u>3/</u> .....	10	.8	.1	6	.3	286	.04	.04	.4	6
Tomatoes .....	1	.1	*	*	*	49	*	*	*	1
Other vegetables .....	12	.3	.1	4	.2	17	.01	.01	.1	2
Mixtures and soups .....	0	.0	.0	0	.0	0	.00	.00	.0	0
Fruits .....	34	.2	.1	5	.2	97	.01	.01	.1	5
Grain products <u>4/</u> .....	14	.3	.2	2	*	3	.01	*	.1	*
Fats and oils .....	79	*	6.6	1	.0	177	.00	.00	.0	0
Butter and margarine .....	43	*	3.6	1	.0	171	.00	.00	.0	0
Other (mostly lard) .....	35	.0	2.9	0	.0	6	.00	.00	.0	0
Sugars and sweets <u>5/</u> .....	31	*	*	1	*	1	*	*	*	*
Miscellaneous foods .....	0	.0	.0	0	.0	0	.00	.00	.0	0

\* Less than 0.5 calories, milligrams of calcium or ascorbic acid and I.U. of vitamin A value, 0.05 grams of protein or fat, milligrams of iron or niacin, 0.005 milligrams of thiamine or riboflavin.

1/ Cooking losses deducted.2/ Spinach and other dark, leafy greens, broccoli, green peppers, carrots, pumpkin, winter squash, etc.3/ Green lima and snap beans, green peas, asparagus, cabbage, lettuce, okra, etc.4/ Includes all ingredients of purchased baked goods and of flour mixtures and soup, chiefly grain.5/ Includes all ingredients of jellies, jams, and preserves, and of prepared desserts such as puddings and gelatin desserts.6/ Includes yeast, plain chocolate, cocoa.

Table 6.--DIVISION OF HOUSEHOLD FOOD DOLLAR AND CONTRIBUTION  
OF FOOD GROUPS TO NUTRITIVE VALUE OF DIETS

WEST

ALL URBANIZATIONS

Percentage of total money value of and of total nutritive value from foods used at home in a week, April-June 1955; food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons

Food group	Money value	Food energy	Protein	Fat	Calcium	Iron	Vitamin A value	Thiamine 1/	Riboflavin 1/	Niacin 1/	Ascorbic acid 1/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All food groups.....	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Milk, cream, ice cream, cheese.....	14.7	15.8	23.5	18.8	66.2	3.2	13.9	13.2	45.8	3.5	6.7
Milk, fresh and processed.....	9.6	11.5	17.7	12.7	55.0	2.1	9.4	12.1	39.7	3.2	6.4
Cream and ice cream.....	2.7	2.2	1.1	3.1	3.3	.2	2.2	.8	2.5	.2	.3
Cheese.....	2.4	2.1	4.7	3.0	7.9	.9	2.3	.3	3.6	.1	.0
Meat, poultry, fish, eggs, dry beans, nuts	37.7	26.7	48.7	41.0	7.4	44.9	24.6	27.4	26.6	52.2	1.4
Meat, poultry, fish.....	29.2	17.5	36.4	27.1	2.7	30.7	17.4	19.5	17.7	43.8	1.0
Bacon, salt pork.....	2.0	3.5	1.5	7.3	.2	.8	*	1.9	.9	1.7	.0
Eggs.....	4.4	2.7	6.3	3.8	2.4	7.9	6.7	2.9	6.1	.3	.0
Dry beans and other legumes.....	.4	1.1	2.0	.1	1.2	3.7	*	1.9	.9	1.1	.2
Nuts, peanut butter.....	.8	1.2	1.4	2.1	.4	.8	*	.9	.4	4.4	*
Mixtures and soups.....	1.0	.6	1.2	.6	.4	1.1	.5	.4	.6	.9	.2
Vegetables.....	11.6	5.9	6.0	1.6	7.5	16.8	43.5	16.5	8.7	13.7	39.9
Potatoes.....	1.7	2.7	1.7	.8	.9	3.6	*	4.8	1.5	5.1	8.8
Sweetpotatoes.....	.1	.1	*	*	.1	.1	2.5	.1	*	.1	.3
Dark green and deep yellow 2/.....	1.1	.3	.5	.1	1.6	2.1	27.2	.9	1.0	.8	6.4
Other green 3/.....	3.1	.8	1.6	.1	2.0	4.6	4.5	3.8	2.5	2.2	9.0
Tomatoes.....	2.1	.6	.6	.1	.5	1.8	7.3	2.0	1.0	2.5	8.8
Other vegetables.....	2.9	1.0	.9	.2	1.8	2.7	1.3	1.6	1.4	1.5	6.0
Mixtures and soups.....	.5	.4	.6	.2	.7	2.0	.7	3.2	1.2	1.5	.6
Fruits.....	8.6	4.8	1.5	1.1	3.2	6.2	7.0	6.7	3.0	4.1	51.2
Citrus.....	2.5	1.3	.6	.1	1.6	1.6	1.1	3.7	.8	1.0	38.4
Dried.....	.3	.4	.1	*	.3	.8	.5	.3	.2	.3	.1
Other.....	5.9	3.2	.8	1.0	1.4	3.8	5.4	2.7	2.0	2.7	12.7
Grain products 4/.....	9.9	23.4	19.1	5.1	13.6	25.3	.6	34.8	14.4	25.6	.1
Enriched, restored, or whole grain.....	6.0	16.5	14.7	3.1	10.4	22.3	*	32.4	12.7	22.9	*
Not enriched, restored, or whole grain..	3.2	6.3	4.0	2.5	2.7	2.7	.3	2.2	1.5	2.4	*
Mixtures and soups.....	.7	.6	.4	.5	.5	.3	.2	.2	.2	.3	.1
Fats and oils.....	4.0	13.4	.3	30.0	.6	.4	10.3	.2	.1	*	.0
Butter and margarine.....	2.2	6.2	.2	14.0	.5	.0	10.0	.0	.0	.0	.0
Other (including salad dressings).....	1.8	7.2	.1	15.0	.1	.4	.2	.2	.1	*	.0
Sugars and sweets 5/.....	4.7	9.7	.6	1.0	1.4	2.4	.1	.4	.9	.4	.6
Sugars, sirups, jellies, candy.....	3.2	8.5	.3	.9	1.3	2.4	.1	.4	.9	.4	.6
Soft drinks, beverage and dessert powders	1.5	1.2	.3	*	.1	*	*	*	.1	*	*
Miscellaneous foods.....	8.7	.2	.2	.3	.2	.8	*	.8	.5	.5	*
Plate or box meals.....	.1	*	*	*	*	*	*	*	*	*	*
Other with some nutritive value 6/.....	.2	.2	.1	.3	.1	.8	*	.7	.5	.5	.0
Other with no nutritive value 7/.....	8.5	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

See footnotes at end of table.

Table 6.--DIVISION OF HOUSEHOLD FOOD DOLLAR AND CONTRIBUTION  
OF FOOD GROUPS TO NUTRITIVE VALUE OF DIETS (continued)

WEST

NONFARM (URBAN AND RURAL NONFARM)

Percentage of total money value of and of total nutritive value from foods used at home in a week, April-June 1955; food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons

Food group	Money value	Food energy	Protein	Fat	Calcium	Iron	Vitamin A value	Thiamine 1/	Riboflavin 1/	Niacin 1/	Ascorbic acid 1/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All food groups.....	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Milk, cream, ice cream, cheese.....	14.4	15.6	23.3	18.4	65.7	3.1	13.6	13.0	45.4	3.4	6.5
Milk, fresh and processed.....	9.4	11.3	17.3	12.4	54.3	2.1	9.1	11.9	39.2	3.1	6.2
Cream and ice cream.....	2.6	2.2	1.1	3.0	3.3	.2	2.1	.8	2.5	.2	.3
Cheese.....	2.4	2.1	4.8	3.1	8.1	.9	2.3	.3	3.7	.1	.0
Meat, poultry, fish, eggs, dry beans, nuts	37.9	27.0	49.1	41.3	7.4	45.1	24.4	27.8	26.9	52.6	1.4
Meat, poultry, fish.....	29.3	17.8	36.7	27.3	2.8	31.0	17.4	19.9	18.1	44.0	1.0
Bacon, salt pork.....	2.0	3.5	1.5	7.3	.2	.8	*	1.9	.9	1.7	.0
Eggs.....	4.3	2.6	6.1	3.7	2.4	7.7	6.5	2.8	6.0	.3	.0
Dry beans and other legumes.....	.4	1.0	2.0	.1	1.2	3.7	*	1.9	.9	1.1	.2
Nuts, peanut butter.....	.9	1.3	1.5	2.2	.4	.8	*	1.0	.4	4.6	*
Mixtures and soups.....	1.0	.7	1.3	.6	.4	1.2	.5	.4	.6	1.0	.2
Vegetables.....	11.6	5.9	6.0	1.6	7.7	16.9	43.8	16.6	8.8	13.6	39.5
Potatoes.....	1.7	2.7	1.7	.8	.8	3.4	*	4.7	1.4	4.9	8.4
Sweetpotatoes.....	.1	.1	.1	*	.1	.1	2.7	.1	.1	.1	.3
Dark green and deep yellow 2/.....	1.1	.3	.5	.1	1.7	2.1	27.3	.9	1.1	.8	6.6
Other green 3/.....	3.1	.8	1.5	.1	2.0	4.5	4.4	3.7	2.4	2.1	8.6
Tomatoes.....	2.1	.6	.6	.1	.5	1.9	7.4	2.0	1.1	2.6	8.9
Other vegetables.....	2.9	1.0	.9	.2	1.8	2.8	1.3	1.6	1.4	1.5	6.1
Mixtures and soups.....	.5	.4	.7	.2	.8	2.1	.7	3.5	1.3	1.6	.7
Fruits.....	8.7	4.9	1.5	1.2	3.3	6.3	7.1	6.9	3.1	4.1	51.8
Citrus.....	2.6	1.4	.7	.1	1.6	1.6	1.1	3.8	.8	1.1	38.8
Dried.....	.3	.4	.1	*	.3	.8	.5	.3	.2	.3	.1
Other.....	5.8	3.2	.8	1.1	1.4	3.8	5.5	2.8	2.1	2.8	12.9
Grain products 4/.....	9.9	23.4	19.0	6.2	13.8	25.1	.6	34.5	14.3	25.3	.1
Enriched, restored, or whole grain.....	6.0	16.3	14.6	3.1	10.5	22.0	*	32.0	12.5	22.7	.0
Not enriched, restored, or whole grain..	3.2	6.4	3.9	2.6	2.8	2.7	.3	2.2	1.6	2.3	*
Mixtures and soups.....	.7	.7	.5	.5	.5	.3	.2	.2	.3	.3	.1
Fats and oils.....	3.9	13.4	.3	29.9	.6	.4	10.3	.2	.1	*	.0
Butter and margarine.....	2.1	6.3	.2	14.1	.5	.0	10.1	.0	.0	.0	.0
Other (including salad dressings).....	1.8	7.2	.1	15.8	.1	.4	.2	.2	.1	*	.0
Sugars and sweets 5/.....	4.7	9.6	.6	1.0	1.4	2.4	.1	.4	1.0	.4	.6
Sugars, sirups, jellies, candy.....	3.2	8.4	.4	1.0	1.3	2.3	.1	.4	.9	.4	.6
Soft drinks, beverage and dessert powders	1.5	1.2	.3	*	.1	*	*	*	.1	*	*
Miscellaneous foods.....	9.0	.2	.1	.3	.1	.7	*	.6	.4	.5	*
Plate or box meals.....	.1	*	*	*	*	*	*	*	*	*	*
Other with some nutritive value 6/.....	.2	.2	.1	.3	.1	.7	*	.6	.4	.4	.0
Other with no nutritive value 7/.....	8.7	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

See footnotes at end of table.



Table 6.--DIVISION OF HOUSEHOLD FOOD DOLLAR AND CONTRIBUTION  
OF FOOD GROUPS TO NUTRITIVE VALUE OF DIETS (continued)

WEST

URBAN

Percentage of total money value of and of total nutritive value from foods used at home in a week, April-June 1955; food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons

Food group	Money value	Food energy	Protein	Fat	Calcium	Iron	Vitamin A value	Thiamine 1/	Riboflavin 1/	Niacin 1/	Ascorbic acid 1/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All food groups.....	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Milk, cream, ice cream, cheese.....	14.4	15.8	23.4	18.5	65.3	3.2	13.1	13.0	45.3	3.4	6.3
Milk, fresh and processed.....	9.3	11.3	17.3	12.2	53.8	2.1	8.7	11.9	38.9	3.1	6.0
Cream and ice cream.....	2.8	2.3	1.2	3.1	3.5	.2	2.2	.9	2.6	.2	.4
Cheese.....	2.4	2.2	4.9	3.1	8.1	.9	2.3	.3	3.8	.1	.0
Meat, poultry, fish, eggs, dry beans, nuts	37.8	27.0	49.1	41.2	7.2	44.9	25.1	27.8	27.0	53.1	1.4
Meat, poultry, fish.....	29.4	17.8	36.9	27.3	2.7	31.1	18.4	20.0	18.4	44.2	1.0
Bacon, salt pork.....	2.0	3.6	1.5	7.3	.2	.8	*	1.9	.9	1.8	.0
Eggs.....	4.2	2.6	6.0	3.7	2.3	7.6	6.1	2.8	5.9	.3	.0
Dry beans and other legumes.....	.4	1.0	1.9	.1	1.2	3.5	*	1.8	.9	1.0	.2
Nuts, peanut butter.....	.8	1.3	1.6	2.2	.4	.8	*	.9	.4	4.9	*
Mixtures and soups.....	1.0	.7	1.3	.6	.3	1.1	.5	.3	.6	1.0	.2
Vegetables.....	11.5	5.8	6.1	1.6	7.9	17.4	43.7	17.4	9.1	13.7	38.3
Potatoes.....	1.6	2.5	1.6	.8	.8	3.2	*	4.4	1.3	4.6	7.6
Sweetpotatoes.....	.1	.1	.1	*	.1	.1	2.7	.1	.1	.1	.3
Dark green and deep yellow 2/.....	1.1	.3	.5	.1	1.8	2.3	27.5	1.0	1.1	.9	6.8
Other green 3/.....	3.1	.8	1.6	.1	2.0	4.5	4.3	3.7	2.5	2.1	8.4
Tomatoes.....	2.1	.6	.6	.1	.5	1.9	7.0	2.0	1.1	2.5	8.7
Other vegetables.....	2.9	1.0	.9	.2	1.8	2.7	1.3	1.6	1.4	1.5	5.8
Mixtures and soups.....	.5	.5	.3	.2	.9	2.7	.8	4.6	1.6	2.0	.7
Fruits.....	9.0	5.2	1.6	1.4	3.5	6.6	7.2	7.3	3.3	4.4	53.2
Citrus.....	2.7	1.4	.7	.1	1.7	1.7	1.1	4.1	.8	1.1	40.0
Dried.....	.3	.4	.1	*	.3	.8	.6	.3	.2	.3	.1
Other.....	6.1	3.4	.8	1.3	1.5	4.0	5.6	2.9	2.2	2.9	13.1
Grain products 4/.....	9.9	23.2	18.7	6.4	14.0	24.7	.6	33.5	14.0	24.7	.2
Enriched, restored, or whole grain.....	5.8	15.9	14.2	3.1	10.6	21.6	*	31.0	12.1	22.0	.0
Not enriched, restored, or whole grain..	3.3	6.5	4.0	2.7	2.9	2.8	.3	2.2	1.6	2.4	*
Mixtures and soups.....	.8	.8	.5	.6	.5	.4	.3	.3	.3	.3	.1
Fats and oils.....	3.9	13.3	.3	29.5	.6	.4	10.2	.2	.1	*	.0
Butter and margarine.....	2.2	6.5	.2	14.5	.5	.0	10.0	.0	.0	.0	.0
Other (including salad dressings).....	1.7	6.8	.1	15.0	.1	.4	.2	.2	.1	*	.0
Sugars and sweets 5/.....	4.5	9.6	.6	1.0	1.4	2.2	.1	.4	.9	.4	.6
Sugars, sirups, jellies, candy.....	3.1	8.3	.4	1.0	1.3	2.2	.1	.4	.9	.4	.5
Soft drinks, beverage and dessert powders	1.5	1.2	.3	*	.1	*	*	*	.1	*	*
Miscellaneous foods.....	8.9	.2	.1	.3	.1	.6	*	.4	.3	.3	*
Plate or box meals.....	.1	*	*	*	*	*	*	*	*	*	*
Other with some nutritive value 6/.....	.2	.1	.1	.3	.1	.6	*	.4	.3	.3	.0
Other with no nutritive value 7/.....	8.7	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

See footnotes at end of table.

Table 6.--DIVISION OF HOUSEHOLD FOOD DOLLAR AND CONTRIBUTION  
OF FOOD GROUPS TO NUTRITIVE VALUE OF DIETS (continued)

WEST

RURAL NONFARM

Percentage of total money value of and of total nutritive value from foods used at home in a week, April-June 1955; food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons

Food group	Money value	Food energy	Protein	Fat	Calcium	Iron	Vitamin A value	Thiamine 1/	Riboflavin 1/	Niacin 1/	Ascorbic acid 1/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All food groups.....	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Milk, cream, ice cream, cheese.....	14.3	15.1	23.0	18.1	66.9	3.1	15.5	13.0	45.8	3.4	7.2
Milk, fresh and processed.....	9.7	11.4	17.5	12.8	56.0	2.1	10.9	12.0	40.3	3.1	6.9
Cream and ice cream.....	2.2	1.7	.9	2.4	2.6	.1	2.0	.7	1.9	.2	.3
Cheese.....	2.4	2.0	4.6	2.9	9.2	.8	2.6	.3	3.6	.1	.0
Meat, poultry, fish, eggs, dry beans, nuts	38.0	27.0	48.8	41.6	7.9	45.8	21.9	27.9	26.4	51.2	1.4
Meat, poultry, fish.....	28.9	17.7	36.2	27.5	2.8	30.9	13.6	19.3	17.1	43.3	1.0
Bacon, salt pork.....	2.1	3.5	1.4	7.2	.2	.7	.0	1.9	.9	1.7	.0
Eggs.....	4.6	2.8	6.5	4.0	2.6	8.1	8.0	3.0	6.5	.3	.0
Dry beans and other legumes.....	.4	1.2	2.2	.1	1.4	4.0	*	2.1	1.0	1.1	.2
Nuts, peanut butter.....	1.0	1.2	1.3	2.2	.4	.8	*	1.1	.4	3.8	.1
Mixtures and soups.....	1.1	.7	1.2	.6	.5	1.3	.4	.5	.6	.9	.2
Vegetables.....	12.0	6.1	5.8	1.6	7.0	15.6	44.5	14.2	7.9	13.5	43.8
Potatoes.....	2.0	3.1	2.0	.9	1.0	4.1	*	5.6	1.7	5.9	11.5
Sweetpotatoes.....	.1	.1	*	*	.1	.1	2.6	.1	*	.1	.3
Dark green and deep yellow 2/.....	1.0	.2	.4	*	1.3	1.7	26.5	.7	.8	.6	5.9
Other green 3/.....	3.3	.8	1.5	.1	1.9	4.5	4.8	3.6	2.4	2.1	9.3
Tomatoes.....	2.0	.6	.7	.1	.5	1.9	8.8	2.1	1.1	2.8	9.6
Other vegetables.....	3.2	1.1	1.0	.3	2.0	2.8	1.4	1.7	1.5	1.6	6.8
Mixtures and soups.....	.5	.2	.3	.1	.3	.4	.3	.4	.3	.4	.5
Fruits.....	7.5	4.0	1.3	.5	2.8	5.3	6.6	5.6	2.5	3.4	46.8
Citrus.....	2.2	1.1	.5	.1	1.3	1.3	1.0	3.0	.6	.8	34.8
Dried.....	.3	.4	.1	*	.3	.9	.5	.3	.2	.3	.1
Other.....	5.1	2.5	.6	.4	1.3	3.1	5.1	2.3	1.7	2.3	11.9
Grain products 4/.....	10.0	24.0	20.0	5.7	13.1	26.1	.5	37.5	15.4	27.3	.1
Enriched, restored, or whole grain.....	6.4	17.6	15.8	3.2	10.3	23.2	*	35.2	13.8	24.8	.0
Not enriched, restored, or whole grain..	2.9	5.9	3.8	2.2	2.4	2.6	.4	2.2	1.5	2.2	.0
Mixtures and soups.....	.6	.4	.3	.4	.3	.2	.1	.1	.1	.2	.1
Fats and oils.....	4.0	13.8	.3	31.0	.6	.4	10.8	.2	.1	.0	.0
Butter and margarine.....	2.0	5.6	.1	12.7	.4	.0	10.5	.0	.0	.0	.0
Other (including salad dressings).....	1.9	8.2	.1	18.2	.1	.4	.2	.2	.1	.0	.0
Sugars and sweets 5/.....	5.0	9.7	.6	1.0	1.5	2.7	.1	.4	1.0	.4	.7
Sugars, sirups, jellies, candy.....	3.5	8.7	.4	1.0	1.4	2.7	.1	.4	.9	.4	.7
Soft drinks, beverage and dessert powders	1.5	1.1	.2	*	.1	*	*	*	.1	*	.0
Miscellaneous foods.....	9.2	.2	.2	.4	.2	1.1	.1	1.2	.8	.9	*
Plate or box meals.....	*	*	*	*	*	*	.1	*	*	*	*
Other with some nutritive value 6/.....	.3	.2	.2	.4	.2	1.1	*	1.2	.8	.8	.0
Other with no nutritive value 7/.....	8.8	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

See footnotes at end of table.

Table 6.--DIVISION OF HOUSEHOLD FOOD DOLLAR AND CONTRIBUTION  
OF FOOD GROUPS TO NUTRITIVE VALUE OF DIETS (continued)

WEST

RURAL FARM  
Food from all sources

Percentage of total money value of and of total nutritive value from foods used at home in a week, April-June 1955; food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons

Food group	Money value	Food energy	Protein	Fat	Calcium	Iron	Vitamin A value	Thiamine 1/	Riboflavin 1/	Niacin 1/	Ascorbic acid 1/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All food groups.....	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0	100.0
Milk, cream, ice cream, cheese.....	18.3	17.5	25.7	22.7	70.4	3.3	16.7	15.1	48.8	4.0	8.7
Milk, fresh and processed.....	12.3	13.2	20.6	15.5	60.5	2.4	11.4	14.0	43.6	3.7	8.3
Cream and ice cream.....	3.9	2.6	1.2	4.5	3.3	.2	3.2	.9	2.4	.2	.4
Cheese.....	2.1	1.7	3.8	2.7	6.5	.7	2.1	.2	2.7	.1	.0
Meat, poultry, fish, eggs, dry beans, nuts	36.1	24.0	45.8	38.2	7.1	43.1	26.1	23.8	23.9	48.5	1.3
Meat, poultry, fish.....	27.4	15.4	33.3	24.5	2.5	28.0	17.5	15.9	14.8	42.3	1.0
Bacon, salt pork.....	2.0	3.3	1.4	7.1	.2	.7	*	1.8	.8	1.7	.0
Eggs.....	5.2	3.2	7.6	4.7	2.8	9.5	8.3	3.4	7.0	.3	.0
Dry beans and other legumes.....	.4	1.1	2.1	.1	1.2	3.8	*	1.9	.9	1.1	.3
Nuts, peanut butter.....	.6	.8	.9	1.4	.3	.5	*	.6	.2	2.6	*
Mixtures and soups.....	.5	.3	.5	.3	.1	.4	.3	.2	.2	.4	.1
Vegetables.....	11.2	5.9	5.9	1.2	6.1	15.9	40.9	15.1	7.8	14.4	43.1
Potatoes.....	2.2	3.2	2.2	.6	1.0	4.5	*	6.2	1.8	6.6	12.6
Sweetpotatoes.....	*	*	*	*	*	*	.8	*	*	*	.1
Dark green and deep yellow 2/.....	1.0	.3	.4	.1	1.2	1.7	26.2	.7	.7	.6	4.4
Other green 3/.....	3.0	.8	1.8	.1	1.9	5.2	5.8	4.7	3.0	2.9	12.3
Tomatoes.....	1.7	.5	.5	.1	.4	1.6	6.5	1.8	.8	2.4	7.6
Other vegetables.....	2.8	1.0	.9	.2	1.4	2.6	1.1	1.3	1.2	1.5	5.7
Mixtures and soups.....	.4	.2	.2	.1	.2	.3	.5	.4	.3	.3	.3
Fruits.....	8.4	4.3	1.3	.6	2.7	5.5	6.0	5.6	2.3	3.7	45.9
Citrus.....	2.3	1.1	.5	.1	1.2	1.3	.9	3.1	.6	.9	34.3
Dried.....	.2	.4	.1	*	.3	.8	.2	.3	.2	.2	*
Other.....	5.9	2.9	.7	.5	1.3	3.4	4.8	2.2	1.5	2.6	11.5
Grain products 4/.....	10.0	23.7	20.2	5.2	11.9	27.7	.4	37.7	15.3	28.1	.1
Enriched, restored, or whole grain.....	6.4	17.6	16.0	2.9	9.5	24.9	.1	35.5	13.9	25.5	*
Not enriched, restored, or whole grain..	3.1	5.8	4.0	2.1	2.2	2.7	.3	2.0	1.3	2.4	*
Mixtures and soups.....	.4	.3	.2	.2	.2	.1	.1	.1	.1	.1	.1
Fats and oils.....	4.8	13.4	.3	31.2	.5	.4	9.8	.2	.1	.0	.0
Butter and margarine.....	2.8	5.6	.1	13.2	.4	.0	9.6	.0	.0	.0	.0
Other (including salad dressings).....	2.0	7.8	.1	18.0	.1	.4	.3	.2	.1	.0	.0
Sugars and sweets 5/.....	4.8	10.8	.6	.5	1.1	2.9	.1	.3	.6	.3	.9
Sugars, sirups, jellies, candy.....	3.5	9.8	.2	.5	1.0	2.9	.1	.3	.5	.3	.8
Soft drinks, beverage and dessert powders	1.3	1.0	.4	*	.1	*	*	*	.1	*	.1
Miscellaneous foods.....	6.4	.3	.3	.5	.2	1.3	*	2.2	1.1	1.1	.0
Plate or box meals.....	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
Other with some nutritive value 6/.....	.5	.3	.3	.5	.2	1.3	*	2.2	1.1	1.1	.0
Other with no nutritive value 7/.....	5.9	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

See footnotes at end of table.



Table 6.--DIVISION OF HOUSEHOLD FOOD DOLLAR AND CONTRIBUTION  
OF FOOD GROUPS TO NUTRITIVE VALUE OF DIETS (continued)

WEST

RURAL FARM  
Home-produced food

Percentage of total money value of and of total nutritive value from foods used at home in a week, April-June 1955; food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons

Food group	Money value	Food energy	Protein	Fat	Calcium	Iron	Vitamin A value	Thiamine 1/	Riboflavin 1/	Niacin 1/	Ascorbic acid 1/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All food groups .....	33.2	25.0	39.4	34.0	49.3	27.5	37.4	23.9	46.5	30.1	21.6
Milk, cream, ice cream, cheese .....	10.8	10.7	15.2	14.0	44.0	1.7	10.2	10.4	31.8	2.7	6.3
Milk, fresh and processed .....	8.7	9.4	14.7	11.2	43.0	1.6	8.1	10.2	31.0	2.7	6.1
Cream and ice cream .....	2.0	1.3	.3	2.8	1.0	*	2.0	.2	.7	.1	.1
Cheese .....	.1	*	.1	.1	.1	*	*	*	.1	*	.0
Meat, poultry, fish, eggs, dry beans, nuts	17.8	10.1	22.6	15.9	3.0	20.8	14.3	9.2	12.1	23.7	.5
Meat, poultry, fish .....	14.0	7.1	16.9	10.8	.9	13.8	8.7	6.2	7.0	22.9	.5
Bacon, salt pork .....	.4	.8	.3	1.7	*	.2	*	.5	.2	.4	.0
Eggs .....	3.4	2.2	5.2	3.2	1.9	6.5	5.6	2.3	4.8	.2	.0
Dry beans and other legumes .....	*	.1	.1	*	.1	.2	.0	.1	.1	.1	*
Nuts, peanut butter .....	.1	.1	.1	.1	*	*	*	.1	*	.1	*
Mixtures and soups .....	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
Vegetables .....	1.8	1.0	1.2	.1	1.5	3.7	10.4	3.3	2.1	2.9	9.7
Potatoes .....	.3	.5	.3	*	.2	.7	.0	1.0	.3	1.0	2.0
Sweetpotatoes .....	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
Dark green and deep yellow 2/ .....	.2	.1	.1	*	.4	.5	7.2	.2	.2	.1	1.1
Other green 3/ .....	.4	.2	.5	*	.5	1.6	2.6	1.7	1.3	1.3	4.8
Tomatoes .....	.2	*	*	*	*	.1	.4	.1	.1	.2	.6
Other vegetables .....	.7	.3	.2	*	.3	.8	.2	.3	.3	.3	1.3
Mixtures and soups .....	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0
Fruits .....	1.5	.7	.2	.1	.4	.9	.9	.6	.3	.5	4.7
Grain products 4/ .....	.2	.3	.2	.1	.2	.2	*	.3	.1	.2	*
Fats and oils .....	1.1	1.6	*	3.8	.1	.0	1.6	.0	.0	.0	.0
Butter and margarine .....	.6	.9	*	2.1	.1	.0	1.5	.0	.0	.0	.0
Other (mostly lard) .....	.1	.7	.0	1.7	.0	.0	.1	.0	.0	.0	.0
Sugars and sweets 5/ .....	.5	.6	*	*	.1	.2	*	.1	.1	.1	.4
Miscellaneous foods .....	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0	.0

\* Less than 0.05 percent.

1/ Cooking losses deducted.

2/ Spinach and other dark, leafy greens, broccoli, green peppers, carrots, pumpkin, winter squash, etc.

3/ Green lima and snap beans, green peas, asparagus, cabbage, lettuce, okra, etc.

4/ Includes all ingredients of purchased baked goods and of flour mixtures and soup, chiefly grain.

5/ Includes all ingredients of jellies, jams, and preserves, and of prepared desserts such as puddings and gelatin desserts.

6/ Includes yeast, plain chocolate, cocoa.

7/ Includes such items as alcoholic beverages, coffee, tea, baking powder, condiments, for which no nutritive values were calculated.

Percentages may not add to totals because of rounding.

Table 7.--FOOD ENERGY, FAT

WEST

BY URBANIZATION

Distribution of households using food at home in a week, April-June 1955, that furnished specified quantities of food energy per nutrition unit per day and of fat per 100 calories (percentages based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Food energy, in calories							Fat, in grams per 100 calories						
	All households	Under 3,000	3,000- 3,499	3,500- 3,999	4,000- 4,999	5,000- 5,999	6,000 and over	All households	Under 3.00	3.00- 3.99	4.00- 4.49	4.50- 4.99	5.00- 5.99	6.00 and over
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
(1)	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
ALL URBANIZATIONS														
All households .....	100	10	10	16	29	17	17	100	1	5	15	26	44	8
1-person households .....	100	25	6	2	24	15	27	100	4	10	22	7	41	16
Households of 2 or more persons ..	100	9	11	18	30	17	16	100	*	5	15	29	44	8
Under 2,000 .....	100	15	8	19	33	10	15	100	0	17	10	30	37	6
Under 1,000 .....	100	0	0	50	28	6	17	100	0	3	25	39	33	0
1,000-1,999 .....	100	19	11	9	35	11	15	100	0	22	5	27	38	8
2,000-2,999 .....	100	14	10	19	26	16	14	100	4	2	16	27	41	10
3,000-3,999 .....	100	8	10	18	36	12	16	100	*	4	17	36	38	5
4,000-4,999 .....	100	3	9	22	30	22	14	100	0	3	17	31	43	6
5,000-5,999 .....	100	10	16	9	33	20	12	100	0	3	15	33	46	4
6,000-7,999 .....	100	4	10	26	22	24	14	100	0	6	14	21	52	6
8,000-9,999 .....	100	13	9	21	23	23	11	100	0	1	15	20	54	10
10,000 and over .....	100	9	4	12	34	18	24	100	0	3	6	20	56	15
Not classified .....	100	13	17	10	24	11	25	100	0	4	15	25	42	15
NONFARM (URBAN AND RURAL NONFARM)														
All households .....	100	11	10	16	29	17	17	100	1	5	15	26	45	9
1-person households .....	100	27	6	2	24	14	27	100	4	10	22	6	41	16
Households of 2 or more persons ..	100	9	11	18	30	17	15	100	*	4	15	28	45	8
Under 2,000 .....	100	17	10	20	33	7	13	100	0	17	10	27	40	7
Under 1,000 .....	100	0	0	67	17	0	17	100	0	0	33	33	33	0
1,000-1,999 .....	100	21	13	8	38	8	13	100	0	21	4	25	42	8
2,000-2,999 .....	100	15	11	19	26	17	13	100	4	2	15	26	43	11
3,000-3,999 .....	100	8	10	18	37	11	16	100	0	4	16	37	38	4
4,000-4,999 .....	100	4	8	22	29	22	14	100	0	2	18	31	44	6
5,000-5,999 .....	100	10	17	8	34	19	12	100	0	2	15	32	47	3
6,000-7,999 .....	100	4	10	27	20	24	14	100	0	6	14	20	53	6
8,000-9,999 .....	100	14	10	19	24	24	10	100	0	0	14	19	57	10
10,000 and over .....	100	9	3	12	33	18	24	100	0	3	6	18	58	15
Not classified .....	100	14	16	12	26	9	23	100	0	5	14	26	40	16
URBAN														
All households .....	100	12	11	16	28	16	16	100	1	4	16	25	44	8
1-person households .....	100	32	5	2	15	15	32	100	5	12	27	7	34	15
Households of 2 or more persons ..	100	10	12	18	30	16	14	100	1	4	15	28	46	8
Under 2,000 .....	100	21	21	7	29	7	14	100	0	7	7	43	43	0
2,000-2,999 .....	100	17	10	23	30	17	3	100	7	3	17	23	43	7
3,000-3,999 .....	100	11	9	17	38	13	13	100	0	4	17	36	38	4
4,000-4,999 .....	100	5	11	21	32	17	15	100	0	3	18	27	44	8
5,000-5,999 .....	100	10	17	8	33	19	13	100	0	0	15	31	50	4
6,000-7,999 .....	100	5	12	24	19	29	12	100	0	7	17	21	48	7
8,000-9,999 .....	100	17	11	22	22	17	11	100	0	0	11	22	56	11
10,000 and over .....	100	10	3	13	35	16	23	100	0	3	6	19	58	13
Not classified .....	100	14	19	11	25	8	22	100	0	6	14	25	39	17

See footnotes at end of table.

Table 7.--FOOD ENERGY, FAT (continued)

WEST

BY URBANIZATION

Distribution of households using food at home in a week, April-June 1955, that furnished specified quantities of food energy per nutrition unit per day and of fat per 100 calories (percentages based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Food energy, in calories							Fat, in grams per 100 calories						
	All households	Under 3,000	3,000- 3,499	3,500- 3,999	4,000- 4,999	5,000- 5,999	6,000 and over	All households	Under 3.00	3.00- 3.99	4.00- 4.49	4.50- 4.99	5.00- 5.99	6.00 and over
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
RURAL NONFARM														
All households .....	100	6	7	16	33	19	18	100	0	5	12	27	46	9
1-person households .....	100	0	13	0	75	13	0	100	0	0	0	0	75	25
Households of 2 or more persons ..	100	7	7	18	29	20	20	100	0	6	13	29	44	8
Under 2,000 .....	100	20	0	10	50	10	10	100	0	40	0	0	40	20
2,000-3,999 .....	100	7	12	16	28	12	26	100	0	2	14	35	40	9
4,000-5,999 .....	100	3	7	20	27	33	10	100	0	3	17	40	40	0
6,000 and over .....	100	0	0	25	25	25	25	100	0	0	8	8	75	8
Not classified .....	100	14	0	14	29	14	29	100	0	0	14	29	43	14
RURAL FARM														
All households .....	100	3	10	15	28	21	23	100	1	10	17	35	31	5
1-person households .....	100	0	13	0	13	38	38	100	0	13	13	25	50	0
Households of 2 or more persons ..	100	4	10	15	29	20	22	100	1	10	18	36	30	6
Under 2,000 .....	100	7	0	13	33	23	23	100	0	20	10	43	23	3
2,000-3,999 .....	100	8	8	18	29	13	24	100	3	0	29	34	26	8
4,000-5,999 .....	100	0	15	21	29	24	12	100	0	18	12	35	29	6
6,000 and over .....	100	0	10	20	40	15	15	100	0	10	15	45	20	10
Not classified .....	100	0	20	0	10	30	40	100	0	0	20	20	60	0

\* Less than 0.5 percent.

Percentages may not add to totals due to rounding.



Table 8.--PROTEIN, CALCIUM

WEST

BY URBANIZATION

Distribution of households using food at home in a week, April-June 1955, that furnished specified quantities of protein and of calcium per nutrition unit per day (percentages based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Protein, in grams							Calcium, in grams						
	All households	Under 50	50- 74	75- 99	100- 124	125- 149	150 and over	All households	Under 0.40	0.40- 0.59	0.60- 0.79	0.80- 0.99	1.00- 1.39	1.40 and over
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
(1)	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
ALL URBANIZATIONS														
All households .....	100	1	4	16	25	23	31	100	3	7	16	19	32	23
1-person households .....	100	6	6	16	16	23	33	100	12	14	14	5	22	34
Households of 2 or more persons ..	100	*	4	16	26	23	31	100	2	6	16	21	33	22
Under 2,000 .....	100	3	12	19	31	12	23	100	5	9	21	14	29	22
Under 1,000 .....	100	0	11	11	39	19	19	100	11	0	11	19	42	17
1,000-1,999 .....	100	4	12	22	28	10	25	100	4	11	25	12	25	24
2,000-2,999 .....	100	0	10	20	32	17	20	100	4	11	12	22	29	21
3,000-3,999 .....	100	0	2	15	33	21	29	100	2	7	20	21	29	21
4,000-4,999 .....	100	0	2	16	22	30	30	100	1	5	17	25	30	21
5,000-5,999 .....	100	0	3	13	31	26	27	100	3	6	16	22	37	15
6,000-7,999 .....	100	0	2	16	23	27	32	100	2	4	14	16	38	26
8,000-9,999 .....	100	0	0	22	16	27	34	100	0	1	5	22	57	14
10,000 and over .....	100	0	0	9	17	21	54	100	0	3	15	15	44	24
Not classified .....	100	2	6	14	22	17	39	100	2	9	16	21	19	33
NONFARM (URBAN AND RURAL NONFARM)														
All households .....	100	1	4	16	26	22	31	100	3	7	16	20	31	23
1-person households .....	100	6	6	16	16	22	33	100	12	14	14	4	20	35
Households of 2 or more persons ..	100	*	4	16	27	22	31	100	2	6	16	21	32	22
Under 2,000 .....	100	3	13	23	33	7	20	100	7	10	23	13	27	20
Under 1,000 .....	100	0	17	17	50	0	17	100	17	0	17	17	33	17
1,000-1,999 .....	100	4	13	25	29	8	21	100	4	13	25	13	25	21
2,000-2,999 .....	100	0	11	19	34	17	19	100	4	11	11	23	30	21
3,000-3,999 .....	100	0	1	15	34	21	29	100	1	7	21	22	29	21
4,000-4,999 .....	100	0	2	15	22	29	31	100	1	5	18	26	31	20
5,000-5,999 .....	100	0	3	14	32	24	27	100	3	7	17	22	36	15
6,000-7,999 .....	100	0	2	16	22	27	33	100	2	4	14	16	37	27
8,000-9,999 .....	100	0	0	24	14	29	33	100	0	0	5	24	57	14
10,000 and over .....	100	0	0	9	15	21	55	100	0	3	15	15	42	24
Not classified .....	100	2	7	14	23	16	37	100	2	9	16	23	16	33
URBAN														
All households .....	100	1	5	17	26	22	29	100	4	8	16	19	32	21
1-person households .....	100	7	7	20	12	22	32	100	12	17	15	2	22	32
Households of 2 or more persons ..	100	1	5	16	28	22	29	100	3	7	16	21	34	20
Under 2,000 .....	100	7	14	21	29	7	21	100	7	14	14	14	29	21
2,000-2,999 .....	100	0	13	23	37	13	13	100	7	10	13	23	37	10
3,000-3,999 .....	100	0	2	13	43	17	26	100	0	11	17	28	30	15
4,000-4,999 .....	100	0	3	18	24	29	26	100	2	6	18	20	35	20
5,000-5,999 .....	100	0	4	10	31	25	29	100	4	6	17	25	31	17
6,000-7,999 .....	100	0	2	19	19	29	31	100	2	2	14	17	36	29
8,000-9,999 .....	100	0	0	28	17	28	28	100	0	0	6	22	61	11
10,000 and over .....	100	0	0	10	16	23	52	100	0	3	16	16	42	23
Not classified .....	100	3	8	14	22	17	36	100	3	8	19	22	17	31

See footnotes at end of table.

Table 8.--PROTEIN, CALCIUM (continued)

WEST

BY URBANIZATION

Distribution of households using food at home in a week, April-June 1955, that furnished specified quantities of protein and of calcium per nutrition unit per day (percentages based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)  (1)	Protein, in grams							Calcium, in grams						
	All households	Under 50	50- 74	75- 99	100- 124	125- 149	150 and over	All households	Under 0.40	0.40- 0.59	0.60- 0.79	0.80- 0.99	1.00- 1.39	1.40 and over
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
RURAL NONFARM														
All households .....	100	0	2	14	25	23	36	100	2	5	17	21	25	29
1-person households .....	100	0	0	0	38	25	38	100	13	0	13	13	13	50
Households of 2 or more persons ..	100	0	2	15	25	23	36	100	1	5	18	22	26	27
Under 2,000 .....	100	0	10	30	30	10	20	100	0	10	40	10	20	20
2,000-3,999 .....	100	0	2	16	23	26	33	100	2	5	19	16	23	35
4,000-5,999 .....	100	0	0	13	23	27	37	100	0	3	17	33	30	17
6,000 and over .....	100	0	0	0	25	17	58	100	0	8	8	17	42	25
Not classified .....	100	0	0	14	29	14	43	100	0	14	0	29	14	43
RURAL FARM														
All households .....	100	0	3	12	19	31	35	100	2	7	11	13	41	27
1-person households .....	100	0	0	13	13	25	50	100	0	0	0	25	50	25
Households of 2 or more persons ..	100	0	4	12	20	31	34	100	2	8	11	12	40	27
Under 2,000 .....	100	0	7	3	20	33	37	100	0	3	13	17	37	30
2,000-3,999 .....	100	0	8	21	16	18	37	100	8	11	16	11	32	24
4,000-5,999 .....	100	0	0	15	9	53	24	100	0	9	6	18	38	29
6,000 and over .....	100	0	0	0	50	25	25	100	0	10	10	5	65	10
Not classified .....	100	0	0	15	15	20	50	100	0	5	10	5	40	40

\* Less than 0.5 percent.

Percentages may not add to totals due to rounding.

Table 9.--IRON, VITAMIN A VALUE

WEST

BY URBANIZATION

Distribution of households using food at home in a week, April-June 1955, that furnished specified quantities of iron and of vitamin A value per nutrition unit per day (percentages based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Iron, in milligrams							Vitamin A value, in International Units							
	All households	Under 8.0	8.0- 11.9	12.0- 15.9	16.0- 19.9	20.0- 23.9	24.0 and over	All households	Under 2,500	2,500- 4,999	5,000- 7,499	7,500- 9,999	10,000- 14,999	15,000 and over	
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
ALL URBANIZATIONS															
All households .....	100	1	5	19	26	21	27	100	1	10	19	20	27	24	
1-person households .....	100	6	4	28	20	19	24	100	2	12	11	8	27	40	
Households of 2 or more persons ..	100	1	5	18	27	22	27	100	1	9	20	21	26	23	
Under 2,000 .....	100	3	11	23	30	11	22	100	3	16	15	19	29	18	
Under 1,000 .....	100	0	11	22	31	11	25	100	0	11	14	19	39	17	
1,000-1,999 .....	100	4	11	24	30	11	21	100	4	18	16	19	25	18	
2,000-2,999 .....	100	0	2	23	33	15	26	100	2	10	17	15	34	21	
3,000-3,999 .....	100	0	4	18	27	21	30	100	*	13	15	26	25	20	
4,000-4,999 .....	100	1	6	13	31	25	24	100	0	8	31	19	21	21	
5,000-5,999 .....	100	0	5	23	22	25	24	100	0	11	16	27	25	21	
6,000-7,999 .....	100	0	6	19	22	24	29	100	0	10	18	16	29	27	
8,000-9,999 .....	100	0	9	18	26	13	34	100	0	4	29	15	24	27	
10,000 and over .....	100	3	0	13	21	27	36	100	0	3	13	24	36	24	
Not classified .....	100	2	9	15	29	24	22	100	4	5	18	22	23	28	
NONFARM (URBAN AND RURAL NONFARM)															
All households .....	100	1	6	19	27	21	26	100	1	10	18	20	26	25	
1-person households .....	100	6	4	29	20	18	22	100	2	12	10	8	27	41	
Households of 2 or more persons ..	100	1	6	18	28	22	26	100	1	10	19	21	26	23	
Under 2,000 .....	100	3	13	27	33	7	17	100	3	17	17	20	27	17	
Under 1,000 .....	100	0	17	33	33	0	17	100	0	17	17	17	33	17	
1,000-1,999 .....	100	4	13	25	33	8	17	100	4	17	17	21	25	17	
2,000-2,999 .....	100	0	2	23	34	15	26	100	2	11	17	15	34	21	
3,000-3,999 .....	100	0	4	18	27	21	30	100	0	14	14	27	25	21	
4,000-4,999 .....	100	1	6	13	31	25	25	100	0	8	31	19	21	21	
5,000-5,999 .....	100	0	5	24	22	25	24	100	0	12	15	27	24	22	
6,000-7,999 .....	100	0	6	18	22	24	29	100	0	10	18	16	29	27	
8,000-9,999 .....	100	0	10	19	24	14	33	100	0	5	29	14	24	29	
10,000 and over .....	100	3	0	12	21	27	36	100	0	3	12	24	36	24	
Not classified .....	100	2	9	14	30	26	19	100	5	5	19	23	21	28	
URBAN															
All households .....	100	2	7	21	25	21	24	100	1	10	17	20	26	27	
1-person households .....	100	7	5	32	17	15	24	100	2	12	7	7	24	46	
Households of 2 or more persons ..	100	1	7	20	26	22	24	100	1	9	18	21	26	25	
Under 2,000 .....	100	0	21	36	21	14	7	100	0	21	14	14	29	21	
2,000-2,999 .....	100	0	3	27	37	13	20	100	3	10	17	13	27	30	
3,000-3,999 .....	100	0	4	19	26	19	32	100	0	11	15	30	23	21	
4,000-4,999 .....	100	2	8	15	30	24	21	100	0	9	29	18	20	24	
5,000-5,999 .....	100	0	6	21	21	27	25	100	0	13	13	29	25	21	
6,000-7,999 .....	100	0	7	21	17	26	29	100	0	10	14	17	31	29	
8,000-9,999 .....	100	0	11	22	28	11	28	100	0	6	28	11	28	28	
10,000 and over .....	100	3	0	13	23	29	32	100	0	3	13	23	39	23	
Not classified .....	100	3	11	14	33	22	17	100	6	6	14	25	22	28	

See footnotes at end of table.



Table 9.--IRON, VITAMIN A VALUE (continued)

WEST

BY URBANIZATION

Distribution of households using food at home in a week, April-June 1955, that furnished specified quantities of iron and of vitamin A value per nutrition unit per day (percentages based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)  (1)	Iron, in milligrams							Vitamin A value, in International Units						
	All households  (2)	Under 8.0  (3)	8.0- 11.9  (4)	12.0- 15.9  (5)	16.0- 19.9  (6)	20.0- 23.9  (7)	24.0 and over  (8)	All households  (9)	Under 2,500  (10)	2,500- 4,999  (11)	5,000- 7,499  (12)	7,500- 9,999  (13)	10,000- 14,999  (14)	15,000 and over  (15)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
RURAL NONFARM														
All households .....	100	1	1	14	32	22	31	100	1	11	25	21	26	16
1-person households .....	100	0	0	13	38	38	13	100	0	13	25	13	38	13
Households of 2 or more persons ..	100	1	1	14	31	21	32	100	1	11	25	22	25	17
Under 2,000 .....	100	10	0	10	50	0	30	100	10	10	20	30	20	10
2,000-3,999 ...	100	0	2	16	30	21	30	100	0	16	14	21	35	14
4,000-5,999 ...	100	0	0	17	30	23	30	100	0	7	33	20	23	17
6,000 and over .....	100	0	0	0	33	17	50	100	0	8	33	25	8	25
Not classified .....	100	0	0	14	14	43	29	100	0	0	43	14	14	29
RURAL FARM														
All households .....	100	0	3	17	22	22	37	100	1	5	24	16	35	19
1-person households .....	100	0	0	13	0	25	63	100	0	0	25	13	50	13
Households of 2 or more persons ..	100	0	3	17	23	22	35	100	1	6	24	16	34	20
Under 2,000 .....	100	0	3	10	17	27	43	100	0	13	10	17	37	23
2,000-3,999 .....	100	0	5	18	18	26	32	100	3	5	32	16	29	16
4,000-5,999 .....	100	0	0	18	32	26	24	100	0	0	35	18	32	15
6,000 and over .....	100	0	0	20	35	10	35	100	0	0	20	20	35	25
Not classified .....	100	0	5	20	15	10	50	100	0	10	15	10	40	25

\* Less than 0.5 percent.

Percentages may not add to totals due to rounding.

Table 10.--THIAMINE, RIBOFLAVIN

WEST

BY URBANIZATION

Distribution of households using food at home in a week, April-June 1955, that furnished specified quantities of thiamine and of riboflavin per nutrition unit per day (percentages based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)  (1)	Thiamine, in milligrams <u>1</u> /							Riboflavin, in milligrams <u>1</u> /						
	All households	Under 1.00	1.00- 1.49	1.50- 1.99	2.00- 2.49	2.50- 2.99	3.00 and over	All households	Under 1.50	1.50- 1.89	1.90- 2.29	2.30- 2.69	2.70- 3.49	3.50 and over
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
<b>ALL URBANIZATIONS</b>														
All households .....	100	3	14	30	26	14	13	100	6	9	13	17	31	23
1-person households .....	100	10	24	8	11	18	29	100	14	10	10	8	27	30
Households of 2 or more persons ..	100	2	13	32	28	14	12	100	5	9	14	18	32	22
Under 2,000 .....	100	3	17	23	33	15	9	100	11	12	17	13	26	20
Under 1,000 .....	100	0	11	36	33	6	14	100	11	0	22	19	28	19
1,000-1,999 .....	100	4	19	19	32	18	8	100	11	16	16	11	25	20
2,000-2,999 .....	100	2	14	45	15	13	10	100	6	11	14	16	37	15
3,000-3,999 .....	100	*	13	33	23	15	16	100	6	5	17	20	25	27
4,000-4,999 .....	100	2	11	35	30	13	8	100	4	10	15	21	29	21
5,000-5,999 .....	100	0	14	32	36	10	8	100	8	6	13	25	30	17
6,000-7,999 .....	100	2	4	33	31	20	10	100	4	6	8	17	42	22
8,000-9,999 .....	100	0	22	30	24	11	13	100	0	10	18	23	23	26
10,000 and over .....	100	3	9	20	33	18	18	100	0	9	9	12	46	24
Not classified .....	100	4	15	27	25	13	16	100	4	16	8	13	32	27
<b>NONFARM (URBAN AND RURAL NONFARM)</b>														
All households .....	100	3	14	30	26	14	13	100	6	9	14	18	31	22
1-person households .....	100	10	24	8	10	18	29	100	14	10	10	8	27	31
Households of 2 or more persons ..	100	2	13	33	28	14	11	100	5	9	14	19	32	21
Under 2,000 .....	100	3	20	23	33	13	7	100	13	13	20	13	23	17
Under 1,000 .....	100	0	17	33	33	0	17	100	17	0	33	17	17	17
1,000-1,999 .....	100	4	21	21	33	17	4	100	13	17	17	13	25	17
2,000-2,999 .....	100	2	15	47	15	13	9	100	6	11	15	17	36	15
3,000-3,999 .....	100	0	12	34	22	15	16	100	5	4	18	21	25	27
4,000-4,999 .....	100	2	11	35	31	13	8	100	4	11	15	21	29	20
5,000-5,999 .....	100	0	15	32	36	8	8	100	8	7	14	25	29	17
6,000-7,999 .....	100	2	4	33	31	20	10	100	4	6	8	16	43	22
8,000-9,999 .....	100	0	24	29	24	10	14	100	0	10	19	24	24	24
10,000 and over .....	100	3	9	18	33	18	18	100	0	9	9	12	45	24
Not classified .....	100	5	16	28	26	12	14	100	5	16	9	14	33	23
<b>URBAN</b>														
All households .....	100	3	17	28	26	13	12	100	7	10	15	17	30	21
1-person households .....	100	12	29	2	10	15	32	100	15	12	10	7	22	34
Households of 2 or more persons ..	100	2	15	32	28	13	10	100	6	9	16	18	31	20
Under 2,000 .....	100	0	36	29	14	21	0	100	14	21	21	7	14	21
2,000-2,999 .....	100	3	20	50	13	7	7	100	10	10	20	17	30	13
3,000-3,999 .....	100	0	13	34	26	17	11	100	6	4	15	23	28	23
4,000-4,999 .....	100	3	14	33	29	12	9	100	5	11	18	21	27	18
5,000-5,999 .....	100	0	17	31	38	6	8	100	8	8	17	21	31	15
6,000-7,999 .....	100	2	5	29	36	19	10	100	5	5	10	14	43	24
8,000-9,999 .....	100	0	26	28	22	11	11	100	0	11	22	22	22	22
10,000 and over .....	100	3	10	19	35	16	16	100	0	10	10	13	45	23
Not classified .....	100	6	17	28	25	14	11	100	6	17	11	14	31	22

See footnotes at end of table.

Table 10.--THIAMINE, RIBOFLAVIN (continued)

WEST

BY URBANIZATION

Distribution of households using food at home in a week, April-June 1955, that furnished specified quantities of thiamine and of riboflavin per nutrition unit per day (percentages based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Thiamine, in milligrams <sup>1/</sup>							Riboflavin, in milligrams <sup>1/</sup>						
	All Households	Under 1.00	1.00- 1.49	1.50- 1.99	2.00- 2.49	2.50- 2.99	3.00 and over	All households	Under 1.50	1.50- 1.89	1.90- 2.29	2.30- 2.69	2.70- 3.49	3.50 and over
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
<b>RURAL NONFARM</b>														
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All households .....	100	1	5	35	25	17	16	100	4	7	9	21	35	25
1-person households .....	100	0	0	38	13	38	13	100	13	0	13	13	50	13
Households of 2 or more persons ..	100	1	6	35	25	16	17	100	3	8	9	22	33	25
Under 2,000 .....	100	10	0	10	60	10	10	100	10	10	10	20	40	10
2,000-3,999 .....	100	0	9	37	16	16	21	100	2	7	16	16	30	28
4,000-5,999 .....	100	0	3	40	33	17	7	100	3	7	3	30	30	27
6,000 and over .....	100	0	0	42	8	25	25	100	0	8	0	25	42	25
Not classified .....	100	0	14	29	29	0	29	100	0	14	0	14	43	29
<b>RURAL FARM</b>														
All households .....	100	1	7	27	30	18	17	100	4	9	7	13	33	34
1-person households .....	100	0	0	13	38	13	38	100	0	13	0	13	50	25
Households of 2 or more persons ..	100	1	7	28	30	18	16	100	4	9	7	13	32	35
Under 2,000 .....	100	0	7	23	30	20	20	100	3	7	7	13	37	33
2,000-3,999 .....	100	3	13	21	29	16	18	100	8	16	11	11	32	24
4,000-5,999 .....	100	0	6	32	32	21	9	100	6	3	9	18	29	35
6,000 and over .....	100	0	0	50	35	15	0	100	0	5	5	20	35	35
Not classified .....	100	0	5	20	20	20	35	100	0	15	0	5	25	55

\* Less than 0.5 percent.

<sup>1/</sup> Cooking losses deducted.

Percentages may not add to totals due to rounding.



Distribution of households using food at home in a week, April-June 1955, that furnished specified quantities of niacin and of ascorbic acid per nutrition unit per day (percentages based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)  (1)	Niacin, in milligrams 1/							Ascorbic acid, in milligrams 1/						
	All households	Under 10.0	10.0- 14.9	15.0- 19.9	20.0- 24.9	25.0- 29.9	30.0 and over	All households	Under 25	25- 49	50- 74	75- 99	100- 149	150 and over
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
<b>ALL URBANIZATIONS</b>														
All households .....	100	1	5	15	22	21	36	100	1	7	15	18	29	30
1-person households .....	100	2	8	10	18	18	44	100	4	8	17	17	21	34
Households of 2 or more persons ..	100	*	5	15	23	21	36	100	*	7	15	18	30	30
Under 2,000 .....	100	3	9	13	28	19	28	100	0	11	21	16	31	21
Under 1,000 .....	100	0	11	6	36	17	31	100	0	0	17	17	58	8
1,000-1,999 .....	100	4	9	16	25	19	27	100	0	15	22	16	23	25
2,000-2,999 .....	100	0	6	29	23	11	30	100	2	15	17	24	19	22
3,000-3,999 .....	100	0	3	16	26	21	34	100	0	7	21	21	32	20
4,000-4,999 .....	100	0	7	10	20	27	37	100	1	7	12	26	28	26
5,000-5,999 .....	100	0	3	18	29	13	37	100	0	4	17	17	32	31
6,000-7,999 .....	100	0	6	11	26	17	41	100	0	6	10	10	32	42
8,000-9,999 .....	100	0	4	19	14	32	31	100	0	9	9	12	24	46
10,000 and over .....	100	0	0	7	15	32	45	100	0	3	6	8	39	44
Not classified .....	100	2	6	15	19	20	37	100	0	5	11	17	29	36
<b>NONFARM (URBAN AND RURAL NONFARM)</b>														
All households .....	100	1	6	15	23	20	36	100	1	7	15	18	28	31
1-person households .....	100	2	8	10	18	16	45	100	4	8	16	16	20	35
Households of 2 or more persons ..	100	*	5	15	23	21	35	100	*	7	14	18	29	30
Under 2,000 .....	100	3	10	13	33	17	23	100	0	13	20	17	30	20
Under 1,000 .....	100	0	17	0	50	17	17	100	0	0	17	17	67	0
1,000-1,999 .....	100	4	8	17	29	17	25	100	0	17	21	17	21	25
2,000-2,999 .....	100	0	6	30	23	11	30	100	2	15	17	26	19	21
3,000-3,999 .....	100	0	3	16	26	21	34	100	0	5	22	21	32	21
4,000-4,999 .....	100	0	7	9	19	28	36	100	1	7	12	26	27	27
5,000-5,999 .....	100	0	3	19	29	12	37	100	0	3	17	17	32	31
6,000-7,999 .....	100	0	6	10	27	16	41	100	0	6	10	8	33	43
8,000-9,999 .....	100	0	5	19	14	33	29	100	0	10	10	10	24	48
10,000 and over .....	100	0	0	6	15	33	45	100	0	3	6	6	39	45
Not classified .....	100	2	7	14	21	21	35	100	0	7	9	19	28	37
<b>URBAN</b>														
All households .....	100	1	7	15	22	19	36	100	1	7	13	17	29	33
1-person households .....	100	2	10	12	12	15	49	100	5	7	17	12	22	37
Households of 2 or more persons ..	100	*	7	16	23	20	34	100	1	7	12	18	30	33
Under 2,000 .....	100	0	14	14	36	14	21	100	0	7	14	29	14	36
2,000-2,999 .....	100	0	7	37	23	10	23	100	3	13	17	23	13	30
3,000-3,999 .....	100	0	4	17	23	19	36	100	0	6	19	21	36	17
4,000-4,999 .....	100	0	9	12	20	26	33	100	2	9	9	24	27	29
5,000-5,999 .....	100	0	4	17	27	10	42	100	0	4	19	13	33	31
6,000-7,999 .....	100	0	7	12	26	17	38	100	0	7	10	10	26	48
8,000-9,999 .....	100	0	6	22	17	28	28	100	0	6	11	11	28	44
10,000 and over .....	100	0	0	6	16	35	42	100	0	3	6	6	39	45
Not classified .....	100	3	8	14	22	19	33	100	0	6	6	22	31	36

See footnotes at end of table.

Table 11.--NIACIN, ASCORBIC ACID (continued)

WEST

BY URBANIZATION

Distribution of households using food at home in a week, April-June 1955, that furnished specified quantities of niacin and of ascorbic acid per nutrition unit per day (percentages based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Niacin, in milligrams <sup>1/</sup>							Ascorbic acid, in milligrams <sup>1/</sup>						
	All households	Under 10.0	10.0- 14.9	15.0- 19.9	20.0- 24.9	25.0- 29.9	30.0 and over	All households	Under 25	25- 49	50- 74	75- 99	100- 149	150 and over
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
RURAL NONFARM														
All households .....	100	1	1	12	25	24	37	100	0	9	20	21	27	23
1-person households .....	100	0	0	0	50	25	25	100	0	13	13	38	13	25
Households of 2 or more persons ..	100	1	1	13	24	24	38	100	0	9	21	20	28	23
Under 2,000 .....	100	10	0	20	20	20	30	100	0	30	30	0	30	10
2,000-3,999 .....	100	0	2	16	28	19	35	100	0	9	23	23	26	19
4,000-5,999 .....	100	0	0	10	23	30	37	100	0	0	17	33	27	23
6,000 and over .....	100	0	0	0	17	25	58	100	0	8	8	0	50	33
Not classified .....	100	0	0	14	14	29	43	100	0	14	29	0	14	43
RURAL FARM														
All households .....	100	0	2	18	17	24	39	100	0	7	17	22	33	21
1-person households .....	100	0	0	13	0	63	25	100	0	0	25	38	25	13
Households of 2 or more persons ..	100	0	2	18	18	22	40	100	0	8	17	21	33	21
Under 2,000 .....	100	0	7	13	7	27	47	100	0	3	23	13	37	23
2,000-3,999 .....	100	0	3	18	21	26	32	100	0	21	13	16	26	24
4,000-5,999 .....	100	0	0	15	32	21	32	100	0	6	15	26	38	15
6,000 and over .....	100	0	0	25	15	15	45	100	0	0	5	50	25	20
Not classified .....	100	0	0	25	5	15	55	100	0	0	30	5	40	25

\* Less than 0.5 percent.

<sup>1/</sup> Cooking losses deducted.

Percentages may not add to totals due to rounding.

Table 12.--DIETARY ADEQUACY

WEST

BY URBANIZATION

Percentage of households using food at home in a week, April-June 1955, that did not furnish recommended amounts of 8 nutrients 1/ (percentages based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Protein	Calcium	Iron	Vitamin A value	Thiamine <u>2/</u>	Riboflavin <u>2/</u>	Niacin <u>2/</u>	Ascorbic acid <u>2/</u>
	Under 75 mg.	Under 0.8 gm.	Under 12 mg.	Under 5,000 I.U.	Under 1.5 mg.	Under 1.9 mg.	Under 15 mg.	Under 75 mg.
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
ALL URBANIZATIONS								
All households .....	5	26	7	11	16	15	6	23
1-person households .....	12	39	10	14	33	24	10	28
Households of 2 or more persons ..	4	25	6	10	14	14	5	22
Under 2,000 .....	15	35	14	19	20	23	12	32
Under 1,000 .....	11	22	11	11	11	11	11	17
1,000-1,999 .....	16	39	15	21	23	27	12	37
2,000-2,999 .....	10	27	2	12	16	18	6	34
3,000-3,999 .....	2	29	4	14	13	10	3	23
4,000-4,999 .....	2	23	7	8	13	14	7	20
5,000-5,999 .....	3	26	5	11	14	14	3	20
6,000-7,999 .....	2	20	6	10	6	10	6	16
8,000-9,999 .....	0	7	9	4	22	10	4	18
10,000 and over .....	0	18	3	3	12	9	0	9
Not classified .....	8	27	11	9	19	20	8	18
NONFARM (URBAN AND RURAL NONFARM)								
All households .....	5	27	7	11	17	15	6	23
1-person households .....	12	41	10	14	35	24	10	29
Households of 2 or more persons ..	5	25	7	11	15	14	6	22
Under 2,000 .....	17	40	17	20	23	27	13	33
Under 1,000 .....	17	33	17	17	17	17	17	17
1,000-1,999 .....	17	42	17	21	25	29	13	38
2,000-2,999 .....	11	26	2	13	17	17	6	34
3,000-3,999 .....	1	29	4	14	12	10	3	27
4,000-4,999 .....	2	24	7	8	13	14	7	20
5,000-5,999 .....	3	27	5	12	15	15	3	20
6,000-7,999 .....	2	20	6	10	6	10	6	16
8,000-9,999 .....	0	5	10	5	24	10	5	19
10,000 and over .....	0	18	3	3	12	9	0	9
Not classified .....	9	28	12	9	21	21	9	16
URBAN								
All households .....	6	27	8	11	20	17	7	21
1-person households .....	15	44	12	15	41	27	12	29
Households of 2 or more persons ..	5	25	8	10	17	15	7	20
Under 2,000 .....	21	36	21	21	36	36	14	21
2,000-2,999 .....	13	30	3	13	23	20	7	33
3,000-3,999 .....	2	28	4	11	13	11	4	26
4,000-4,999 .....	3	26	9	9	17	15	9	20
5,000-5,999 .....	4	27	6	13	17	17	4	23
6,000-7,999 .....	2	19	7	10	7	10	7	17
8,000-9,999 .....	0	6	11	6	28	11	6	17
10,000 and over .....	0	19	3	3	13	10	0	10
Not classified .....	11	31	14	11	22	22	11	11

See footnotes at end of table.



Table 12.--DIETARY ADEQUACY (continued)

WEST

BY URBANIZATION

Percentage of households using food at home in a week, April-June 1955, that did not furnish recommended amounts of 8 nutrients <sup>1/</sup> (percentages based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Protein	Calcium	Iron	Vitamin A value	Thiamine <sup>2/</sup>	Riboflavin <sup>2/</sup>	Niacin <sup>2/</sup>	Ascorbic acid <sup>2/</sup>
	Under 75 mg.	Under 0.8 gm.	Under 12 mg.	Under 5,000 I.U.	Under 1.5 mg.	Under 1.9 mg.	Under 15 mg.	Under 75 mg.
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)
RURAL NONFARM								
	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All households .....	2	25	2	12	6	11	2	29
1-person households .....	0	25	0	13	0	13	0	25
Households of 2 or more persons ..	2	25	2	12	7	11	2	29
Under 2,000 .....	10	50	10	20	10	20	10	60
2,000-3,999 .....	2	26	2	16	9	9	2	33
4,000-5,999 .....	0	20	0	7	3	10	0	17
6,000 and over .....	0	17	0	8	0	8	0	17
Not classified .....	0	14	0	0	14	14	0	43
RURAL FARM								
All households .....	3	20	3	6	7	13	2	25
1-person households .....	0	0	0	0	0	13	0	25
Households of 2 or more persons ..	4	21	3	6	8	13	2	25
Under 2,000 .....	7	17	3	13	7	10	7	27
2,000-3,999 .....	8	34	5	8	16	24	3	34
4,000-5,999 .....	0	15	0	0	6	9	0	21
6,000 and over .....	0	20	0	0	0	5	0	5
Not classified .....	0	15	5	10	5	15	0	30

<sup>1/</sup> See Glossary, Recommended dietary allowances.

<sup>2/</sup> Cooking losses deducted.

Table 13.--MILK, CREAM, ICE CREAM, CHEESE; MEAT, POULTRY,  
FISH, EGGS, DRY LEGUMES, NUTS

WEST

ALL URBANIZATIONS

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Milk, cream, ice cream, cheese				Meat, poultry, fish, eggs, dry legumes, nuts						
	Total (milk equiva- lent) 1/	Milk, fresh and processed (equiva- lent) 1/	Cream, ice cream	Cheese	Total	Meat, poultry, fish	Bacon, salt pork	Eggs	Dry legumes (dry weight)	Nuts (shelled weight), peanut butter	Mixtures and soups
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
PERCENTAGE OF HOUSEHOLDS USING											
All households .....	99.6	98.7	66.8	84.9	99.8	99.4	71.7	96.8	36.6	55.5	37.2
1-person households .....	96.1	90.2	38.2	80.9	98.0	96.1	54.4	82.4	18.6	30.4	26.0
Households of 2 or more persons ..	100.0	99.6	69.9	85.3	100.0	99.8	73.6	98.3	38.5	58.2	38.4
Under 2,000 .....	100.0	100.0	50.7	72.0	100.0	100.0	67.3	97.3	48.0	51.3	33.3
Under 1,000 .....	100.0	100.0	58.3	97.2	100.0	100.0	77.8	100.0	52.8	61.1	22.2
1,000-1,999 .....	100.0	100.0	48.2	64.0	100.0	100.0	64.0	96.5	46.5	48.2	36.8
2,000-2,999 .....	100.0	100.0	59.7	76.6	100.0	100.0	66.2	98.0	55.2	44.3	23.9
3,000-3,999 .....	100.0	98.7	59.3	81.7	100.0	98.7	74.4	98.7	51.4	54.6	45.7
4,000-4,999 .....	100.0	100.0	73.4	87.0	100.0	100.0	79.2	96.7	28.8	70.1	41.3
5,000-5,999 .....	100.0	100.0	79.1	89.6	100.0	100.0	75.5	98.4	46.2	51.4	38.6
6,000-7,999 .....	100.0	100.0	74.1	92.2	100.0	100.0	76.1	98.0	37.1	65.4	42.0
8,000-9,999 .....	100.0	100.0	84.6	95.6	100.0	100.0	68.1	100.0	29.7	58.2	41.8
10,000 and over .....	100.0	97.1	88.2	97.1	100.0	100.0	76.5	100.0	10.3	69.9	48.5
Not classified .....	100.0	100.0	69.8	81.2	100.0	100.0	69.8	100.0	26.0	54.7	27.1
QUANTITY PER HOUSEHOLD											
	<u>Qt.</u>	<u>Qt.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Doz.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>
All households .....	15.27	12.67	1.62	1.36	18.21	12.81	.89	2.09	.49	.33	.67
1-person households .....	5.21	4.14	.44	.71	6.94	4.68	.38	.83	.11	.12	.45
Households of 2 or more persons ..	16.34	13.59	1.75	1.43	19.41	13.68	.94	2.22	.53	.36	.69
Under 2,000 .....	12.89	11.12	1.26	.94	13.42	8.90	.87	1.82	.54	.18	.42
Under 1,000 .....	14.37	11.91	1.63	1.15	15.29	10.38	1.16	2.16	.44	.12	.26
1,000-1,999 .....	12.43	10.88	1.15	.88	12.83	8.43	.77	1.72	.57	.20	.46
2,000-2,999 .....	13.42	10.87	1.58	1.11	15.96	10.41	.88	2.17	.94	.18	.51
3,000-3,999 .....	17.08	14.09	1.50	1.48	20.32	13.82	.98	2.43	.89	.35	.74
4,000-4,999 .....	17.04	14.11	1.86	1.46	19.27	13.69	.88	2.20	.36	.47	.73
5,000-5,999 .....	19.85	16.82	1.98	1.62	21.39	15.46	1.00	2.44	.58	.34	.62
6,000-7,999 .....	15.90	13.44	1.63	1.57	19.90	13.83	1.19	2.29	.40	.52	.63
8,000-9,999 .....	15.87	12.78	1.49	1.94	21.27	15.27	.82	2.31	.36	.25	1.20
10,000 and over .....	17.34	14.19	2.73	1.49	25.85	19.43	.96	2.27	.07	.42	1.37
Not classified .....	15.04	12.49	1.79	1.36	17.95	13.29	.84	1.86	.35	.32	.41
MONEY VALUE PER HOUSEHOLD (dollars)											
All households .....	3.92	2.56	.73	.63	10.04	7.76	.54	1.16	.10	.22	.25
1-person households .....	1.42	.83	.25	.34	3.87	2.90	.24	.46	.02	.11	.15
Households of 2 or more persons ..	4.19	2.75	.78	.66	10.70	8.28	.57	1.24	.11	.23	.27
Under 2,000 .....	3.10	2.19	.52	.39	6.93	5.13	.50	.93	.10	.14	.12
Under 1,000 .....	3.72	2.45	.74	.53	7.69	5.70	.66	1.04	.11	.08	.10
1,000-1,999 .....	2.90	2.10	.45	.34	6.69	4.95	.45	.90	.10	.16	.13
2,000-2,999 .....	3.29	2.12	.66	.51	8.11	5.37	.53	1.27	.17	.11	.16
3,000-3,999 .....	4.07	2.75	.62	.70	9.92	7.36	.56	1.33	.19	.22	.26
4,000-4,999 .....	4.27	2.78	.79	.70	10.36	8.00	.53	1.20	.06	.32	.25
5,000-5,999 .....	4.90	3.37	.84	.70	11.69	9.16	.62	1.33	.11	.23	.24
6,000-7,999 .....	4.43	2.96	.75	.71	11.59	8.88	.75	1.30	.09	.31	.26
8,000-9,999 .....	4.06	2.52	.68	.86	11.90	9.39	.47	1.27	.08	.19	.49
10,000 and over .....	5.40	3.18	1.39	.83	17.64	14.49	.69	1.45	.03	.31	.67
Not classified .....	4.05	2.54	.91	.60	10.60	8.62	.49	1.04	.08	.21	.16

See footnotes at end of table.

Table 13.--MILK, CREAM, ICE CREAM, CHEESE; MEAT, POULTRY,  
FISH, EGGS, DRY LEGUMES, NUTS (continued)

WEST

NONFARM (URBAN AND RURAL NONFARM)

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Milk, cream, ice cream, cheese				Meat, poultry, fish, eggs, dry legumes, nuts						
	Total (milk equiva- lent) 1/	Milk, fresh and processed (equiva- lent) 1/	Cream, ice cream	Cheese	Total	Meat, poultry, fish	Bacon, salt pork	Eggs	Dry legumes (dry weight)	Nuts (shelled weight), peanut butter	Mixtures and soups
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
PERCENTAGE OF HOUSEHOLDS USING											
All households .....	99.6	98.6	67.1	85.5	99.8	99.4	71.6	96.5	35.4	55.6	37.8
1-person households .....	95.9	89.8	38.8	81.6	98.0	95.9	53.1	81.6	18.4	30.6	26.5
Households of 2 or more persons ..	100.0	99.5	70.2	85.9	100.0	99.8	73.6	98.2	37.3	58.4	39.1
Under 2,000 .....	100.0	100.0	46.7	73.3	100.0	100.0	66.7	96.7	46.7	50.0	33.3
Under 1,000 .....	100.0	100.0	50.0	100.0	100.0	100.0	83.3	100.0	50.0	66.7	16.7
1,000-1,999 .....	100.0	100.0	45.8	66.7	100.0	100.0	62.5	95.8	45.8	45.8	37.5
2,000-2,999 .....	100.0	100.0	59.6	76.6	100.0	100.0	66.0	97.9	53.2	44.7	25.5
3,000-3,999 .....	100.0	98.6	58.9	83.6	100.0	98.6	74.0	98.6	50.7	54.8	46.6
4,000-4,999 .....	100.0	100.0	74.1	87.1	100.0	100.0	78.8	96.5	28.2	70.6	42.4
5,000-5,999 .....	100.0	100.0	79.7	89.8	100.0	100.0	76.3	98.3	45.8	50.8	37.3
6,000-7,999 .....	100.0	100.0	75.5	91.8	100.0	100.0	77.6	98.0	36.7	65.3	42.9
8,000-9,999 .....	100.0	100.0	85.7	95.2	100.0	100.0	66.7	100.0	28.6	57.1	42.9
10,000 and over .....	100.0	97.0	87.9	97.0	100.0	100.0	75.8	100.0	9.1	69.7	48.5
Not classified .....	100.0	100.0	69.8	81.4	100.0	100.0	69.8	100.0	23.3	55.8	27.9
QUANTITY PER HOUSEHOLD											
	<u>Qt.</u>	<u>Qt.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Doz.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>
All households .....	14.61	12.07	1.55	1.35	17.70	12.48	.87	1.97	.48	.34	.69
1-person households .....	4.99	3.93	.45	.71	6.67	4.54	.35	.75	.11	.12	.46
Households of 2 or more persons ..	15.68	12.98	1.68	1.42	18.93	13.36	.92	2.11	.52	.36	.72
Under 2,000 .....	10.35	8.97	.93	.85	11.10	7.25	.76	1.42	.55	.15	.41
Under 1,000 .....	9.65	7.71	.88	.93	9.52	6.21	.97	1.28	.36	.06	.17
1,000-1,999 .....	10.53	9.28	.94	.83	11.49	7.51	.71	1.45	.60	.17	.47
2,000-2,999 .....	13.03	10.50	1.53	1.10	15.67	10.13	.87	2.12	.96	.17	.54
3,000-3,999 .....	16.71	13.80	1.46	1.50	19.45	13.21	.95	2.26	.87	.35	.76
4,000-4,999 .....	16.49	13.57	1.82	1.44	18.98	13.53	.86	2.11	.34	.47	.76
5,000-5,999 .....	19.43	16.43	1.96	1.60	21.18	15.37	1.01	2.39	.55	.35	.61
6,000-7,999 .....	15.72	13.29	1.65	1.51	19.51	13.55	1.22	2.19	.36	.52	.65
8,000-9,999 .....	14.90	11.76	1.43	1.96	20.58	14.72	.79	2.21	.34	.24	1.26
10,000 and over .....	17.04	13.92	2.60	1.52	25.88	19.47	.94	2.26	.06	.43	1.40
Not classified .....	13.10	10.70	1.51	1.35	17.10	12.74	.75	1.69	.32	.34	.42
MONEY VALUE PER HOUSEHOLD (dollars)											
All households .....	3.78	2.46	.69	.63	9.94	7.70	.53	1.13	.10	.22	.26
1-person households .....	1.39	.80	.25	.34	3.77	2.84	.23	.43	.02	.11	.15
Households of 2 or more persons ..	4.05	2.65	.74	.66	10.63	8.24	.57	1.21	.11	.24	.27
Under 2,000 .....	2.48	1.80	.36	.33	5.91	4.37	.44	.76	.11	.11	.12
Under 1,000 .....	2.52	1.69	.38	.45	5.28	3.78	.62	.67	.10	.03	.09
1,000-1,999 .....	2.47	1.82	.35	.30	6.07	4.52	.40	.78	.11	.14	.13
2,000-2,999 .....	3.18	2.06	.62	.51	7.99	5.76	.52	1.26	.17	.10	.17
3,000-3,999 .....	4.04	2.74	.60	.71	9.64	7.15	.54	1.27	.19	.22	.27
4,000-4,999 .....	4.14	2.69	.76	.69	10.34	7.99	.52	1.18	.06	.33	.26
5,000-5,999 .....	4.83	3.30	.83	.69	11.67	9.15	.63	1.32	.11	.23	.24
6,000-7,999 .....	4.41	2.94	.76	.70	11.49	8.80	.77	1.26	.08	.31	.27
8,000-9,999 .....	3.87	2.33	.66	.88	11.84	9.35	.46	1.25	.08	.18	.52
10,000 and over .....	5.30	3.14	1.32	.84	17.86	14.70	.68	1.45	.03	.32	.69
Not classified .....	3.55	2.19	.76	.60	10.51	8.60	.46	.99	.07	.21	.16

See footnotes at end of table.



Table 13.--MILK, CREAM, ICE CREAM, CHEESE; MEAT, POULTRY,  
FISH, EGGS, DRY LEGUMES, NUTS (continued)

WEST

URBAN

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Milk, cream, ice cream, cheese				Meat, poultry, fish, eggs, dry legumes, nuts						
	Total (milk equiva- lent) 1/	Milk, fresh and processed (equiva- lent) 1/	Cream, ice cream	Cheese	Total	Meat, poultry, fish	Bacon, salt pork	Eggs	Dry legumes (dry weight)	Nuts (shelled weight), peanut butter	Mixtures and soups
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
PERCENTAGE OF HOUSEHOLDS USING											
All households .....	99.5	98.7	69.9	87.3	99.7	99.5	71.2	96.3	32.7	56.7	36.1
1-person households .....	95.1	90.2	41.5	80.5	97.6	95.1	46.3	80.5	19.5	29.3	22.0
Households of 2 or more persons ..	100.0	99.7	73.4	88.2	100.0	100.0	74.3	98.2	34.3	60.1	37.9
Under 2,000 .....	100.0	100.0	65.0	80.0	100.0	100.0	60.0	100.0	45.0	50.0	30.0
2,000-2,999 .....	100.0	100.0	56.7	80.0	100.0	100.0	63.3	96.7	50.0	46.7	23.3
3,000-3,999 .....	100.0	100.0	57.4	85.1	100.0	100.0	74.5	97.9	46.8	57.4	42.6
4,000-4,999 .....	100.0	100.0	77.3	86.4	100.0	100.0	78.8	97.0	25.8	72.7	42.4
5,000-5,999 .....	100.0	100.0	81.2	91.7	100.0	100.0	75.0	97.9	43.7	50.0	35.4
6,000-7,999 .....	100.0	100.0	81.0	95.2	100.0	100.0	78.6	77.6	38.1	69.0	42.9
8,000-9,999 .....	100.0	100.0	88.9	94.4	100.0	100.0	72.2	100.0	27.8	55.6	38.9
10,000 and over .....	100.0	96.8	87.1	96.8	100.0	100.0	77.4	100.0	9.7	67.7	51.6
Not classified .....	100.0	100.0	66.7	83.3	100.0	100.0	75.0	100.0	22.2	55.6	25.0
QUANTITY PER HOUSEHOLD											
	<u>Qt.</u>	<u>Qt.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Doz.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>
All households .....	14.08	11.58	1.61	1.34	17.03	12.06	.84	1.87	.44	.33	.65
1-person households .....	4.74	3.76	.47	.68	5.54	3.87	.25	.65	.07	.07	.31
Households of 2 or more persons ..	15.21	12.53	1.75	1.42	18.42	13.06	.91	2.02	.49	.36	.69
Under 2,000 .....	8.90	7.52	1.18	.94	9.73	6.42	.59	1.40	.24	.15	.34
2,000-2,999 .....	11.57	9.18	1.52	1.03	14.08	8.63	.86	2.03	1.17	.17	.37
3,000-3,999 .....	16.27	13.06	1.67	1.58	19.40	13.33	.92	2.16	1.05	.34	.67
4,000-4,999 .....	16.89	13.95	1.87	1.36	17.85	12.63	.87	2.00	.34	.43	.75
5,000-5,999 .....	16.64	14.08	1.82	1.47	20.08	14.91	.95	2.11	.40	.32	.56
6,000-7,999 .....	16.24	13.75	1.76	1.52	18.89	13.01	1.23	2.14	.38	.59	.60
8,000-9,999 .....	14.59	11.60	1.52	1.84	20.77	14.79	.90	2.25	.36	.25	1.22
10,000 and over .....	17.27	14.08	2.57	1.56	25.65	19.08	.99	2.28	.07	.41	1.49
Not classified .....	12.75	10.44	1.45	1.36	16.49	12.42	.70	1.64	.27	.34	.36
MONEY VALUE PER HOUSEHOLD (dollars)											
All households .....	3.75	2.41	.72	.62	9.81	7.64	.52	1.10	.10	.21	.25
1-person households .....	1.37	.78	.27	.32	3.20	2.50	.16	.37	.02	.04	.10
Households of 2 or more persons ..	4.03	2.61	.77	.66	10.62	8.26	.57	1.18	.10	.23	.27
Under 2,000 .....	2.42	1.61	.45	.36	5.26	3.86	.37	.77	.07	.10	.09
2,000-2,999 .....	2.85	1.82	.57	.46	7.22	4.95	.52	1.31	.22	.09	.14
3,000-3,999 .....	4.09	2.69	.66	.74	9.69	7.28	.52	1.22	.24	.19	.24
4,000-4,999 .....	4.19	2.75	.78	.67	9.79	7.50	.52	1.15	.06	.30	.25
5,000-5,999 .....	4.50	3.03	.83	.63	11.49	9.13	.60	1.23	.09	.21	.23
6,000-7,999 .....	4.49	3.00	.80	.69	11.22	8.57	.76	1.22	.09	.35	.24
8,000-9,999 .....	3.76	2.26	.69	.81	11.99	9.49	.52	1.24	.07	.18	.48
10,000 and over .....	5.30	3.17	1.28	.86	17.81	14.58	.71	1.47	.03	.29	.73
Not classified .....	3.45	2.11	.74	.61	10.38	8.56	.45	.96	.07	.20	.14

See footnotes at end of table.

Table 13.--MILK, CREAM, ICE CREAM, CHEESE; MEAT, POULTRY,  
FISH, EGGS, DRY LEGUMES, NUTS (continued)

WEST

RURAL, NONFARM

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Milk, cream, ice cream, cheese				Meat, poultry, fish, eggs, dry legumes, nuts						
	Total (milk equiva- lent) <u>1/</u>	Milk, fresh and processed (equiva- lent) <u>1/</u>	Cream, ice cream	Cheese	Total	Meat, poultry, fish	Bacon, salt pork	Eggs	Dry legumes (dry weight)	Nuts (shelled weight), peanut butter	Mixtures and soups
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
PERCENTAGE OF HOUSEHOLDS USING											
All households .....	100.0	98.2	57.3	79.1	100.0	99.1	72.7	97.3	44.5	51.8	43.6
1-person households .....	100.0	87.5	25.0	87.5	100.0	100.0	87.5	87.5	12.5	37.5	50.0
Households of 2 or more persons ..	100.0	99.0	59.8	78.4	100.0	99.0	71.6	78.0	47.1	52.9	43.1
Under 2,000 .....	100.0	100.0	10.0	60.0	100.0	100.0	80.0	90.0	50.0	50.0	40.0
2,000-3,999 .....	100.0	97.7	62.8	76.7	100.0	97.7	72.1	100.0	58.1	46.5	44.2
4,000-5,999 .....	100.0	100.0	66.7	86.7	100.0	100.0	80.0	96.7	43.3	60.0	43.3
6,000 and over .....	100.0	100.0	58.3	83.3	100.0	100.0	58.3	100.0	25.0	58.3	41.7
Not classified .....	100.0	100.0	85.7	71.4	100.0	100.0	42.9	100.0	28.6	57.1	42.9
QUANTITY PER HOUSEHOLD											
	<u>Qt.</u>	<u>Qt.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Doz.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>
All households .....	16.43	13.77	1.36	1.40	20.03	13.90	.96	2.32	.59	.36	.85
1-person households .....	6.27	4.79	.34	.86	12.49	7.95	.88	1.30	.29	.41	1.21
Households of 2 or more persons ..	17.22	14.48	1.44	1.44	20.62	14.36	.97	2.40	.61	.35	.82
Under 2,000 .....	13.26	11.87	.43	.65	13.83	8.92	1.11	1.44	1.17	.14	.54
2,000-3,999 .....	16.75	14.24	1.26	1.30	19.11	12.91	.96	2.39	.56	.29	.89
4,000-5,999 .....	21.14	17.56	1.99	1.87	24.06	16.93	1.00	2.88	.66	.56	.78
6,000 and over .....	13.79	11.23	1.32	1.65	23.31	17.66	.77	2.30	.21	.23	.95
Not classified .....	14.92	12.02	1.82	1.25	20.23	14.40	1.00	1.95	.55	.39	.76
MONEY VALUE PER HOUSEHOLD (dollars)											
All households .....	3.90	2.65	.60	.65	10.39	7.90	.57	1.25	.10	.27	.30
1-person households .....	1.51	.92	.17	.42	6.71	4.56	.59	.71	.01	.43	.41
Households of 2 or more persons ..	4.09	2.79	.63	.67	10.68	8.17	.57	1.29	.11	.26	.29
Under 2,000 .....	2.60	2.17	.17	.26	7.23	5.40	.59	.75	.18	.15	.17
2,000-3,999 .....	3.88	2.69	.57	.62	9.48	7.02	.56	1.29	.11	.22	.28
4,000-5,999 .....	4.82	3.22	.75	.84	12.32	9.51	.61	1.45	.12	.36	.28
6,000 and over .....	4.29	2.67	.77	.84	13.49	10.82	.51	1.43	.05	.22	.46
Not classified .....	4.03	2.57	.89	.57	11.16	8.83	.52	1.15	.11	.26	.29

See footnotes at end of table.

Table 13.--MILK, CREAM, ICE CREAM, CHEESE; MEAT, POULTRY,  
FISH, EGGS, DRY LEGUMES, NUTS (continued)

WEST

RURAL FARM  
Food from all sources

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Milk, cream, ice cream, cheese				Meat, poultry, fish, eggs, dry legumes, nuts						
	Total (milk equiva- lent) 1/	Milk, fresh and processed (equiva- lent) 1/	Cream, ice cream	Cheese	Total	Meat, poultry, fish	Bacon, salt pork	Eggs	Dry legumes (dry weight)	Nuts (shelled weight), peanut butter	Mixtures and soups
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
PERCENTAGE OF HOUSEHOLDS USING											
All households .....	100.0	100.0	63.3	76.7	100.0	100.0	74.0	100.0	52.0	54.0	28.7
1-person households .....	100.0	100.0	25.0	62.5	100.0	100.0	87.5	100.0	25.0	25.0	12.5
Households of 2 or more persons ..	100.0	100.0	65.5	77.5	100.0	100.0	73.2	100.0	53.5	55.6	29.6
Under 2,000 .....	100.0	100.0	66.7	66.7	100.0	100.0	70.0	100.0	53.3	56.7	33.3
2,000-3,999 .....	100.0	100.0	63.2	65.8	100.0	100.0	76.3	100.0	68.4	47.4	23.7
4,000-5,999 .....	100.0	100.0	64.7	85.3	100.0	100.0	76.5	100.0	44.1	61.8	38.2
6,000 and over .....	100.0	100.0	65.0	100.0	100.0	100.0	70.0	100.0	45.0	70.0	30.0
Not classified .....	100.0	100.0	70.0	80.0	100.0	100.0	70.0	100.0	50.0	45.0	20.0
QUANTITY PER HOUSEHOLD											
	<u>Qt.</u>	<u>Qt.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Doz.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>
All households .....	23.83	20.52	2.54	1.53	24.76	17.14	1.20	3.56	.72	.30	.39
1-person households .....	10.64	9.24	.35	.70	13.66	8.13	1.13	2.60	.09	.08	.33
Households of 2 or more persons ..	24.58	21.15	2.66	1.57	25.39	17.64	1.21	3.61	.75	.31	.39
Under 2,000 .....	23.05	19.75	2.62	1.33	22.71	15.50	1.28	3.45	.49	.33	.44
2,000-3,999 .....	20.57	17.04	2.08	1.29	27.01	13.70	1.24	3.88	.96	.26	.35
4,000-5,999 .....	26.60	23.19	2.39	1.87	24.41	16.64	.98	3.59	.82	.39	.50
6,000 and over .....	23.93	20.87	2.72	2.05	28.08	20.21	.95	3.72	.80	.44	.29
Not classified .....	31.68	27.90	4.25	1.48	25.27	17.97	1.66	3.29	.60	.16	.34
MONEY VALUE PER HOUSEHOLD (dollars)											
All households .....	5.73	3.85	1.23	.65	11.32	8.59	.64	1.61	.13	.20	.15
1-person households .....	2.10	1.54	.25	.34	6.21	4.37	.40	1.22	.03	.08	.10
Households of 2 or more persons ..	5.94	3.98	1.29	.67	11.61	8.83	.65	1.64	.13	.21	.15
Under 2,000 .....	5.57	3.74	1.20	.63	10.98	8.15	.75	1.61	.10	.23	.13
2,000-3,999 .....	4.53	2.91	1.00	.62	11.98	9.01	.69	1.80	.18	.16	.15
4,000-5,999 .....	6.27	4.39	1.13	.76	11.25	8.65	.54	1.51	.11	.23	.20
6,000 and over .....	6.16	4.10	1.30	.75	12.70	9.85	.53	1.73	.16	.31	.13
Not classified .....	8.39	5.57	2.22	.60	11.39	8.75	.76	1.49	.12	.15	.12

See footnotes at end of table.



Table 13.--MILK, CREAM, ICE CREAM, CHEESE; MEAT, POULTRY,  
FISH, EGGS, DRY LEGUMES, NUTS (continued)

WEST

RURAL FARM  
Home-produced food

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Milk, cream, ice cream, cheese				Meat, poultry, fish, eggs, dry legumes, nuts						
	Total (milk equiva- lent) 1/	Milk, fresh and processed (equiva- lent) 1/	Cream, ice cream	Cheese	Total	Meat, poultry, fish	Bacon, salt pork	Eggs	Dry legumes (dry weight)	Nuts (shelled weight), peanut butter	Mixtures and soups
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
PERCENTAGE OF HOUSEHOLDS USING											
All households .....	56.7	56.0	22.7	4.0	86.7	74.0	12.7	60.7	2.0	4.7	0.0
1-person households .....	37.5	37.5	0.0	0.0	62.5	37.5	12.5	62.5	0.0	0.0	0.0
Households of 2 or more persons ..	57.7	57.0	23.9	4.2	88.0	76.1	12.7	60.6	2.1	4.9	0.0
Under 2,000 .....	66.7	66.7	33.3	3.3	96.7	73.3	10.0	70.0	3.3	6.7	0.0
2,000-3,999 .....	63.2	60.5	15.2	5.3	86.8	73.7	10.5	68.4	0.0	0.0	0.0
4,000-5,999 .....	52.9	52.9	20.0	2.9	82.4	82.4	14.7	52.9	5.9	5.9	0.0
6,000 and over .....	45.0	45.0	15.0	0.0	85.0	65.0	0.0	45.0	0.0	15.0	0.0
Not classified .....	55.0	55.0	40.0	10.0	90.0	85.0	30.0	60.0	0.0	0.0	0.0
QUANTITY PER HOUSEHOLD											
	<u>Qt.</u>	<u>Qt.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Doz.</u>	<u>Lb.</u>	<u>Lb.</u>	<u>Lb.</u>
All households .....	14.92	14.56	1.00	.08	12.38	8.60	.30	2.41	.04	.02	.00
1-person households .....	3.19	3.19	.00	.00	7.54	4.13	.44	1.98	.00	.00	.00
Households of 2 or more persons ..	15.58	15.20	1.06	.08	12.65	8.85	.29	2.43	.04	.02	.00
Under 2,000 .....	17.12	16.77	.92	.14	10.74	7.36	.18	2.33	.02	.03	.00
2,000-3,999 .....	12.50	12.32	.52	.06	12.87	8.34	.21	2.98	.00	.00	.00
4,000-5,999 .....	16.00	15.75	.71	.06	12.84	9.20	.22	2.25	.16	.02	.00
6,000 and over .....	10.10	9.80	.91	.00	12.09	8.87	.00	2.26	.00	.07	.00
Not classified .....	23.90	22.79	3.04	.13	15.35	11.45	1.04	2.01	.00	.00	.00
MONEY VALUE PER HOUSEHOLD (dollars)											
All households .....	3.38	2.73	.62	.02	5.59	4.38	.13	1.06	.01	.02	.00
1-person households .....	.59	.59	.00	.00	3.09	2.16	.00	.93	.00	.00	.00
Households of 2 or more persons ..	3.53	2.86	.65	.02	5.73	4.50	.14	1.07	.01	.02	.00
Under 2,000 .....	3.34	3.23	.57	.04	4.89	3.71	.10	1.06	*	.02	.00
2,000-3,999 .....	2.44	2.07	.35	.02	5.81	4.33	.12	1.36	.00	.00	.00
4,000-5,999 .....	3.52	3.05	.46	.02	5.92	4.89	.11	.88	.02	.02	.00
6,000 and over .....	2.50	1.90	.60	.00	5.20	4.10	.00	1.03	.00	.07	.00
Not classified .....	6.19	4.41	1.75	.04	7.08	5.76	.42	.90	.00	.00	.00

\* Less than 0.05 percent, 0.005 pounds, quarts, or dozens, or 0.005 dollars.

1/ Milk equivalent: Approximately the quantity of fluid milk to which the dairy products (except butter) are equivalent in calcium.

Table 14.--VEGETABLES AND FRUITS

WEST

ALL URBANIZATIONS

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Vegetables <u>1/</u>								Fruits <u>1/</u>			
	Total	Potatoes	Sweet- potatoes	Dark green and deep yellow <u>2/</u>	Other green <u>3/</u>	Tomatoes	Other	Mixtures and soups	Total <u>4/</u>	Citrus (juice equiva- lent)	Dried	Other
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
PERCENTAGE OF HOUSEHOLDS USING												
All households .....	99.2	94.0	10.3	84.1	96.6	91.1	97.0	36.1	99.0	86.7	31.4	96.9
1-person households .....	96.1	72.5	13.7	69.1	83.8	71.6	90.2	21.1	100.0	72.5	18.6	95.6
Households of 2 or more persons ..	99.6	96.3	9.9	85.8	97.9	93.2	97.7	37.7	98.9	88.2	32.8	97.0
Under 2,000 .....	100.0	98.7	4.0	86.7	96.7	83.3	91.3	24.7	100.0	86.7	41.3	91.3
Under 1,000 .....	100.0	100.0	13.9	77.8	100.0	88.9	100.0	38.9	100.0	86.1	41.7	100.0
1,000-1,999 .....	100.0	98.2	0.9	89.5	95.6	81.6	88.6	20.2	100.0	86.8	41.2	88.6
2,000-2,999 .....	100.0	98.0	12.4	83.6	92.0	94.0	99.0	35.8	100.0	77.6	28.4	97.5
3,000-3,999 .....	100.0	95.0	3.2	86.4	99.4	91.8	100.0	44.5	100.0	81.1	27.8	99.7
4,000-4,999 .....	98.9	97.5	9.4	84.2	98.9	94.7	97.8	39.3	97.5	85.3	33.5	95.3
5,000-5,999 .....	100.0	96.8	8.0	91.2	100.0	98.4	100.0	37.3	98.4	96.0	42.2	98.4
6,000-7,999 .....	100.0	94.1	15.6	82.4	98.0	96.1	98.0	39.5	100.0	92.2	36.1	98.0
8,000-9,999 .....	100.0	91.2	8.8	95.6	100.0	94.5	100.0	34.1	100.0	90.1	35.2	100.0
10,000 and over .....	100.0	100.0	17.6	94.1	100.0	100.0	91.2	41.9	100.0	100.0	34.6	97.1
Not classified .....	97.9	93.7	15.1	75.0	95.8	83.9	97.9	33.3	95.8	93.7	19.8	95.3
QUANTITY PER HOUSEHOLD (pounds)												
All households .....	19.59	5.26	.15	1.75	4.78	2.74	4.38	.52	13.51	4.20	.23	8.41
1-person households .....	8.56	1.76	.15	1.13	2.18	1.06	2.02	.25	6.76	1.76	.09	4.69
Households of 2 or more persons ..	20.77	5.63	.15	1.82	5.06	2.92	4.63	.55	14.23	4.46	.25	8.80
Under 2,000 .....	17.08	5.37	.06	1.49	4.36	1.80	3.76	.24	10.28	2.89	.34	6.27
Under 1,000 .....	18.54	5.56	.23	1.55	4.55	2.61	3.74	.30	12.79	3.44	.32	8.12
1,000-1,999 .....	16.62	5.31	.01	1.47	4.30	1.55	3.77	.22	9.48	2.71	.34	5.69
2,000-2,999 .....	19.38	5.57	.10	1.84	4.30	2.46	4.66	.44	10.48	2.71	.17	7.02
3,000-3,999 .....	21.12	6.31	.01	1.84	4.89	3.05	4.30	.72	12.37	3.41	.20	8.28
4,000-4,999 .....	20.83	5.76	.14	1.74	4.94	2.68	4.87	.70	14.22	4.08	.24	9.19
5,000-5,999 .....	22.02	5.59	.10	2.05	5.11	3.78	4.87	.51	16.55	5.93	.38	9.14
6,000-7,999 .....	22.41	5.93	.21	1.68	5.37	3.19	5.51	.53	18.18	5.72	.23	11.54
8,000-9,999 .....	19.69	3.91	.09	2.20	5.77	2.78	4.34	.60	16.23	5.31	.27	9.62
10,000 and over .....	23.94	5.29	.50	1.84	6.96	3.82	5.14	.38	20.36	6.88	.21	12.54
Not classified .....	19.29	5.34	.32	1.85	4.87	2.57	3.88	.47	11.87	4.63	.21	6.36
MONEY VALUE PER HOUSEHOLD (dollars)												
All households .....	3.08	.47	.03	.29	.44	.55	.78	.13	2.30	.67	.07	1.56
1-person households .....	1.36	.15	.02	.19	.38	.22	.34	.06	1.14	.27	.03	.83
Households of 2 or more persons ..	3.26	.50	.03	.30	.88	.59	.82	.14	2.43	.72	.07	1.64
Under 2,000 .....	2.45	.46	.01	.24	.70	.35	.62	.06	1.66	.45	.09	1.12
Under 1,000 .....	2.62	.50	.05	.22	.73	.47	.58	.08	1.96	.49	.07	1.40
1,000-1,999 .....	2.39	.45	*	.24	.69	.31	.64	.05	1.56	.44	.09	1.03
2,000-2,999 .....	2.83	.44	.02	.28	.67	.52	.78	.12	1.77	.44	.05	1.29
3,000-3,999 .....	3.11	.51	*	.31	.81	.58	.70	.20	2.14	.57	.06	1.51
4,000-4,999 .....	3.27	.53	.03	.28	.86	.53	.86	.18	2.45	.68	.07	1.70
5,000-5,999 .....	3.38	.49	.02	.30	.91	.70	.83	.13	2.80	.89	.11	1.80
6,000-7,999 .....	3.64	.49	.04	.30	.98	.69	1.01	.13	2.93	.93	.07	1.94
8,000-9,999 .....	3.31	.38	.02	.40	.95	.55	.84	.16	2.76	.79	.12	1.85
10,000 and over .....	4.56	.66	.10	.33	1.45	.83	1.09	.10	3.69	1.09	.07	2.53
Not classified .....	3.09	.48	.05	.29	.85	.55	.75	.12	2.05	.77	.06	1.21

See footnotes at end of table.

Table 14.--VEGETABLES AND FRUITS (continued)

WEST

NONFARM (URBAN AND RURAL NONFARM)

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Vegetables <sup>1/</sup>								Fruits <sup>1/</sup>			
	Total	Potatoes	Sweet-potatoes	Dark green and deep yellow <sup>2/</sup>	Other green <sup>3/</sup>	Tomatoes	Other	Mixtures and soups	Total <sup>4/</sup>	Citrus (juice equivalent)	Dried	Other
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
PERCENTAGE OF HOUSEHOLDS USING												
All households .....	99.2	93.7	10.6	84.0	96.5	91.0	96.9	36.2	99.0	87.1	31.1	96.9
1-person households .....	95.9	71.4	14.3	69.4	83.7	71.4	89.8	20.4	100.0	73.5	18.4	95.9
Households of 2 or more persons ..	99.5	96.1	10.2	85.7	98.0	93.2	97.7	38.0	98.9	88.6	32.5	97.0
Under 2,000 .....	100.0	100.0	3.3	86.7	96.7	80.0	90.0	23.3	100.0	86.7	40.0	90.0
Under 1,000 .....	100.0	100.0	16.7	66.7	100.0	83.3	100.0	50.0	100.0	83.3	33.3	100.0
1,000-1,999 .....	100.0	100.0	0.0	91.7	95.8	79.2	87.5	16.7	100.0	87.5	41.7	87.5
2,000-2,999 .....	100.0	97.9	12.8	83.0	91.5	93.6	100.0	36.2	100.0	78.7	27.7	97.9
3,000-3,999 .....	100.0	94.5	2.7	87.7	100.0	91.8	100.0	45.2	100.0	80.8	27.4	100.0
4,000-4,999 .....	98.8	97.6	9.4	83.5	98.8	95.3	97.6	38.8	97.6	85.9	34.1	95.3
5,000-5,999 .....	100.0	96.6	8.5	91.5	100.0	98.3	100.0	37.3	98.3	96.6	42.4	98.3
6,000-7,999 .....	100.0	93.9	16.3	81.6	98.0	95.9	98.0	40.8	100.0	91.8	36.7	98.0
8,000-9,999 .....	100.0	90.5	9.5	95.2	100.0	95.2	100.0	33.3	100.0	90.5	33.3	100.0
10,000 and over .....	100.0	100.0	18.2	93.9	100.0	100.0	90.9	42.4	100.0	100.0	33.3	97.0
Not classified .....	97.7	93.0	16.3	74.4	95.3	83.7	97.7	32.6	95.3	95.3	18.6	95.3
QUANTITY PER HOUSEHOLD (pounds)												
All households .....	19.07	4.92	.16	1.72	4.71	2.72	4.32	.52	13.27	4.16	.22	8.22
1-person households .....	8.10	1.54	.15	1.11	2.07	1.04	1.93	.25	6.64	1.73	.09	4.60
Households of 2 or more persons ..	20.29	5.30	.16	1.79	5.00	2.91	4.58	.55	14.01	4.43	.24	8.63
Under 2,000 .....	14.89	4.35	.06	1.33	4.08	1.68	3.21	.18	8.50	2.56	.31	4.93
Under 1,000 .....	14.12	3.77	.30	1.05	3.92	2.14	2.62	.33	9.68	1.85	.23	6.92
1,000-1,999 .....	15.08	4.50	.00	1.40	4.12	1.57	3.36	.14	8.21	2.74	.33	4.44
2,000-2,999 .....	19.02	5.16	.10	1.82	4.28	2.43	4.77	.45	9.93	2.41	.16	6.81
3,000-3,999 .....	20.94	6.24	.01	1.90	4.84	3.01	4.24	.71	12.12	3.34	.20	8.08
4,000-4,999 .....	20.43	5.53	.14	1.66	4.40	2.64	4.87	.70	14.21	4.09	.24	9.16
5,000-5,999 .....	21.81	5.46	.11	2.05	5.06	3.74	4.87	.51	16.21	5.84	.37	8.92
6,000-7,999 .....	21.90	5.65	.21	1.59	5.24	3.14	5.51	.55	18.31	5.76	.24	11.62
8,000-9,999 .....	18.49	3.11	.10	2.19	5.69	2.65	4.12	.62	15.46	5.40	.27	9.15
10,000 and over .....	23.82	5.21	.51	1.82	6.98	3.84	5.07	.38	20.43	6.96	.19	12.59
Not classified .....	18.36	4.59	.35	1.80	4.69	2.69	3.78	.47	11.36	4.63	.19	5.95
MONEY VALUE PER HOUSEHOLD (dollars)												
All households .....	3.05	.45	.03	.28	.83	.55	.77	.13	2.27	.67	.07	1.54
1-person households .....	1.33	.14	.03	.19	.37	.22	.33	.06	1.12	.28	.03	.82
Households of 2 or more persons ..	3.24	.48	.03	.30	.88	.59	.82	.14	2.40	.71	.07	1.62
Under 2,000 .....	2.15	.40	.01	.21	.65	.32	.51	.04	1.39	.41	.08	.90
Under 1,000 .....	2.11	.42	.07	.15	.61	.37	.41	.08	1.66	.30	.05	1.22
1,000-1,999 .....	2.15	.39	.00	.23	.66	.31	.54	.03	1.35	.43	.09	.82
2,000-2,999 .....	2.83	.42	.03	.28	.66	.52	.81	.12	1.73	.43	.05	1.25
3,000-3,999 .....	3.08	.50	*	.32	.80	.57	.69	.19	2.12	.56	.06	1.50
4,000-4,999 .....	3.25	.52	.03	.27	.86	.53	.86	.18	2.46	.68	.07	1.71
5,000-5,999 .....	3.37	.48	.02	.30	.91	.69	.83	.13	2.76	.88	.11	1.77
6,000-7,999 .....	3.60	.48	.05	.28	.96	.69	1.01	.14	2.44	.93	.07	1.94
8,000-9,999 .....	3.26	.36	.02	.41	.94	.54	.82	.17	2.70	.80	.13	1.77
10,000 and over .....	4.57	.65	.11	.33	1.46	.84	1.09	.09	3.70	1.09	.06	2.54
Not classified .....	3.07	.46	.06	.30	.82	.57	.73	.12	1.98	.77	.06	1.15

See footnotes at end of table.



Table 14.--VEGETABLES AND FRUITS (continued)

WEST

URBAN

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Vegetables <u>1/</u>								Fruits <u>1/</u>			
	Total	Potatoes	Sweet- potatoes	Dark green and deep yellow <u>2/</u>	Other green <u>3/</u>	Tomatoes	Other	Mixtures and soups	Total <u>4/</u>	Citrus (juice equiva- lent)	Dried	Other
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
PERCENTAGE OF HOUSEHOLDS USING												
All households .....	98.9	93.7	11.6	86.3	96.6	90.8	96.6	36.7	99.2	89.2	29.6	97.9
1-person households .....	95.1	68.3	14.6	73.2	85.4	70.7	87.8	19.5	100.0	75.6	22.0	97.6
Households of 2 or more persons ..	99.4	96.7	11.2	87.9	97.9	93.2	97.6	38.8	99.1	90.8	30.5	97.9
Under 2,000 .....	100.0	100.0	5.0	90.0	100.0	80.0	95.0	30.0	100.0	90.0	35.0	95.0
2,000-2,999 .....	100.0	100.0	20.0	83.3	86.7	93.3	100.0	33.3	100.0	73.3	20.0	100.0
3,000-3,999 .....	100.0	97.9	0.0	91.5	100.0	93.6	100.0	48.9	100.0	85.1	25.5	100.0
4,000-4,999 .....	98.5	97.0	10.6	83.3	98.5	93.9	97.0	40.9	97.0	87.9	34.8	95.5
5,000-5,999 .....	100.0	95.8	10.4	93.7	100.0	97.9	100.0	35.4	97.9	95.8	39.6	97.9
6,000-7,999 .....	100.0	95.2	16.7	88.1	100.0	95.2	97.6	40.5	100.0	92.9	35.7	97.6
8,000-9,999 .....	100.0	94.4	5.6	94.4	100.0	94.4	100.0	33.3	100.0	94.4	27.8	100.0
10,000 and over .....	100.0	100.0	16.1	93.5	100.0	100.0	90.3	38.7	100.0	100.0	32.3	96.8
Not classified .....	97.2	91.7	16.7	77.8	94.4	83.3	97.2	36.1	100.0	100.0	16.7	100.0
QUANTITY PER HOUSEHOLD (pounds)												
All households .....	18.24	4.44	.17	1.78	4.56	2.64	4.14	.51	13.48	4.31	.21	8.33
1-person households .....	7.24	1.07	.10	1.15	2.13	.85	1.71	.24	5.65	1.88	.11	3.41
Households of 2 or more persons ..	19.57	4.84	.18	1.86	4.86	2.86	4.43	.55	14.43	4.60	.23	8.93
Under 2,000 .....	13.63	3.49	.09	1.31	4.28	1.47	2.75	.23	8.53	2.85	.22	4.92
2,000-2,999 .....	18.22	4.87	.16	2.04	3.40	2.69	4.72	.34	9.64	2.44	.07	6.89
3,000-3,999 .....	19.95	5.82	.00	2.10	4.23	3.05	3.91	.84	12.06	3.68	.18	7.83
4,000-4,999 .....	19.65	4.91	.14	1.73	5.01	2.57	4.62	.68	14.59	4.35	.25	9.31
5,000-5,999 .....	20.09	5.02	.13	1.97	4.46	3.26	4.76	.49	15.48	4.91	.37	9.10
6,000-7,999 .....	21.55	5.19	.22	1.67	5.30	3.28	5.42	.48	19.05	6.02	.25	12.10
8,000-9,999 .....	18.40	3.14	.06	2.24	5.89	2.36	4.03	.69	15.50	4.81	.25	9.41
10,000 and over .....	23.27	5.05	.43	1.83	6.63	3.72	5.09	.32	20.71	7.03	.19	12.76
Not classified .....	17.78	4.23	.38	1.85	4.75	2.55	3.48	.55	11.73	4.81	.18	6.13
MONEY VALUE PER HOUSEHOLD (dollars)												
All households .....	2.98	.42	.03	.29	.61	.55	.74	.13	2.34	.69	.07	1.58
1-person households .....	1.24	.10	.02	.17	.39	.19	.31	.06	1.02	.29	.03	.70
Households of 2 or more persons ..	3.19	.46	.03	.31	.86	.60	.79	.14	2.50	.74	.07	1.68
Under 2,000 .....	1.95	.32	.02	.19	.64	.29	.44	.06	1.38	.41	.05	.92
2,000-2,999 .....	2.77	.42	.04	.34	.51	.60	.77	.09	1.75	.43	.02	1.31
3,000-3,999 .....	2.91	.48	.00	.33	.70	.55	.62	.23	2.07	.61	.06	1.40
4,000-4,999 .....	3.14	.46	.02	.28	.87	.53	.81	.17	2.49	.69	.07	1.73
5,000-5,999 .....	3.21	.44	.02	.30	.83	.67	.81	.13	2.80	.81	.11	1.88
6,000-7,999 .....	3.63	.48	.05	.30	.95	.74	.99	.12	3.03	.95	.07	2.01
8,000-9,999 .....	3.26	.35	.01	.42	.99	.51	.80	.19	2.83	.81	.13	1.90
10,000 and over .....	4.47	.65	.09	.32	1.44	.80	1.08	.08	3.77	1.13	.06	2.58
Not classified .....	3.00	.43	.06	.31	.81	.56	.69	.14	2.00	.76	.06	1.18

See footnotes at end of table.



Table 14.--VEGETABLES AND FRUITS (continued)

WEST

RURAL NONFARM

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Vegetables <u>1/</u>								Fruits <u>1/</u>			
	Total	Potatoes	Sweet- potatoes	Dark green and deep yellow <u>2/</u>	Other green <u>3/</u>	Tomatoes	Other	Mixtures and soups	Total <u>4/</u>	Citrus (juice equiva- lent)	Dried	Other
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
PERCENTAGE OF HOUSEHOLDS USING												
All households .....	100.0	93.6	7.3	76.4	96.4	91.8	98.2	34.5	98.2	80.0	36.4	93.6
1-person households .....	100.0	87.5	12.5	50.0	75.0	75.0	100.0	25.0	100.0	62.5	0.0	87.5
Households of 2 or more persons ..	100.0	94.1	6.9	78.4	98.0	93.1	98.0	35.3	98.0	81.4	39.2	94.1
Under 2,000 .....	100.0	100.0	0.0	80.0	90.0	80.0	80.0	10.0	100.0	80.0	50.0	80.0
2,000-3,999 .....	100.0	90.7	4.7	81.4	100.0	90.7	100.0	39.5	100.0	79.1	34.9	97.7
4,000-5,999 .....	100.0	100.0	3.3	83.3	100.0	100.0	100.0	36.7	100.0	86.7	40.0	96.7
6,000 and over .....	100.0	83.3	25.0	66.7	91.7	100.0	100.0	50.0	100.0	83.3	50.0	100.0
Not classified .....	100.0	100.0	14.3	57.1	100.0	85.7	100.0	14.3	71.4	71.4	28.6	71.4
QUANTITY PER HOUSEHOLD (pounds)												
All households .....	21.94	6.60	.13	1.52	5.20	3.01	4.95	.53	12.55	3.66	.26	7.85
1-person households .....	12.51	3.94	.45	.91	1.78	2.00	3.10	.33	11.70	.98	.00	10.73
Households of 2 or more persons ..	22.68	6.81	.11	1.56	5.47	3.09	5.10	.55	12.62	3.87	.28	7.63
Under 2,000 .....	17.41	6.07	.00	1.36	3.68	2.11	4.12	.07	8.44	2.00	.47	4.97
2,000-3,999 .....	21.82	6.47	.01	1.49	5.90	2.56	4.83	.55	11.51	2.60	.26	7.79
4,000-5,999 .....	25.38	7.57	.10	1.80	5.67	3.96	5.59	.69	15.26	5.65	.28	8.47
6,000 and over .....	24.15	6.94	.51	1.40	5.53	3.40	5.50	.85	15.28	5.70	.22	8.65
Not classified .....	21.39	6.47	.21	1.56	4.36	3.39	5.31	.09	9.46	3.67	.21	4.99
MONEY VALUE PER HOUSEHOLD (dollars)												
All households .....	3.28	.55	.03	.26	.90	.55	.86	.14	2.06	.59	.08	1.40
1-person households .....	1.77	.35	.04	.25	.26	.39	.42	.08	1.64	.22	.00	1.42
Households of 2 or more persons ..	3.40	.56	.02	.27	.95	.56	.90	.14	2.09	.62	.08	1.39
Under 2,000 .....	2.54	.55	.00	.25	.67	.39	.67	.01	1.42	.39	.15	.87
2,000-3,999 .....	3.21	.48	.01	.26	.97	.52	.84	.14	2.01	.46	.07	1.47
4,000-5,999 .....	3.79	.70	.02	.29	.98	.63	.97	.19	2.43	.82	.08	1.52
6,000 and over .....	3.82	.50	.10	.25	1.04	.62	1.07	.22	2.30	.73	.08	1.48
Not classified .....	3.41	.59	.05	.23	.40	.65	.98	.02	1.64	.82	.07	.95

See footnotes at end of table.

Table 14.--VEGETABLES AND FRUITS (continued)

WEST

RURAL FARM

Food from all sources

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Vegetables 1/								Fruits 1/			
	Total	Potatoes	Sweet- potatoes	Dark green and deep yellow 2/	Other green 3/	Tomatoes	Other	Mixtures and soups	Total 4/	Citrus (juice equiva- lent)	Dried	Other
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
PERCENTAGE OF HOUSEHOLDS USING												
All households .....	100.0	98.0	5.3	85.3	97.3	92.0	98.0	35.3	99.3	80.7	36.0	96.0
1-person households .....	100.0	100.0	0.0	62.5	87.5	75.0	100.0	37.5	100.0	50.0	25.0	87.5
Households of 2 or more persons ..	100.0	97.9	5.6	86.6	97.9	93.0	97.9	35.2	99.3	82.4	36.6	96.5
Under 2,000 .....	100.0	93.3	6.7	86.7	96.7	96.7	96.7	30.0	100.0	86.7	46.7	96.7
2,000-3,999 .....	100.0	100.0	7.9	78.9	94.7	94.7	94.7	34.2	100.0	76.3	34.2	94.7
4,000-5,999 .....	100.0	97.1	5.9	91.2	100.0	91.2	100.0	44.1	97.1	79.4	29.4	97.1
6,000 and over .....	100.0	100.0	0.0	100.0	100.0	95.0	100.0	25.0	100.0	95.0	45.0	100.0
Not classified .....	100.0	100.0	5.0	80.0	100.0	85.0	100.0	40.0	100.0	80.0	30.0	95.0
QUANTITY PER HOUSEHOLD (pounds)												
All households .....	26.28	9.62	.07	2.16	5.81	2.99	5.12	.51	16.65	4.70	.32	10.77
1-person households .....	19.85	7.30	.00	1.54	4.99	1.65	4.06	.32	9.74	2.42	.13	6.82
Households of 2 or more persons ..	26.64	9.76	.08	2.20	5.85	3.07	5.18	.52	17.04	4.82	.33	10.99
Under 2,000 .....	25.86	9.42	.08	2.14	5.48	2.29	5.97	.49	17.38	4.17	.45	11.61
2,000-3,999 .....	23.69	8.66	.07	1.49	5.18	3.28	4.37	.63	16.39	5.16	.21	10.42
4,000-5,999 .....	26.72	8.94	.10	2.57	5.74	3.80	4.92	.64	17.58	5.29	.33	11.02
6,000 and over .....	32.62	11.72	.00	2.93	7.31	4.07	6.36	.22	17.69	4.52	.33	11.94
Not classified .....	27.29	11.76	.13	2.26	6.41	1.55	4.76	.43	16.23	4.66	.41	10.14
MONEY VALUE PER HOUSEHOLD (dollars)												
All households .....	3.52	.68	.01	.32	.95	.55	.88	.14	2.65	.72	.08	1.85
1-person households .....	2.27	.36	.00	.20	.72	.35	.54	.10	1.44	.21	.04	1.19
Households of 2 or more persons ..	3.59	.69	.01	.33	.97	.56	.89	.14	2.72	.75	.08	1.89
Under 2,000 .....	3.65	.71	.02	.34	.92	.47	1.06	.13	2.73	.64	.10	1.99
2,000-3,999 .....	3.29	.66	.01	.24	.88	.64	.69	.18	2.40	.62	.06	1.72
4,000-5,999 .....	3.65	.68	.02	.40	.95	.62	.83	.15	2.82	.89	.07	1.86
6,000 and over .....	4.25	.79	.00	.43	1.19	.69	1.09	.06	3.18	.86	.10	2.23
Not classified .....	3.30	.67	.02	.24	1.03	.30	.93	.12	2.65	.79	.09	1.77

See footnotes at end of table.

Table 14.--VEGETABLES AND FRUITS (continued)

WEST

RURAL FARM  
Home-produced food

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Vegetables <sup>1/</sup>								Fruits <sup>1/</sup>			
	Total	Potatoes	Sweet-potatoes	Dark green and deep yellow <sup>2/</sup>	Other green <sup>3/</sup>	Tomatoes	Other	Mixtures and soups	Total <sup>4/</sup>	Citrus (juice equivalent)	Dried	Other
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
PERCENTAGE OF HOUSEHOLDS USING												
All households .....	62.7	14.0	0.0	23.3	30.7	10.0	46.7	0.0	43.3	2.0	0.0	41.3
1-person households .....	50.0	25.0	0.0	25.0	37.5	12.5	25.0	0.0	50.0	0.0	0.0	50.0
Households of 2 or more persons ..	63.4	13.4	0.0	23.2	30.3	9.9	47.9	0.0	43.0	2.1	0.0	40.8
Under 2,000 .....	80.0	20.0	0.0	26.7	36.7	13.3	60.0	0.0	36.7	0.0	0.0	36.7
2,000-3,999 .....	57.9	10.5	0.0	23.7	26.3	10.5	47.4	0.0	42.1	0.0	0.0	42.1
4,000-5,999 .....	64.7	17.6	0.0	29.4	35.3	11.8	50.0	0.0	55.9	5.9	0.0	50.0
6,000 and over .....	65.0	10.0	0.0	25.0	25.0	5.0	40.0	0.0	35.0	5.0	0.0	30.0
Not classified .....	45.0	5.0	0.0	5.0	25.0	5.0	35.0	0.0	40.0	0.0	0.0	40.0
QUANTITY PER HOUSEHOLD (pounds)												
All households .....	4.15	1.56	.00	.51	.74	.27	1.08	.00	2.72	.25	.00	2.47
1-person households .....	5.17	1.38	.00	.75	1.02	.84	1.18	.00	2.10	.00	.00	2.10
Households of 2 or more persons ..	4.10	1.57	.00	.50	.72	.24	1.07	.00	2.75	.26	.00	2.49
Under 2,000 .....	6.20	2.60	.00	.66	.77	.22	1.94	.00	4.06	.00	.00	4.06
2,000-3,999 .....	3.25	1.24	.00	.44	.54	.21	.83	.00	2.65	.00	.00	2.65
4,000-5,999 .....	5.12	2.00	.00	.73	.93	.46	.99	.00	3.37	1.02	.00	2.35
6,000 and over .....	3.43	1.45	.00	.36	.72	.06	.85	.00	1.62	.14	.00	1.48
Not classified .....	1.48	.05	.00	.10	.63	.11	.59	.00	1.08	.00	.00	1.08
MONEY VALUE PER HOUSEHOLD (dollars)												
All households .....	.55	.09	.00	.07	.12	.06	.21	.00	.46	.05	.00	.41
1-person households .....	.68	.08	.00	.08	.18	.20	.15	.00	.33	.00	.00	.33
Households of 2 or more persons ..	.54	.09	.00	.07	.12	.05	.22	.00	.46	.05	.00	.42
Under 2,000 .....	.88	.16	.00	.10	.13	.05	.44	.00	.69	.00	.00	.69
2,000-3,999 .....	.41	.07	.00	.05	.09	.05	.14	.00	.41	.00	.00	.41
4,000-5,999 .....	.65	.12	.00	.09	.15	.08	.21	.00	.61	.18	.00	.42
6,000 and over .....	.42	.09	.00	.07	.11	.01	.14	.00	.26	.03	.00	.23
Not classified .....	.25	*	.00	.01	.10	.01	.13	.00	.19	.00	.00	.19

\* Less than 0.05 percent, 0.005 pounds, or 0.005 dollars.

<sup>1/</sup> Fresh, frozen, canned, dried, juice.

<sup>2/</sup> Spinach and other dark, leafy greens, broccoli, green peppers, carrots, pumpkin, winter squash, etc.

<sup>3/</sup> Green lima and snap beans, green peas, asparagus, cabbage, lettuce, okra, etc.

<sup>4/</sup> The single-strength juice equivalent of citrus fruit and citrus products, the fresh equivalent of dried fruit, and the total of all other fruit.



Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Grain products				Fats and oils			Sugars and sweets			Miscellaneous			
	Total (flour equiva- lent) 1/	Enriched, restored, or whole grain 1/	Not enriched, restored, or whole grain 1/	Mixtures and soups	Total	Butter and margarine	Other (includ- ing salad dress- ings)	Total 2/	Sugars, sirups, jellies, candy	Soft drinks, beverage powders, prepared desserts 2/	Total	Plate or box meals	Other foods	
													Some nutritive value 3/	No nutritive value 4/
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
PERCENTAGE OF HOUSEHOLDS USING														
All households .....	99.4	99.1	91.8	36.8	99.1	97.8	93.0	98.8	97.6	67.7	97.6	1.3	33.0	96.6
1-person households .....	96.1	92.2	79.9	22.5	94.1	88.2	72.5	93.6	93.6	32.8	93.6	2.0	13.2	93.1
Households of 2 or more persons ..	99.8	99.8	93.1	38.4	99.6	98.8	95.2	99.3	98.1	71.5	98.0	1.3	35.1	97.0
Under 2,000 .....	100.0	100.0	89.3	29.3	100.0	99.3	92.0	100.0	100.0	64.0	97.3	0.0	28.7	96.7
Under 1,000 .....	100.0	100.0	100.0	38.9	100.0	100.0	100.0	100.0	100.0	80.6	100.0	0.0	47.2	97.2
1,000-1,999 .....	100.0	100.0	86.0	26.3	100.0	99.1	89.5	100.0	100.0	58.8	96.5	0.0	22.8	96.5
2,000-2,999 .....	100.0	100.0	95.5	37.8	100.0	96.0	92.0	100.0	100.0	63.7	100.0	0.0	32.3	100.0
3,000-3,999 .....	100.0	100.0	96.2	31.2	100.0	98.7	95.9	100.0	97.5	70.7	97.5	0.0	44.2	95.0
4,000-4,999 .....	98.9	98.9	96.4	48.8	98.9	98.6	95.6	98.9	97.8	73.4	98.9	1.1	37.1	98.9
5,000-5,999 .....	100.0	100.0	96.0	32.9	100.0	100.0	98.4	100.0	96.8	75.1	96.8	1.6	28.9	96.4
6,000-7,999 .....	100.0	100.0	85.9	39.5	100.0	100.0	99.5	100.0	98.0	78.5	99.5	2.0	35.6	99.5
8,000-9,999 .....	100.0	100.0	94.5	57.1	100.0	100.0	100.0	95.6	95.6	76.9	95.6	0.0	33.0	95.6
10,000 and over .....	100.0	100.0	91.2	36.0	100.0	100.0	97.1	100.0	100.0	82.4	97.1	5.9	30.9	97.1
Not classified .....	100.0	100.0	86.5	37.0	97.9	97.9	87.0	97.4	97.4	60.4	97.4	2.1	35.9	92.2
QUANTITY PER HOUSEHOLD (pounds)														
All households .....	8.18	6.32	1.75	.59	2.91	1.37	1.54	4.17	3.78	.39	**	.01	**	**
1-person households .....	2.94	2.31	.58	.28	1.11	.55	.57	1.39	1.31	.08	**	.01	**	**
Households of 2 or more persons ..	8.74	6.75	1.87	.63	3.10	1.46	1.64	4.46	4.04	.42	**	.01	**	**
Under 2,000 .....	7.78	6.36	1.34	.35	2.40	1.32	1.08	3.64	3.39	.25	**	.00	**	**
Under 1,000 .....	7.59	6.01	1.48	.56	2.59	1.37	1.22	3.97	3.56	.41	**	.00	**	**
1,000-1,999 .....	7.84	6.48	1.29	.28	2.34	1.31	1.03	3.54	3.34	.20	**	.00	**	**
2,000-2,999 .....	8.89	7.03	1.77	.53	2.99	1.21	1.78	3.75	3.37	.38	**	.00	**	**
3,000-3,999 .....	9.96	8.01	1.84	.57	3.30	1.51	1.79	4.98	4.56	.42	**	.00	**	**
4,000-4,999 .....	9.09	6.69	2.27	.71	3.36	1.47	1.89	1.95	4.51	.44	**	.01	**	**
5,000-5,999 .....	9.67	7.31	2.27	.48	3.34	1.51	1.83	5.01	4.55	.46	**	.03	**	**
6,000-7,999 .....	8.50	6.74	1.63	.79	3.05	1.42	1.64	4.15	3.73	.43	**	.03	**	**
8,000-9,999 .....	7.24	5.03	2.02	.84	3.23	1.66	1.57	3.68	3.17	.51	**	.00	**	**
10,000 and over .....	7.61	5.71	1.72	.83	3.20	1.76	1.44	4.98	4.38	.60	**	.04	**	**
Not classified .....	7.22	5.58	1.51	.64	2.56	1.42	1.14	3.73	3.35	.38	**	.01	**	**
MONEY VALUE PER HOUSEHOLD (dollars)														
All households .....	2.64	1.60	.86	.19	1.06	.59	.48	1.24	.85	.39	2.33	.01	.06	2.25
1-person households .....	.93	.53	.30	.10	.42	.25	.18	.44	.35	.09	1.11	.02	.01	1.09
Households of 2 or more persons ..	2.83	1.71	.92	.20	1.13	.62	.51	1.33	.91	.43	2.46	.01	.07	2.38
Under 2,000 .....	2.04	1.35	.58	.10	.92	.60	.32	.92	.66	.26	1.38	.00	.06	1.32
Under 1,000 .....	2.21	1.33	.72	.17	.92	.57	.35	1.09	.73	.36	1.13	.00	.07	1.06
1,000-1,999 .....	1.98	1.35	.54	.08	.91	.60	.31	.86	.63	.23	1.46	.00	.06	1.40
2,000-2,999 .....	2.48	1.64	.69	.16	.99	.50	.49	1.05	.72	.33	1.83	.00	.04	1.78
3,000-3,999 .....	2.88	1.96	.74	.18	1.06	.55	.52	1.37	.95	.42	1.98	.00	.09	1.89
4,000-4,999 .....	3.02	1.76	1.04	.21	1.12	.54	.59	1.39	.97	.43	2.44	.01	.08	2.35
5,000-5,999 .....	2.98	1.77	1.03	.18	1.13	.58	.56	1.47	.99	.48	2.59	.03	.06	2.51
6,000-7,999 .....	3.09	1.89	.98	.22	1.31	.72	.59	1.27	.81	.46	3.03	.03	.06	2.94
8,000-9,999 .....	2.79	1.37	1.13	.29	1.12	.59	.52	1.24	.78	.46	2.24	.00	.04	2.20
10,000 and over .....	3.31	1.64	1.32	.36	1.51	1.00	.51	1.90	1.23	.67	5.07	.05	.11	4.90
Not classified .....	2.57	1.52	.86	.19	1.13	.75	.38	1.31	.93	.37	2.29	.02	.05	2.22

See footnotes at end of table.



Table 15.--GRAIN PRODUCTS; FATS AND OILS; SUGARS AND SWEETS;  
MISCELLANEOUS FOODS (continued)

WEST

NONFARM (URBAN AND RURAL NONFARM)

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Grain products				Fats and oils			Sugars and sweets			Miscellaneous			
	Total (flour equiva- lent) 1/	Enriched, restored, or whole grain 1/	Not enriched, restored, or whole grain 1/	Mixtures and soups	Total	Butter and margarine	Other (includ- ing salad dress- ings)	Total 2/	Sugars, sirups, jellies, candy	Soft drinks, beverage powders, prepared desserts 2/	Total	Plate or box meals	Other foods	
													Some nutritive value 3/	No nutritive value 4/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
PERCENTAGE OF HOUSEHOLDS USING														
All households .....	99.4	99.0	91.6	37.4	94.0	97.8	92.6	98.8	97.5	67.5	97.5	1.4	30.9	96.7
1-person households .....	95.9	91.8	79.6	22.4	93.9	87.8	71.4	93.9	93.9	32.7	93.9	2.0	12.2	93.9
Households of 2 or more persons ..	99.8	99.8	93.0	39.1	99.5	98.9	95.0	99.3	98.0	71.4	98.0	1.4	33.0	97.0
Under 2,000 .....	100.0	100.0	86.7	33.3	100.0	100.0	90.0	100.0	100.0	63.3	96.7	0.0	20.0	96.7
Under 1,000 .....	100.0	100.0	100.0	50.0	100.0	100.0	100.0	100.0	100.0	83.3	100.0	0.0	33.3	100.0
1,000-1,999 .....	100.0	100.0	83.3	29.2	100.0	100.0	87.5	100.0	100.0	58.3	95.8	0.0	16.7	95.8
2,000-2,999 .....	100.0	100.0	95.7	38.3	100.0	95.7	91.5	100.0	100.0	61.7	100.0	0.0	29.8	100.0
3,000-3,999 .....	100.0	100.0	95.9	30.1	100.0	98.6	95.9	100.0	97.3	71.2	97.3	0.0	43.8	94.5
4,000-4,999 .....	98.8	98.8	96.5	49.4	98.8	98.8	95.3	99.8	97.6	74.1	98.8	1.2	35.3	98.8
5,000-5,999 .....	100.0	100.0	96.6	32.2	100.0	100.0	98.3	100.0	96.6	74.6	96.6	1.7	27.1	96.6
6,000-7,999 .....	100.0	100.0	85.7	40.8	100.0	100.0	100.0	100.0	98.0	79.6	100.0	2.0	34.7	100.0
8,000-9,999 .....	100.0	100.0	95.2	57.1	100.0	100.0	100.0	95.2	95.2	76.2	95.2	0.0	28.6	95.2
10,000 and over .....	100.0	100.0	96.9	36.4	100.0	100.0	97.0	100.0	100.0	81.8	97.0	6.1	30.3	97.0
Not classified .....	100.0	100.0	86.0	39.5	97.7	97.7	86.0	97.7	97.7	58.1	97.7	2.3	32.6	93.0
QUANTITY PER HOUSEHOLD (pounds)														
All households .....	7.84	6.04	1.69	.61	2.82	1.34	1.48	3.97	3.59	.39	**	.01	**	**
1-person households .....	2.81	2.21	.54	.28	1.06	.52	.54	1.34	1.26	.08	**	.02	**	**
Households of 2 or more persons ..	8.40	6.47	1.81	.64	3.02	1.44	1.58	4.26	3.84	.42	**	.01	**	**
Under 2,000 .....	6.70	5.55	1.06	.38	2.12	1.30	.82	2.93	2.71	.22	**	.00	**	**
Under 1,000 .....	5.11	3.72	1.20	.69	1.91	1.27	.64	2.36	2.02	.34	**	.00	**	**
1,000-1,999 .....	7.10	6.01	1.02	.30	2.18	1.31	.87	3.07	2.88	.19	**	.00	**	**
2,000-2,999 .....	8.62	6.95	1.59	.54	2.93	1.18	1.76	3.60	3.22	.38	**	.00	**	**
3,000-3,999 .....	9.63	7.76	1.76	.58	3.20	1.46	1.74	4.73	4.32	.41	**	.00	**	**
4,000-4,999 .....	8.73	6.35	2.25	.72	3.30	1.44	1.85	4.85	4.41	.44	**	.01	**	**
5,000-5,999 .....	9.54	7.13	2.31	.47	3.31	1.51	1.81	4.85	4.41	.45	**	.03	**	**
6,000-7,999 .....	8.35	6.64	1.58	.82	2.97	1.39	1.58	4.00	3.59	.42	**	.03	**	**
8,000-9,999 .....	6.60	4.53	1.90	.83	3.05	1.60	1.45	3.26	2.75	.51	**	.00	**	**
10,000 and over .....	7.62	5.74	1.70	.85	3.22	1.78	1.43	4.97	4.38	.59	**	.04	**	**
Not classified .....	6.58	5.00	1.44	.67	2.33	1.36	.97	3.41	3.05	.37	**	.02	**	**
MONEY VALUE PER HOUSEHOLD (dollars)														
All households .....	2.61	1.56	.85	.20	1.03	.56	.47	1.22	.83	.39	2.36	.01	.06	2.29
1-person households .....	.90	.51	.29	.10	.41	.23	.17	.43	.34	.09	1.11	.02	.01	1.09
Households of 2 or more persons ..	2.80	1.68	.91	.21	1.10	.60	.50	1.31	.89	.43	2.49	.01	.06	2.42
Under 2,000 .....	1.85	1.23	.50	.12	.80	.56	.25	.75	.51	.24	1.13	.00	.03	1.10
Under 1,000 .....	1.98	1.03	.71	.23	.61	.43	.18	.80	.45	.35	.67	.00	.03	.64
1,000-1,999 .....	1.81	1.27	.45	.09	.85	.49	.26	.74	.52	.22	1.25	.00	.03	1.22
2,000-2,999 .....	2.42	1.62	.64	.17	.96	.47	.49	1.04	.71	.33	1.84	.00	.04	1.80
3,000-3,999 .....	2.81	1.92	.70	.18	1.03	.53	.50	1.34	.93	.41	1.96	.00	.08	1.87
4,000-4,999 .....	3.00	1.73	1.05	.21	1.10	.53	.58	1.40	.96	.44	2.46	.01	.07	2.38
5,000-5,999 .....	2.96	1.74	1.05	.17	1.12	.56	.55	1.46	.98	.48	2.62	.03	.05	2.54
6,000-7,999 .....	3.08	1.87	.97	.23	1.29	.70	.59	1.24	.79	.46	3.11	.03	.06	3.02
8,000-9,999 .....	2.65	1.27	1.10	.29	1.02	.52	.49	1.20	.73	.47	2.26	.00	.02	2.24
10,000 and over .....	3.33	1.65	1.32	.37	1.52	1.02	.50	1.90	1.24	.66	5.17	.05	.11	5.00
Not classified .....	2.57	1.48	.90	.19	1.06	.71	.35	1.28	.91	.37	2.32	.02	.03	2.27

See footnotes at end of table.

Table 15.--GRAIN PRODUCTS; FATS AND OILS; SUGARS AND SWEETS;  
MISCELLANEOUS FOODS (continued)

WEST

URBAN

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Grain products				Fats and oils			Sugars and sweets			Miscellaneous			
	Total (flour equiva- lent) 1/	Enriched, restored, or whole grain 1/	Not enriched, restored, or whole grain 1/	Mixtures and soups	Total	Butter and margarine	Other (includ- ing salad dress- ings)	Total 2/	Sugars, sirups, jellies, candy	Soft drinks, beverage powders, prepared desserts 2/	Total	Plate or box meals	Other foods	
													Some nutritive value 3/	No nutritive value 4/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
PERCENTAGE OF HOUSEHOLDS USING														
All households .....	99.5	98.9	92.6	39.1	98.9	97.6	91.6	98.7	97.9	68.6	97.4	1.3	27.7	96.6
1-person households .....	97.6	92.7	78.0	22.0	95.1	87.8	70.7	95.1	95.1	31.7	95.1	2.4	14.6	95.1
Households of 2 or more persons ..	99.7	99.7	94.4	41.1	99.4	98.8	94.1	99.1	98.2	73.1	97.6	1.2	29.3	96.7
Under 2,000 .....	100.0	100.0	95.0	30.0	100.0	100.0	85.0	100.0	100.0	80.0	95.0	0.0	15.0	95.0
2,000-2,999 .....	100.0	100.0	96.7	36.7	100.0	93.3	86.7	100.0	100.0	70.0	100.0	0.0	26.7	100.0
3,000-3,999 .....	100.0	100.0	95.7	40.4	100.0	100.0	95.7	100.0	100.0	68.1	97.9	0.0	38.3	95.7
4,000-4,999 .....	98.5	98.5	97.0	50.0	98.5	98.5	93.9	97.5	97.0	74.2	98.5	0.0	30.3	98.5
5,000-5,999 .....	100.0	100.0	95.8	35.4	100.0	100.0	97.9	100.0	97.9	72.9	95.8	2.1	18.7	95.8
6,000-7,999 .....	100.0	100.0	90.5	40.5	100.0	100.0	100.0	100.0	97.6	81.0	100.0	2.4	40.5	100.0
8,000-9,999 .....	100.0	100.0	94.4	55.6	100.0	100.0	100.0	94.4	94.4	77.8	94.4	0.0	22.2	94.4
10,000 and over .....	100.0	100.0	90.3	38.7	100.0	100.0	96.8	100.0	100.0	80.6	96.8	6.5	29.0	96.8
Not classified .....	100.0	100.0	91.7	38.9	97.2	97.2	86.1	97.2	97.2	58.3	97.2	0.0	30.6	91.7
QUANTITY PER HOUSEHOLD (pounds)														
All households .....	7.39	5.63	1.64	.65	2.70	1.34	1.37	3.80	3.42	.38	**	.01	**	**
1-person households .....	2.74	2.21	.48	.26	1.06	.54	.53	1.24	1.15	.08	**	.02	**	**
Households of 2 or more persons ..	7.95	6.04	1.78	.70	2.90	1.44	1.47	4.11	3.09	.42	**	.01	**	**
Under 2,000 .....	4.95	4.08	.76	.42	1.93	1.24	.69	2.41	2.12	.29	**	.00	**	**
2,000-2,999 .....	8.55	7.02	1.42	.64	2.64	1.11	1.53	3.24	2.64	.40	**	.00	**	**
3,000-3,999 .....	9.78	7.92	1.70	.78	3.23	1.54	1.69	4.90	4.49	.41	**	.00	**	**
4,000-4,999 .....	8.52	6.14	2.23	.75	3.14	1.44	1.70	4.58	4.14	.44	**	.00	**	**
5,000-5,999 .....	7.96	5.79	2.08	.49	2.93	1.38	1.55	4.37	3.98	.39	**	.04	**	**
6,000-7,999 .....	8.47	6.62	1.72	.77	2.99	1.42	1.57	4.11	3.74	.37	**	.04	**	**
8,000-9,999 .....	6.27	4.23	1.87	.84	3.18	1.69	1.48	3.34	2.62	.52	**	.00	**	**
10,000 and over .....	7.61	5.67	1.75	.91	3.16	1.75	1.41	4.98	4.38	.59	**	.05	**	**
Not classified .....	6.24	4.59	1.54	.63	2.31	1.34	.97	3.17	2.61	.36	**	.00	**	**
MONEY VALUE PER HOUSEHOLD (dollars)														
All households .....	2.57	1.51	.86	.21	1.01	.57	.45	1.18	.79	.39	2.31	.01	.04	2.25
1-person households .....	.88	.51	.27	.10	.41	.24	.17	.42	.34	.08	.91	.02	.01	.88
Households of 2 or more persons ..	2.78	1.63	.93	.22	1.09	.60	.48	1.27	.85	.43	2.48	.01	.05	2.42
Under 2,000 .....	1.61	1.01	.46	.13	.70	.47	.23	.73	.41	.32	.89	.00	.02	.87
2,000-2,999 .....	2.35	1.56	.58	.21	.60	.42	.47	.91	.54	.37	1.78	.00	.03	1.75
3,000-3,999 .....	2.91	1.98	.69	.24	1.03	.55	.48	1.38	.96	.42	1.84	.00	.08	1.76
4,000-4,999 .....	2.98	1.73	1.04	.22	1.05	.51	.54	1.34	.92	.42	2.10	.00	.03	2.07
5,000-5,999 .....	2.72	1.62	.94	.17	1.06	.55	.50	1.30	.89	.41	2.64	.04	.03	2.57
6,000-7,999 .....	3.14	1.86	1.08	.21	1.31	.71	.60	1.19	.80	.39	3.37	.03	.07	3.28
8,000-9,999 .....	2.48	1.12	1.08	.29	1.07	.55	.51	1.21	.78	.44	1.68	.00	.02	1.66
10,000 and over .....	3.35	1.61	1.35	.39	1.48	.99	.50	1.88	1.23	.66	5.07	.06	.10	4.91
Not classified .....	2.57	1.42	.98	.17	1.05	.72	.33	1.16	.78	.39	2.42	.00	.04	2.38

See footnotes at end of table.

Table 15.--GRAIN PRODUCTS; FATS AND OILS; SUGARS AND SWEETS;  
MISCELLANEOUS FOODS (continued)

WEST

RURAL NONFARM

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Grain products				Fats and oils			Sugars and sweets			Miscellaneous			
	Total (flour equiva- lent) 1/	Enriched, restored, or whole grain 1/	Not enriched, restored, or whole grain 1/	Mixtures and soups	Total	Butter and margarine	Other (includ- ing salad dress- ings)	Total 2/	Sugars, sirups, jellies, candy	Soft drinks, beverage powders, prepared desserts 2/	Total	Plate or box meals	Other foods	
													Some nutritive value 3/	No nutritive value 4/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
PERCENTAGE OF HOUSEHOLDS USING														
All households .....	99.1	99.1	88.2	31.8	99.1	98.2	96.4	99.1	96.4	63.6	98.2	1.6	41.8	97.3
1-person households .....	87.5	87.5	87.5	25.0	87.5	87.5	75.0	87.5	87.5	37.5	87.5	0.0	0.0	87.5
Households of 2 or more persons ..	100.0	100.0	88.2	32.4	100.0	99.0	98.0	100.0	97.1	65.7	99.0	2.0	45.1	98.0
Under 2,000 .....	100.0	100.0	70.0	40.0	100.0	100.0	100.0	100.0	100.0	30.0	100.0	0.0	30.0	100.0
2,000-3,999 .....	100.0	100.0	95.3	23.3	100.0	97.7	97.7	100.0	95.3	65.1	97.7	0.0	46.5	95.3
4,000-5,999 .....	100.0	100.0	96.7	36.7	100.0	100.0	100.0	100.0	96.7	76.7	100.0	3.3	56.7	100.0
6,000 and over .....	100.0	100.0	75.0	41.7	100.0	100.0	100.0	100.0	100.0	75.0	100.0	0.0	25.0	100.0
Not classified .....	100.0	100.0	57.1	42.9	100.0	100.0	85.7	100.0	100.0	57.1	100.0	14.3	42.9	100.0
QUANTITY PER HOUSEHOLD (pounds)														
All households .....	9.40	7.45	1.86	.46	3.22	1.36	1.86	4.56	4.16	.40	**	.01	**	**
1-person households .....	3.14	2.21	.85	.38	1.04	.41	.63	1.87	1.79	.09	**	.00	**	**
Households of 2 or more persons ..	9.89	7.86	1.94	.47	3.39	1.43	1.95	4.78	4.35	.42	**	.01	**	**
Under 2,000 .....	10.21	8.49	1.68	.30	2.50	1.42	1.08	3.96	3.88	.08	**	.00	**	**
2,000-3,999 .....	9.12	7.21	1.87	.28	3.27	1.30	1.97	4.34	3.96	.38	**	.00	**	**
4,000-5,999 .....	12.03	9.24	2.69	.54	4.26	1.67	2.58	6.21	5.08	.54	**	.02	**	**
6,000 and over .....	7.91	6.66	1.09	.85	2.93	1.32	1.61	3.46	2.86	.60	**	.00	**	**
Not classified .....	8.33	7.16	.96	.88	2.44	1.43	1.01	4.67	4.26	.42	**	.10	**	**
MONEY VALUE PER HOUSEHOLD (dollars)														
All households .....	2.72	1.76	.81	.15	1.09	.56	.53	1.38	.97	.41	2.50	.01	.09	2.40
1-person households .....	.98	.51	.38	.09	.39	.21	.18	.49	.34	.14	2.13	.00	.00	2.13
Households of 2 or more persons ..	2.80	1.86	.85	.16	1.14	.59	.56	1.45	1.02	.43	2.53	.01	.10	2.42
Under 2,000 .....	2.32	1.65	.58	.09	1.02	.74	.28	.78	.69	.08	1.61	.00	.05	1.56
2,000-3,999 .....	2.60	1.79	.74	.08	1.04	.51	.53	1.26	.94	.33	2.08	.00	.07	2.00
4,000-5,999 .....	3.40	1.94	1.26	.20	1.32	.60	.73	1.79	1.20	.59	3.31	.02	.19	3.10
6,000 and over .....	3.01	2.07	.66	.29	1.19	.69	.50	1.55	.77	.77	3.43	.00	.07	3.36
Not classified .....	2.59	1.83	.46	.31	1.08	.64	.44	1.87	1.60	.27	1.80	.11	.03	1.66

See footnotes at end of table.



Table 15.--GRAIN PRODUCTS; FATS AND OILS; SUGARS AND SWEETS;  
MISCELLANEOUS FOODS (continued)

WEST

RURAL FARM  
Food from all sources

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1); food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Grain products				Fats and oils			Sugars and sweets			Miscellaneous			
	Total (flour equiva- lent) 1/	Enriched, restored, or whole grain 1/	Not enriched, restored, or whole grain 1/	Mixtures and soups	Total	Butter and margarine	Other (includ- ing salad dress- ings)	Total 2/	Sugars, sirups, jellies, candy	Soft drinks, beverage powders, prepared desserts 2/	Total	Plate or box meals	Other foods	
													Some nutritive value 3/	No nutritive value 4/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
PERCENTAGE OF HOUSEHOLDS USING														
All households .....	100.0	100.0	94.0	29.3	100.0	98.7	98.0	98.7	98.7	70.7	98.0	0.0	60.7	94.7
1-person households .....	100.0	100.0	87.5	25.0	100.0	100.0	100.0	87.5	87.5	37.5	87.5	0.0	37.5	75.0
Households of 2 or more persons ..	100.0	100.0	94.4	29.6	100.0	98.6	97.9	99.3	99.3	72.5	98.6	0.0	62.0	95.8
Under 2,000 .....	100.0	100.0	100.0	13.3	100.0	96.7	100.0	100.0	100.0	66.7	100.0	0.0	63.3	96.7
2,000-3,999 .....	100.0	100.0	97.4	39.5	100.0	100.0	97.4	100.0	100.0	73.7	100.0	0.0	55.3	100.0
4,000-5,999 .....	100.0	100.0	91.2	41.2	100.0	97.1	100.0	100.0	100.0	70.6	100.0	0.0	64.7	97.1
6,000 and over .....	100.0	100.0	90.0	30.0	100.0	100.0	95.0	100.0	100.0	75.0	95.0	0.0	65.0	95.0
Not classified .....	100.0	100.0	90.0	15.0	100.0	100.0	95.0	95.0	95.0	80.0	95.0	0.0	65.0	85.0
QUANTITY PER HOUSEHOLD (pounds)														
All households .....	12.56	9.92	2.56	.41	4.07	1.77	2.30	6.73	6.26	.46	**	.00	**	**
1-person households .....	6.26	4.78	1.45	.23	2.50	1.31	1.19	2.68	2.58	.11	**	.00	**	**
Households of 2 or more persons ..	12.92	10.21	2.62	.42	4.16	1.80	2.36	6.95	6.47	.48	**	.00	**	**
Under 2,000 .....	12.09	9.61	2.43	.23	3.51	1.40	2.11	6.50	6.13	.37	**	.00	**	**
2,000-3,999 .....	13.44	10.04	3.32	.45	4.21	1.94	2.27	7.22	6.73	.49	**	.00	**	**
4,000-5,999 .....	13.76	11.53	2.12	.61	4.16	1.78	2.38	7.04	6.56	.48	**	.00	**	**
6,000 and over .....	11.93	8.81	2.97	.40	4.61	1.98	2.64	7.47	6.83	.64	**	.00	**	**
Not classified .....	12.71	10.57	2.08	.34	4.54	1.96	2.59	6.48	6.00	.49	**	.00	**	**
MONEY VALUE PER HOUSEHOLD (dollars)														
All households .....	3.12	2.02	.97	.14	1.50	.87	.63	1.51	1.11	.39	1.99	.00	.15	1.84
1-person households .....	1.61	1.04	.50	.07	.88	.55	.33	.58	.50	.08	1.14	.00	.05	1.09
Households of 2 or more persons ..	3.21	2.07	1.00	.14	1.53	.88	.65	1.56	1.15	.41	2.04	.00	.16	1.88
Under 2,000 .....	2.80	1.83	.92	.04	1.35	.74	.61	1.59	1.26	.33	2.38	.00	.18	2.19
2,000-3,999 .....	3.58	2.18	1.27	.13	1.48	.87	.61	1.51	1.03	.47	2.05	.00	.12	1.93
4,000-5,999 .....	3.32	2.26	.81	.25	1.45	.76	.69	1.47	1.12	.36	2.01	.00	.19	1.82
6,000 and over .....	3.59	2.16	1.31	.12	1.84	1.11	.73	1.76	1.25	.51	1.62	.00	.14	1.48
Not classified .....	2.53	1.82	.58	.13	1.75	1.10	.65	1.55	1.14	.41	2.01	.00	.16	1.84

See footnotes at end of table.



Table 15.--GRAIN PRODUCTS; FATS AND OILS; SUGARS AND SWEETS;  
MISCELLANEOUS FOODS (continued)

WEST

RURAL FARM  
Home-produced

Food used at home in a week, April-June 1955: Percentage of households using and average quantity and average money value per household (based on all households in cell, table 1), food from all sources and home-produced food (valued at average prices paid for purchased food) separately for farm households; housekeeping households of 1 or more persons, by income

Type of data, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Grain products				Fats and oils			Sugars and sweets			Miscellaneous			
	Total (flour equiva- lent) 1/	Enriched, restored, or whole grain 1/	Not enriched, restored, or whole grain 1/	Mixtures and soups	Total	Butter and margarine	Other (mostly lard)	Total 2/	Sugars, sirups, jellies, candy	Soft drinks, beverage powders, prepared desserts 2/	Total	Plate or box meals	Other foods	
													Some nutritive value 3/	No nutritive value 4/
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)
PERCENTAGE OF HOUSEHOLDS USING														
All households .....	2.0	1.3	1.3	1.3	28.7	17.3	18.7	45.3	44.7	0.7	0.0	0.0	0.0	0.0
1-person households .....	0.0	0.0	0.0	0.0	12.5	0.0	12.5	37.5	37.5	0.0	0.0	0.0	0.0	0.0
Households of 2 or more persons ..	2.1	1.4	1.4	1.4	29.6	18.3	19.0	45.8	45.1	0.7	0.0	0.0	0.0	0.0
Under 2,000 .....	0.0	0.0	0.0	0.0	33.3	23.3	26.7	53.3	53.3	0.0	0.0	0.0	0.0	0.0
2,000-3,999 .....	5.3	2.6	5.3	2.6	31.6	18.4	15.8	44.7	42.1	2.6	0.0	0.0	0.0	0.0
4,000-5,999 .....	0.0	0.0	0.0	0.0	11.8	5.9	5.9	41.2	41.2	0.0	0.0	0.0	0.0	0.0
6,000 and over .....	0.0	0.0	0.0	0.0	25.0	10.0	20.0	40.0	40.0	0.0	0.0	0.0	0.0	0.0
Not classified .....	5.0	5.0	0.0	5.0	55.0	40.0	35.0	50.0	50.0	0.0	0.0	0.0	0.0	0.0
QUANTITY PER HOUSEHOLD (pounds)														
All households .....	.10	.07	.02	.06	.47	.29	.18	.55	.55	*	**	.00	**	**
1-person households .....	.00	.00	.00	.00	.13	.00	.13	.58	.58	.00	**	.00	**	**
Households of 2 or more persons ..	.11	.08	.02	.06	.49	.30	.19	.55	.55	*	**	.00	**	**
Under 2,000 .....	.00	.00	.00	.00	.49	.31	.18	.80	.80	.00	**	.00	**	**
2,000-3,999 .....	.31	.22	.07	.12	.44	.27	.17	.53	.52	.01	**	.00	**	**
4,000-5,999 .....	.00	.00	.00	.00	.12	.10	.02	.46	.46	.00	**	.00	**	**
6,000 and over .....	.00	.00	.00	.00	.51	.13	.39	.43	.43	.00	**	.00	**	**
Not classified .....	.19	.15	.00	.20	1.17	.88	.30	.51	.51	.00	**	.00	**	**
MONEY VALUE PER HOUSEHOLD (dollars)														
All households .....	.07	.03	.02	.02	.22	.19	.03	.17	.17	*	.00	.00	.00	.00
1-person households .....	.00	.00	.00	.00	.02	.00	.02	.18	.18	.00	.00	.00	.00	.00
Households of 2 or more persons ..	.07	.03	.02	.02	.23	.20	.04	.17	.17	*	.00	.00	.00	.00
Under 2,000 .....	.00	.00	.00	.00	.23	.20	.03	.24	.24	.00	.00	.00	.00	.00
2,000-3,999 .....	.19	.07	.07	.05	.21	.18	.03	.17	.16	.01	.00	.00	.00	.00
4,000-5,999 .....	.00	.00	.00	.00	.07	.06	*	.14	.14	.00	.00	.00	.00	.00
6,000 and over .....	.00	.00	.00	.00	.15	.08	.07	.13	.13	.00	.00	.00	.00	.00
Not classified .....	.13	.05	.00	.08	.63	.57	.06	.16	.16	.00	.00	.00	.00	.00

\* Less than 0.05 percent, 0.005 pounds, or 0.005 dollars.

\*\* Data not available.

1/ Includes the dry weight of flour and cereal in prepared products and baked goods.

2/ Includes the sugar equivalent of soft drinks, beverage and dessert powders, and prepared desserts.

3/ Includes yeast, plain chocolate, cocoa.

4/ Includes such items as alcoholic beverages, coffee, tea, baking powder, condiments, for which no nutritive values were calculated. Data (except for coffee and tea) refer to amounts bought during the 7-day period rather than the amounts used.

Table 16.--MONEY VALUE OF ALL FOOD USED AT HOME

WEST

BY URBANIZATION

Average per household and per person and distribution of households by money value per person of all food used at home in a week, April-June 1955 (based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Money value of all food at home 1/		Households using food with specified money value per person (21 meals at home in week = 1 person) 1/									
	Per household	Per person 2/	All households	Under \$2.00	\$2.00- \$3.99	\$4.00- \$5.99	\$6.00- \$7.99	\$8.00- \$9.99	\$10.00- \$11.99	\$12.00- \$13.99	\$14.00- \$15.99	\$16.00 and over
(1)	(2) Dollars	(3) Dollars	(4) Percent	(5) Percent	(6) Percent	(7) Percent	(8) Percent	(9) Percent	(10) Percent	(11) Percent	(12) Percent	(13) Percent
<b>ALL URBANIZATIONS</b>												
All households .....	26.62	8.45	100.0	.4	1.9	18.2	23.9	21.8	13.4	8.6	5.5	6.2
1-person households .....	10.68	8.80	100.0	2.0	.0	21.6	17.6	12.3	18.6	12.3	9.8	5.9
Households of 2 or more persons	28.33	8.43	100.0	.2	2.2	17.8	24.6	22.9	12.8	8.2	5.0	6.2
Under 2,000 .....	19.38	7.08	100.0	.0	10.7	28.7	28.0	15.3	9.3	6.7	.0	1.3
Under 1,000 .....	21.35	7.58	100.0	.0	.0	27.8	36.1	13.9	19.4	2.8	.0	.0
1,000-1,999 .....	18.75	6.92	100.0	.0	14.0	28.9	25.4	15.8	6.1	7.9	.0	1.8
2,000-2,999 .....	22.36	7.26	100.0	.0	8.0	19.9	27.9	21.9	12.9	7.5	.0	2.0
3,000-3,999 .....	26.53	7.44	100.0	.0	.3	24.6	32.5	27.1	7.3	.3	4.1	3.8
4,000-4,999 .....	28.33	8.03	100.0	1.1	2.2	19.1	23.5	30.2	8.0	8.0	2.2	5.5
5,000-5,999 .....	30.95	8.09	100.0	.0	.0	19.3	27.3	19.7	10.8	16.1	6.8	.0
6,000-7,999 .....	31.28	9.26	100.0	.0	.0	10.2	22.9	21.5	23.9	5.9	2.0	13.7
8,000-9,999 .....	29.42	9.37	100.0	.0	.0	9.9	19.8	26.4	17.6	8.8	13.2	4.4
10,000 and over .....	43.08	12.56	100.0	.0	.0	.0	13.2	9.6	24.3	8.8	23.5	20.6
Not classified .....	27.08	9.27	100.0	.0	.0	16.1	16.1	22.4	14.1	15.1	5.2	10.9
<b>NONFARM (URBAN AND RURAL NONFARM)</b>												
All households .....	26.26	8.53	100.0	.4	2.0	17.8	23.3	22.1	13.3	8.8	5.7	6.5
1-person households .....	10.46	8.84	100.0	2.0	.0	22.4	16.3	12.2	18.4	12.2	10.2	6.1
Households of 2 or more persons	28.02	8.52	100.0	.2	2.3	17.3	24.1	23.2	12.7	8.4	5.2	6.6
Under 2,000 .....	16.46	6.66	100.0	.0	13.3	30.0	26.7	16.7	6.7	6.7	.0	.0
Under 1,000 .....	15.52	6.91	100.0	.0	.0	33.3	33.3	16.7	16.7	.0	.0	.0
1,000-1,999 .....	16.70	6.60	100.0	.0	16.7	29.2	25.0	16.7	4.2	8.3	.0	.0
2,000-2,999 .....	22.00	7.24	100.0	.0	8.5	19.1	27.7	23.4	12.8	6.4	.0	2.1
3,000-3,999 .....	26.02	7.48	100.0	.0	.0	24.7	32.9	27.4	6.8	.0	4.1	4.1
4,000-4,999 .....	28.15	8.11	100.0	1.2	2.4	17.6	23.5	30.6	8.2	8.2	2.4	5.9
5,000-5,999 .....	30.79	8.12	100.0	.0	.0	18.6	27.1	20.3	10.2	16.9	6.8	.0
6,000-7,999 .....	31.16	9.35	100.0	.0	.0	10.2	22.4	20.4	24.5	6.1	2.0	14.2
8,000-9,999 .....	28.80	9.67	100.0	.0	.0	9.5	19.0	23.8	19.0	9.5	14.3	4.8
10,000 and over .....	43.35	12.71	100.0	.0	.0	.0	12.1	9.1	24.2	9.1	24.2	21.3
Not classified .....	26.32	9.44	100.0	.0	.0	16.3	14.0	23.3	14.0	16.3	4.7	11.7
<b>URBAN</b>												
All households .....	25.96	8.53	100.0	.5	2.1	17.7	23.0	22.2	13.5	9.0	5.8	6.3
1-person households .....	9.45	8.49	100.0	2.4	.0	24.4	17.1	12.2	17.1	12.2	7.3	7.3
Households of 2 or more persons	27.96	8.54	100.0	.3	2.4	16.9	23.7	23.4	13.0	8.6	5.6	6.2
Under 2,000 .....	14.93	6.73	100.0	.0	10.0	35.0	25.0	15.0	10.0	5.0	.0	.0
2,000-2,999 .....	20.53	6.61	100.0	.0	13.3	20.0	20.0	30.0	13.3	3.3	.0	.0
3,000-3,999 .....	25.92	7.25	100.0	.0	.0	29.8	29.8	27.7	8.5	.0	2.1	2.1
4,000-4,999 .....	27.09	7.77	100.0	1.5	3.0	19.7	24.2	28.8	7.6	9.1	1.5	4.5
5,000-5,999 .....	29.72	8.53	100.0	.0	.0	10.4	31.2	18.7	10.4	20.8	8.3	.0
6,000-7,999 .....	31.40	9.35	100.0	.0	.0	9.5	23.8	21.4	21.4	7.1	2.4	14.3
8,000-9,999 .....	28.28	9.26	100.0	.0	.0	11.1	22.2	27.8	16.7	5.6	11.1	5.6
10,000 and over .....	43.13	12.51	100.0	.0	.0	.0	12.9	9.7	22.6	9.7	25.8	19.4
Not classified .....	26.04	9.25	100.0	.0	.0	16.7	16.7	25.0	13.9	11.1	5.6	11.1

See footnotes at end of table.

Table 16.--MONEY VALUE OF ALL FOOD USED AT HOME (continued)

WEST

BY URBANIZATION

Average per household and per person and distribution of households by money value per person of all food used at home in a week, April-June 1955 (based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Money value of all food at home <sup>1/</sup>		Households using food with specified money value per person (21 meals at home in week = 1 person) <sup>1/</sup>									
	Per household	Per person <sup>2/</sup>	All households	Under \$2.00	\$2.00- \$3.99	\$4.00- \$5.99	\$6.00- \$7.99	\$8.00- \$9.99	\$10.00- \$11.99	\$12.00- \$13.99	\$14.00- \$15.99	\$16.00 and over
	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)
	Dollars	Dollars	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
RURAL NONFARM												
All households .....	27.32	8.51	100.0	.0	1.8	18.2	24.5	21.8	12.7	8.2	5.5	7.3
1-person households .....	15.62	10.13	100.0	.0	.0	12.5	12.5	12.5	25.0	12.5	25.0	.0
Households of 2 or more persons	28.24	8.45	100.0	.0	2.0	18.6	25.5	22.5	11.8	7.8	3.9	7.8
Under 2,000 .....	19.52	6.55	100.0	.0	20.0	20.0	30.0	20.0	.0	10.0	.0	.0
2,000-3,999 .....	25.56	8.11	100.0	.0	.0	16.3	39.5	20.9	7.0	4.7	4.7	7.0
4,000-5,999 .....	33.16	8.20	100.0	.0	.0	26.7	16.7	33.3	10.0	3.3	3.3	6.7
6,000 and over .....	33.09	11.20	100.0	.0	.0	8.3	8.3	8.3	41.7	8.3	8.3	16.7
Not classified .....	27.78	10.44	100.0	.0	.0	14.3	.0	14.3	14.3	42.9	.0	14.3
RURAL FARM												
All households .....	31.34	7.63	100.0	.0	.7	23.3	32.0	18.7	14.7	6.0	2.7	2.0
1-person households .....	16.22	8.28	100.0	.0	.0	.0	50.0	12.5	25.0	12.5	.0	.0
Households of 2 or more persons	32.20	7.61	100.0	.0	.7	24.6	31.0	19.0	14.1	5.6	2.8	2.1
Under 2,000 .....	31.04	8.20	100.0	.0	.0	23.3	33.3	10.0	20.0	6.7	.0	6.7
2,000-3,999 .....	30.82	7.22	100.0	.0	2.6	26.3	28.9	15.8	13.2	10.5	2.6	.0
4,000-5,999 .....	32.24	7.19	100.0	.0	.0	38.2	26.5	17.6	11.8	2.9	2.9	.0
6,000 and over .....	35.09	7.70	100.0	.0	.0	10.0	35.0	45.0	10.0	.0	.0	.0
Not classified .....	33.56	8.28	100.0	.0	.0	15.0	35.0	15.0	15.0	5.0	10.0	5.0

\* Less than 0.05 percent.

Percentages may not add to totals because of rounding.

<sup>1/</sup> Foods obtained without direct expense and eaten at home were valued at average prices reported by families in the same region and urbanization group purchasing a similar item. Includes alcoholic beverages.

<sup>2/</sup> Household averages divided by household size, table 1, column 3.



Table 17.--EXPENSE FOR PURCHASED FOOD AT HOME

WEST

RURAL FARM

Average per household and per person and distribution of households by expense per person for purchased food used at home in a week, April-June 1955 (based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Household size group, and money income after income taxes for households of 2 or more persons (dollars)	Expense for purchased food at home <sup>1/</sup>		Households with specified expense for purchased food per person (21 meals at home in week = 1 person) <sup>1/</sup>									
	Per household	Per person <sup>2/</sup>	All households	Under \$2.00	\$2.00-\$3.99	\$4.00-\$5.99	\$6.00-\$7.99	\$8.00-\$9.99	\$10.00-\$11.99	\$12.00-\$13.99	\$14.00-\$15.99	\$16.00 and over
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	Dollars	Dollars	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All households .....	20.06	4.88	100.0	3.3	29.3	33.3	23.3	5.3	4.0	1.3	.0	.0
1-person households .....	10.69	5.45	100.0	.0	12.5	37.5	25.0	25.0	.0	.0	.0	.0
Households of 2 or more persons ..	20.59	4.87	100.0	3.5	30.3	33.1	23.2	4.2	4.2	1.4	.0	.0
Under 2,000 .....	19.42	5.13	100.0	3.3	30.0	33.3	23.3	6.7	.0	3.3	.0	.0
2,000-3,999 .....	20.20	4.73	100.0	2.6	23.7	44.7	18.4	2.6	7.9	.0	.0	.0
4,000-5,999 .....	20.49	4.57	100.0	2.9	41.2	29.4	20.6	5.9	.0	.0	.0	.0
6,000 and over .....	25.62	5.62	100.0	.0	25.0	25.0	40.0	5.0	5.0	.0	.0	.0
Not classified .....	18.18	4.49	100.0	10.0	30.0	25.0	20.0	.0	10.0	5.0	.0	.0

\* Less than 0.05 percent.

Percentages may not add to totals because of rounding.

<sup>1/</sup> Includes alcoholic beverages.<sup>2/</sup> Household averages divided by household size, table 1, column 3.

Table 18.--MONEY VALUE OF HOME-PRODUCED FOOD

WEST

RURAL FARM

Average per household and per person and distribution of households by money value per person of home-produced food used at home in a week, April-June 1955 (based on all households in cell appropriately weighted for farm and nonfarm combinations, table 1, column 2); housekeeping households of 1 or more persons, by income

Household size group, and money income after income taxes for households of 2 or more persons (dollars)	Money value of home-produced food <sup>1/</sup>		Households using home-produced food with specified money value per person (21 meals at home in week = 1 person) <sup>1/</sup>									
	Per household	Per person <sup>2/</sup>	All households	None	\$0.01-\$0.99	\$1.00-\$1.99	\$2.00-\$2.99	\$3.00-\$3.99	\$4.00-\$4.99	\$5.00-\$5.99	\$6.00-\$6.99	\$7.00 and over
	(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)
	Dollars	Dollars	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent	Percent
All households .....	10.43	2.54	100.0	1.3	19.3	23.3	18.7	20.7	7.3	3.3	2.0	4.0
1-person households .....	4.90	2.50	100.0	.0	25.0	25.0	25.0	25.0	.0	.0	.0	.0
Households of 2 or more persons ..	10.75	2.54	100.0	1.4	19.0	23.2	18.3	20.4	7.7	3.5	2.1	4.2
Under 2,000 .....	10.77	2.85	100.0	.0	13.3	16.7	30.0	20.0	3.3	3.3	6.7	6.7
2,000-3,999 .....	9.63	2.26	100.0	2.6	18.4	34.2	15.8	13.2	2.6	5.3	.0	7.8
4,000-5,999 .....	10.90	2.43	100.0	2.9	14.7	26.5	20.6	14.7	17.6	.0	2.9	.0
6,000 and over .....	8.66	1.90	100.0	.0	40.0	20.0	10.0	20.0	10.0	.0	.0	.0
Not classified .....	14.64	3.61	100.0	.0	15.0	10.0	10.0	45.0	5.0	10.0	.0	5.0

\* Less than 0.05 percent.

Percentages may not add to totals because of rounding.

<sup>1/</sup> Home-produced foods were valued at prices reported by families in the same region and urbanization group purchasing a similar item. Includes alcoholic beverages.<sup>2/</sup> Household averages divided by household size, table 1, column 3.

Table 19.--IODIZED SALT

WEST

BY URBANIZATION

Households using iodized and noniodized salt at home in a week, April-June 1955 (percentages based on all households in cell using salt, 1/ appropriately weighted for farm and nonfarm combinations); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)	Households using salt	Households using iodized salt			Noniodized salt only
		Total	Iodized only	Both iodized and noniodized	
(1)	(2)	(3)	(4)	(5)	(6)
	Percent	Percent	Percent	Percent	Percent
ALL URBANIZATIONS					
All households .....	100.0	75.9	72.5	3.3	24.1
1-person households .....	100.0	64.5	64.5	.0	35.5
Households of 2 or more persons	100.0	77.1	73.4	3.7	22.9
Under 2,000 .....	100.0	71.9	70.5	1.4	28.1
Under 1,000 .....	100.0	75.0	68.8	6.2	25.0
1,000-1,999 .....	100.0	71.1	71.1	.0	28.9
2,000-2,999 .....	100.0	74.1	67.7	6.5	25.9
3,000-3,999 .....	100.0	80.4	75.4	5.0	19.6
4,000-4,999 .....	100.0	77.8	76.2	1.7	22.2
5,000-5,999 .....	100.0	76.3	68.6	7.8	23.7
6,000-7,999 .....	100.0	78.5	76.6	2.0	21.5
8,000-9,999 .....	100.0	68.1	59.3	8.8	31.9
10,000 and over .....	100.0	76.5	75.7	.7	23.5
Not classified .....	100.0	81.2	80.7	.5	18.7
NONFARM (URBAN AND RURAL NONFARM)					
All households .....	100.0	75.9	72.8	3.1	24.1
1-person households .....	100.0	64.6	64.6	.0	35.4
Households of 2 or more persons	100.0	77.2	73.7	3.4	22.8
Under 2,000 .....	100.0	72.4	72.4	.0	27.6
Under 1,000 .....	100.0	80.0	80.0	.0	20.0
1,000-1,999 .....	100.0	70.8	70.8	.0	29.2
2,000-2,999 .....	100.0	74.5	68.1	6.4	25.5
3,000-3,999 .....	100.0	80.8	75.3	5.5	19.2
4,000-4,999 .....	100.0	77.6	76.5	1.2	22.4
5,000-5,999 .....	100.0	75.9	69.0	6.9	24.1
6,000-7,999 .....	100.0	79.6	77.6	2.0	20.4
8,000-9,999 .....	100.0	66.7	57.1	9.5	33.3
10,000 and over .....	100.0	75.8	75.8	.0	24.2
Not classified .....	100.0	81.4	81.4	.0	18.6
URBAN					
All households .....	100.0	76.9	73.7	3.2	23.1
1-person households .....	100.0	62.5	62.5	.0	37.5
Households of 2 or more persons	100.0	78.6	75.0	3.6	21.4
Under 2,000 .....	100.0	68.4	68.4	.0	31.6
2,000-2,999 .....	100.0	76.7	70.0	6.7	23.3
3,000-3,999 .....	100.0	83.0	76.6	6.4	17.0
4,000-4,999 .....	100.0	81.8	80.3	1.5	18.2
5,000-5,999 .....	100.0	80.9	72.3	8.5	19.1
6,000-7,999 .....	100.0	76.2	76.2	.0	23.8
8,000-9,999 .....	100.0	61.1	50.0	11.1	38.9
10,000 and over .....	100.0	77.4	77.4	.0	22.6
Not classified .....	100.0	83.3	83.3	.0	16.7

See footnotes at end of table.

Table 19.--IODIZED SALT (continued)

WEST

BY URBANIZATION

Households using iodized and noniodized salt at home in a week, April-June 1955 (percentages based on all households in cell using salt, 1/ appropriately weighted for farm and nonfarm combinations); housekeeping households of 1 or more persons, by income

Urbanization, household size group, and money income after income taxes for households of 2 or more persons (dollars)  (1)	Households using salt  (2)	Households using iodized salt			Noniodized salt only  (6)
		Total  (3)	Iodized only  (4)	Both iodized and noniodized  (5)	
	<u>Percent</u>	<u>Percent</u>	<u>Percent</u>	<u>Percent</u>	<u>Percent</u>
RURAL NONFARM					
All households .....	100.0	72.7	70.0	2.7	27.3
1-person households .....	100.0	75.0	75.0	.0	25.0
Households of 2 or more persons	100.0	72.5	69.6	2.9	27.5
Under 2,000 .....	100.0	80.0	80.0	.0	20.0
2,000-3,999 .....	100.0	74.4	70.0	4.7	25.6
4,000-5,999 .....	100.0	60.0	60.0	.0	40.0
6,000 and over .....	100.0	91.7	83.3	8.3	8.3
Not classified .....	100.0	71.4	71.4	.0	28.6
RURAL FARM					
All households .....	100.0	75.3	68.7	6.7	24.7
1-person households .....	100.0	62.5	62.5	.0	37.5
Households of 2 or more persons	100.0	76.1	69.0	7.0	23.9
Under 2,000 .....	100.0	70.0	63.3	6.7	30.0
2,000-3,999 .....	100.0	73.7	71.1	2.6	26.3
4,000-5,999 .....	100.0	82.4	67.6	14.7	17.6
6,000 and over .....	100.0	75.0	70.0	5.0	25.0
Not classified .....	100.0	80.0	75.0	5.0	20.0

\* Less than 0.05 percent.

Percentages may not add to totals because of rounding.

1/ One percent of households not reporting on iodization or on use of salt, or reporting no salt used were excluded from the base.



## GLOSSARY

### COOKING LOSSES

See "Nutritive value of diets."

### EQUIVALENT NUTRITION UNIT

The equivalent of an adult male in terms of allowances for a specified nutrient. Computed in this study for each of 9 nutrients for evaluating dietary levels of households of different size and composition. (Numerically, several nutrients had similar values; hence, only four sets of equivalent nutrition units were used in the calculations. See table 1.) The number of nutrition units in a household for a given nutrient tells how many times the amount recommended for an adult male 25 years of age is needed by that household to meet recommended allowances for the nutrient. (See Glossary, Recommended dietary allowances.)

The procedure used for computing nutrition units (or adult-male equivalents) was as follows: First, the NRC allowances for a particular nutrient for persons in each sex and age group shown in table 2 were expressed as relatives, using the allowance for the young adult male as 1.0. For each household these relatives were then multiplied by the number of persons (21-meal-at-home equivalents) in the appropriate sex-age group. The sum of these products is the number of nutrition units or adult-male equivalents represented by the household in requirements for the given nutrient.

### FAMILY, ECONOMIC

Defined for purposes of this study as a person living alone or a group of persons who lived together and drew from a common fund for their major items of expense. All unmarried sons and daughters who lived at home were considered part of the economic family. Other persons, related or unrelated, who lived with the family, were considered members of the economic family if they drew from the common family fund for food, housing, and automobile expenses and, in addition, for at least one other category of major expense such as clothing or medical care, or if they pooled savings with the family's. Family members who were temporarily away from home—at school, at work, or on vacation—were considered members of the economic family, although not residing in the dwelling unit at the time of the interview.

### FAMILY, ECONOMIC, PRIMARY

There may have been more than one economic family in a household unit. If so, the one that was more closely connected with maintaining the dwelling unit was the "primary" one.

### FAMILY, ECONOMIC, SECONDARY

If two or more economic families were present in a household, members of the one not considered primary (see above) were considered in the same way as boarders and hired help, i.e., they were counted in terms of 21-meal equivalents in computing household size but information on their expenses for food away from home and their income was not requested.

### FARM

Defined as in the United States Census of Agriculture, 1950. Places of three or more acres were counted as farms if the value of agricultural products raised on them in 1954, exclusive of home gardens, amounted to \$150 or more. The agricultural products could have been either for home use or for sale. Places of less than 3 acres were counted as farms only if the value of sales of agricultural products in 1954 amounted to \$150 or more.

### FARM HOUSEHOLD

A household that included a farm operator. See "Farm" and "Farm operator." Those few farm households that lived in urban places were tabulated as urban schedules.

### FARM OPERATOR

Defined as in the United States Census of Agriculture, 1950, i.e., a person who was responsible for the operation of farm land. He may have performed the labor himself or directly supervised it; he may have been either an individual operator or one of a group of individuals acting as partners. Control may have been through ownership, or through lease, rental, or cropping arrangement. An operator was distinguished by the decision-making function. A hired manager was considered an operator inasmuch as he was hired to make decisions and normally to do farm work. A farm laborer who worked for wages and did not make decisions was not considered a farm operator. A person who rented land to others, receiving a share of the product or cash for use of the land, was considered a landlord and not a farm operator.

### FOOD FROM ALL SOURCES

Food purchased, home-produced, and received as gift or pay.

### FOOD HOME-PRODUCED

Includes foods raised for home use and those obtained by hunting, fishing, and collecting wild fruit and nuts. Excludes home-canned, home-frozen, and home-baked foods that were prepared from purchased ingredients. Quantities were valued at average prices paid by households of the same urbanization-region group for similar items.

### FOOD OBTAINED WITHOUT DIRECT EXPENSE

Includes foods raised for home use and those obtained by hunting, fishing, and collecting wild fruit and nuts, or food received as a gift or as payment for services rendered. Quantities were valued at average prices paid by households of the same urbanization-region group for similar items.

### FOOD USED AT HOME

Food "used" means food used in an economic sense (rather than food ingested) and includes food eaten, thrown away as waste, or fed to pets. (Dog or cat food, i.e., food not bought for human consumption, is not included.)

Purchased food as well as food that was home-produced or received as a gift or payment for goods or services is included. Food "used" covers that served at home to family members (primary and secondary), hired help, boarders, or guests, or food carried from home in packed meals.

If food was prepared but not used up during the survey week (7 days preceding interview), it was not recorded. If, however, a portion of a home-prepared dish, such as a cake, was used up during the period, an estimate of that portion of each of its ingredients was reported. Also, the homemaker was reminded to include that portion of food prepared before the period covered that was used during the survey week. Food that was canned at home during the survey week was not listed except for that quantity served during the week.

Food that was given away, for example given to neighbors or donated to church suppers, was not recorded.

Foods were generally entered on the schedule in the form in which they were brought into the kitchen. For many mixed dishes, this was not necessarily the form in which they were eaten. For example, flour that was used to make bread or cake at home appeared on the schedule as flour, but purchased baked goods were entered as bread or cake. In the same way, foods such as eggs, fat, sugar, and milk that came into the kitchen in ice cream, canned fruits, baked goods, or soft drinks were reported in those categories.

Vegetables and fruits that were canned or frozen at home were tabulated as fresh—either purchased, home-produced, or received as gift or pay as was the case. Only commercially packed products were included in tabulations of canned and frozen fruits and vegetables (contrary to practice in the earlier surveys). On the other hand homemade jams and jellies, home-canned soups and tomato or other vegetable juices, and homemade pickles and relishes were included with the commercially prepared items. Where separate data are shown for purchased or home-produced items, the designation refers to the source of the chief ingredient.

#### HOUSEHOLD

Group of persons who shared family food supplies. Includes members of primary and secondary families, guests, boarders, household help, and farm help. A household need not have included an economic family. Two or more girls, for example, sharing an apartment may have been a household yet did not constitute an economic family.

#### HOUSEHOLD, ELIGIBLE FOR SURVEY

One in which at least one person had 10 or more meals from household food supplies during the preceding 7 days.

#### HOUSEHOLD SIZE

The total number of meals served to all persons in the household from family food supplies was divided by 21 to obtain the household size in equivalent persons. (The procedure for obtaining household size in equivalent nutrition units is explained under "Equivalent nutrition unit.") The count of

equivalent persons was not reduced in those households where family members omitted meals nor was it increased for between-meal snacks or additional meals, such as those served to invalids or young children.

Lunches carried from home and supplemented by purchased food were considered one-half meals; those supplemented by beverages only were counted as full meals. Refreshments served to members of the household were not counted as meals unless they served as substitutes for regular meals. Refreshments served to guests were counted according to the number of meals which they approximated.

#### MONEY INCOME, AFTER INCOME TAXES

Money income, after deduction of State and Federal income taxes, of all persons who were members of the primary economic family during all or any part of 1954. Income included wages and salaries paid to family members, net income from self-employment including farming, from real estate, and from boarders; interest, dividends, and mineral rights; pensions, annuities, allotments, contributions, relief payments, social security; unemployment insurance payments; and gross receipts from roomers. Excluded were lump-sum payments of inheritances and insurance policies. Farm income was the total of all farm receipts during the year (after payment of share rent to others) minus farm operating expenses. Farm operating expenses did not include purchase of land, depreciation or purchase of machinery or building improvements. Net change in inventories of livestock or crops was not counted as income.

Some households were not classified by income, either because they did not contain an economic family during the week of the survey or for the year 1954 or because they were unable or unwilling to give the information regarding income.

#### NOT CLASSIFIED BY INCOME

Households that were not economic families for the week of the survey or for the year 1954 and households that were unable or unwilling to give information about income.

#### NUTRITION UNIT

See "Equivalent nutrition unit."

#### NUTRITIVE VALUE OF DIETS

Nutrients in the food reported used were calculated chiefly from table 2 of Agriculture Handbook No. 8, "Composition of Foods—Raw, Processed, Prepared." This table shows quantities of nutrients obtained in the edible portions of foods purchased in generally good condition and makes allowance for inedible portions such as bone, pits, shells. For a large number of items the values in this table were revised in accordance with newer data on yields from Agriculture Handbook No. 102, "Food Yields—Summarized by Different Stages of Preparation." For retail food supplies in the forms currently marketed, with a normal amount of wilt, spoilage, and other types of loss, these newer data were considered more suitable than the yield figures based on the earlier



publication. Values for foods not included in Handbook 8 were unpublished data from the files of the Department's Food Composition Unit, Household Economics Research Branch.

For this survey, estimated average losses in cooking for thiamine, riboflavin, niacin, and ascorbic acid were deducted from the composition values before these were applied to the food quantities. Loss factors used were developed for groups of foods and were based on experimental data with consideration given to usual cooking practices in the United States.

How much food was discarded either as plate waste or during or after preparation was not reported. Hence amounts of nutrients in the food actually eaten may be smaller than the amounts shown in the tables of this publication.

The nutritive content was calculated only for foods. No estimate was made of the minerals in the local water or in baking powder, for calories in alcoholic beverages, or for any vitamin or mineral supplements.

#### RECOMMENDED DIETARY ALLOWANCES

Levels of nutrient intake that the Food and Nutrition Board of the National Research Council recommends as normally desirable goals or objectives towards which to aim in planning practical dietaries, sometimes referred to in this report as NRC allowances or NRC levels (Recommended Dietary Allowances. Food and Nutrition Board. Natl. Res. Council Pub. 302, rev. 1953). For this report the 1953 allowances were used as modified for application to dietary surveys by C. LeBovit and H. K. Stiebeling in "Applying 1953 Dietary Allowances to U. S. Population Groups" (Amer. Dietet. Assoc. Jour. 33: 219-224, 1957).

#### REGION

The Census of Population classification was used. The States in each of the regions are as follows:

##### *Northeast*

Connecticut	New Hampshire	Pennsylvania
Maine	New Jersey	Rhode Island
Massachusetts	New York	Vermont

##### *North Central*

Illinois	Michigan	North Dakota
Indiana	Minnesota	Ohio
Iowa	Missouri	South Dakota
Kansas	Nebraska	Wisconsin

##### *South*

Alabama	Kentucky	South Carolina
Arkansas	Louisiana	Tennessee
Delaware	Maryland	Texas
District of Columbia	Mississippi	Virginia
Florida	North Carolina	West Virginia
Georgia	Oklahoma	

##### *West*

Arizona	Montana	Utah
California	Nevada	Washington
Colorado	New Mexico	Wyoming
Idaho	Oregon	

#### URBANIZATION

Census of Agriculture definitions of urban, rural nonfarm, and rural farm were used. Urban households lived in communities of 2,500 or more persons or in the fringe areas around cities of 50,000 or more. Farm households were those that included a farm operator, a person responsible for the operation of a farm, either performing the labor himself or directly supervising it. A farm was defined as in the U. S. Census of Agriculture, i.e. a place of 3 or more acres with value of farm products raised (for sale or for home use), exclusive of home gardens, amounting to \$150 or more in 1954 or a place of less than 3 acres with value of sales of agricultural products amounting to \$150 or more. See "Farm" and "Farm operator." Those few farm households that lived in urban places were tabulated as urban schedules. Rural nonfarm households were those living outside of urban places that were not classified as rural farm.



# SELECTED PUBLICATIONS FROM OTHER SURVEYS OF FAMILY FOOD CONSUMPTION AND DIETARY LEVELS\*

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Family food consumption and dietary levels. Consumer Purchases Study. (Farm Series.) Five Regions. (1935-36 data.) H. K. Stiebeling, D. Monroe, C. M. Coons, and others. U. S. Dept. Agr. Misc. Pub. 405, 393 pp., illus., 1941

Family food consumption and dietary levels. Consumer Purchases Study. (Urban and Village Series.) Five Regions. (1935-36 data.) H. K. Stiebeling, D. Monroe, E. F. Phipard, and others. U. S. Dept. Agr. Misc. Pub. 452, 268 pp., illus., 1941

Family food consumption in the United States, spring 1942. U. S. Bureau of Human Nutrition and Home Economics. U. S. Dept. Agr. Misc. Pub. 550, 157 pp., 1944

Diets of families in the open country--a Georgia and an Ohio county, summer 1945. S. F. Adelson and E. C. Blake. U. S. Dept. Agr. Misc. Pub. 704, 90 pp., illus., 1950

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\*May be consulted in libraries.

Family food consumption in three types of farming areas of the South. I. An analysis of 1947 food data. D. Dickens, B. Gillaspie, A. M. Moser, and others, South. Coop. Ser. Bul. 7, 142 pp., illus., 1950

Family food consumption in three types of farming areas of the South. II. An analysis of weekly food records, late winter and early spring, 1948. A. M. Moser, W. T. Dean, B. Gillaspie, and others, South. Coop. Ser. Bul. 20, 207 pp., illus., 1951

Food consumption of urban families in the United States, with an appraisal of methods of analysis (1948 data.) F. Clark, J. Murray, G. S. Weiss, and E. Grossman. U. S. Dept. Agr., Agr. Inform. Bul. 132, 203 pp., illus., 1954

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Food consumption and dietary levels of rural families in the North Central Region, 1952. M. Orshansky, C. LeBovit, E. C. Blake, and M. A. Moss. U. S. Dept. Agr., Agr. Inform. Bul. (In press.)



